

Dear Colleagues,

I am writing to announce a new member of the Blueprint for Health team who will be contributing to our work on a part-time basis as a contractor for the next year.

Dr. Meredith Milligan, MD, MPH is a board-certified family physician whom I first began mentoring in 2022 while she was a Leadership Preventive Medicine Resident at Dartmouth. Throughout the most recent legislative session, she conducted extensive literature reviews and worked closely with me to draft materials supporting the Blueprint Community Health Team expansion pilot, including a summary of evidence supporting the Blueprint model and integrated care, qualitative stakeholder analysis, and a glossary of key terms for legislators.

She now returns to the Blueprint team as a Physician Clinical Consultant, a role in which she will continue to review the latest evidence related to mental health and substance use treatment in primary care, perform qualitative analysis of program and stakeholder feedback, and contribute to materials for testimony in the upcoming legislative session. As a strong advocate for team-based and collaborative care, she will also focus on further disseminating knowledge of the Blueprint's newest endeavors and successes by helping to draft submissions for publications in peer-reviewed health policy journals.

Above all, she is excited to use her experience as a practicing primary care clinician together with her specialized training in public health, preventive medicine, and quality improvement to support evidence-based screening, brief intervention, and navigation to services among Vermonters with previously unidentified or unmet mental health and substance use needs.

Dr Milligan's email address is Meredith.Milligan@partner.vermont.gov and she is cc'd in this message.

Please help me to welcome her.

Warm regards,

John