

Pregnancy Intention Initiative Referral Connection

_____ is providing _____
Blueprint for Health information regarding our Pregnancy Intention Initiative Program.

Background and Purpose:

The Pregnancy Intention Initiative (PII) helps ensure that specialty health providers, primary care practices, and community partners have the resources they need to help people be well. They do this by supporting healthy pregnancies, avoiding unintended pregnancies, and building thriving families. This work is facilitated through enhanced screenings, brief in-office interventions, comprehensive family planning counseling, and referrals to services for mental health and substance use disorders, inter-partner violence, food insecurity, housing instability, harm to self/others, food insecurity, housing instability and access to a primary care provider/specialty practice if needed.

The Healthy Vermonters 2020 goal for pregnancy intention is 65% intended pregnancy. Vermont's intended pregnancy rate went from 55.9% in 2018 to 57.1% in 2020.

A few key supports can help PII practices to be even more effective in providing preventive care, identifying health and social risks, connecting people to community supports, and helping ensure more pregnancies are intentional. We accomplish this in part by strengthening relationships and building a network of care for our community.

Primary care and specialty offices that participate:

- Provide family planning consultation, including asking One Key Question® about pregnancy intention.
- Develop and implement policies and procedures to discuss choices around contraception and provide same-day insertion for those people who can become pregnant and who choose Long Acting Reversible Contraception (LARC) as their preferred birth control method.
- Screen patients for social determinants of health and offer referral for free consultation with Community Health Team staff to address psycho-social barriers to well-being, including primary care access, behavioral and mental health, substance abuse, food and housing insecurity, and inter-partner violence.
- Referrals to community partners, primary and or specialty care.
- Support healthy pregnancies, babies, and families.

Referral Connection:

Thank you for taking the time to review the goals and purpose of the PII Program. We hope as a valued community partner, we will work together to coordinate care with mutual members. We hope that we can also work together, so that you may accept referrals from our office to support our mutual community members.

Thank you for supporting this initiative.
