

# STRUCTURAL COMPETENCE & CULTURAL HUMILITY

3.25 CEUs available  
to qualifying  
professions

## TO ADDRESS DISPARITIES AND INEQUITIES

*Hosted by the Center for Health and Learning with funding from the Blueprint for Health.  
This training is for Blueprint-funded Community Health Team staff.*

*Choose a date below and register to attend one winter virtual session, each from  
9:00 AM – 12:30 PM.*

DECEMBER 10

JANUARY 7

FEBRUARY 4

FEBRUARY 25

### LEARNING OUTCOMES

- Identify links between racial and health inequities and health disparities
- Define cultural and linguistic competency and indicate familiarity with the stages of cultural competency (or continuum)
- Describe the implications of demographic trends for health disparities
- Integrate National CLAS Standards into service providing and practice
- Describe how cultural beliefs shape clinical encounters and patients' health outcomes
- Incorporate structural competence and cultural humility into service providing and practice



**Maria Mercedes Avila, PhD, MSW, M.Ed** provides consultation and training on Diversity, Equity, Inclusion and Justice and has trained more than 15,000 providers across 31 states and 200+ organizations (e.g. hospitals, community health centers, departments of health and mental health, mental health and disabilities agencies, family and youth-serving organizations, higher education institutions, first responders, and schools). Since 2011, Dr. Avila has been invited to lead 75 national presentations and 150+ regional sessions on topics related to National CLAS Standards, health disparities, social justice in health care, culturally-responsive care and practice, social determinants of health, health and racial equity, and cultural humility. Dr. Avila has received 15 national, regional and state service, training, and research awards for her work on health equity.

*For training questions, please contact Esther Doh at [ndoh@culturalrs.com](mailto:ndoh@culturalrs.com).*

*For Blueprint Community Health Team questions, please contact Kara Hooper at [kara.hooper@vermont.gov](mailto:kara.hooper@vermont.gov).*

