Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)



Smart choices. Powerful tools.

Welcome to the 2014 Blueprint Hospital Service Area (HSA) Profile from the Blueprint for Health, a state-led initiative transforming the way that health care and comprehensive health services are delivered in Vermont. The Blueprint is leading a transition to an environment where all Vermonters have access to a continuum of seamless, effective, and preventive health services.

Blueprint HSA Profiles are based on data from Vermont's all-payer claims database, the Vermont Health Care Uniform Reporting and Evaluation System (VHCURES). Data include all covered commercial, Full Medicaid, and Medicare members attributed to Blueprint practices that began participating by December 31, 2013.

Blueprint HSA Profiles for the adult population cover members ages 18 years and older; pediatric profiles cover members between the ages of 1 and 17 years. Practices have been rolled up to the HSA level.

Utilization and expenditure rates presented in these profiles have been risk adjusted for demographic and health status differences among the reported populations.

For the first time ever, these profiles use three key sources of data: VHCURES, the DocSite clinical database, and the Behavioral Risk Factor Surveillance Study (BRFSS), a telephone survey conducted annually by the Vermont Department of Health.

This reporting includes only members with a visit to a primary care physician, as identified in VHCURES claims data, during the current reporting year or the year prior. Rates for HSAs reporting fewer than 30 members for a measure are not presented in alignment with NCQA HEDIS guidelines.

Demographics & Health Status

	HSA	Statewide
Average Members	13,067	244,958
Average Age	50.8	50.0
% Female	55.3	55.0
% Medicaid	13.5	16.5
% Medicare	26.2	25.5
% Maternity	1.9	1.9
% with Selected Chronic Conditions	39.3	40.8
Health Status (CRG)		
% Healthy	39.9	40.6
% Acute or Minor Chronic	19.1	19.2
% Moderate Chronic	25.1	24.9
% Significant Chronic	14.4	14.1
% Cancer or Catastrophic	1.5	1.3

Table 1: This table provides comparative information on the demographics and health status of the specified HSA and of the state as a whole. Included measures reflect the types of information used to generate adjusted rates: age, gender, maternity status, and health status.

Average Members serves as this table's denominator and adjusts for partial lengths of enrollment during the year. In addition, special attention has been given to adjusting for Medicaid and Medicare. This includes adjustment for each member's enrollment in Medicaid or Medicare, the member's HSA's percentage of membership that is Medicaid or Medicare, Medicare disability or end-stage renal disease status, and the degree to which the member required special Medicaid services that are not found in commercial populations (e.g. day treatment, residential treatment, case management, school-based services, and transportation).

The % with Selected Chronic Conditions measure indicates the proportion of members identified through the claims data as having one or more of seven selected chronic conditions: asthma, chronic obstructive pulmonary disease, congestive heart failure (CHF), coronary heart disease, hypertension, diabetes, and depression.

The Health Status (CRG) measure aggregates 3M[™] Clinical Risk Grouper (CRG) classifications for the year for the purpose of generating adjusted rates. Aggregated risk classification groups include: Healthy, Acute (e.g., ear, nose, throat infection) or Minor Chronic (e.g., minor chronic joint pain), Moderate Chronic (e.g., diabetes), Significant Chronic (e.g., diabetes and CHF), and Cancer (e.g., breast cancer, colorectal cancer) or Catastrophic (e.g., HIV, muscular dystrophy, cystic fibrosis).



HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Total Expenditures per Capita

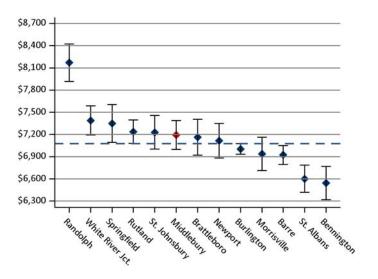


Figure 1: Presents annual risk-adjusted rates, including 95% confidence intervals, with expenditures capped statewide for outlier patients. Expenditures include both plan payments and member out-of-pocket payments (i.e., copay, coinsurance, and deductible). The blue dashed line indicates the statewide average.

Total Expenditures by Major Category

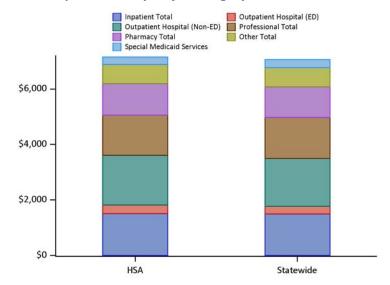


Figure 2: Presents annual risk-adjusted rates for the major components of cost (as shown in **Figure 1**) with expenditures capped statewide for outlier patients. Some services provided by Medicaid (e.g., case management, transportation) are reported separately as Special Medicaid Services (SMS).

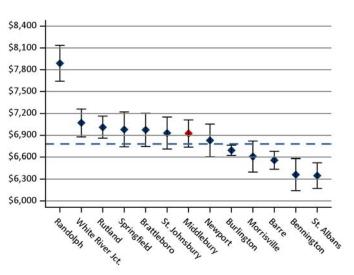


Figure 3: Presents annual risk-adjusted rates, including 95% confidence intervals, with expenditures capped statewide for outlier patients. Expenditures include both plan payments and member out-of-pocket payments (i.e., copay, coinsurance, and deductible) and exclude Special Medicaid Services. The blue dashed line indicates the statewide average.

Total Resource Use Index (RUI) (Excluding SMS)

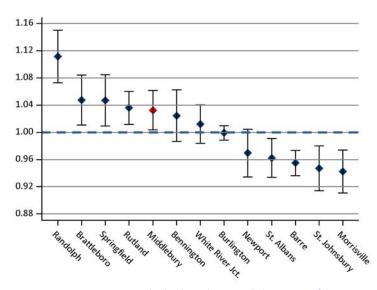
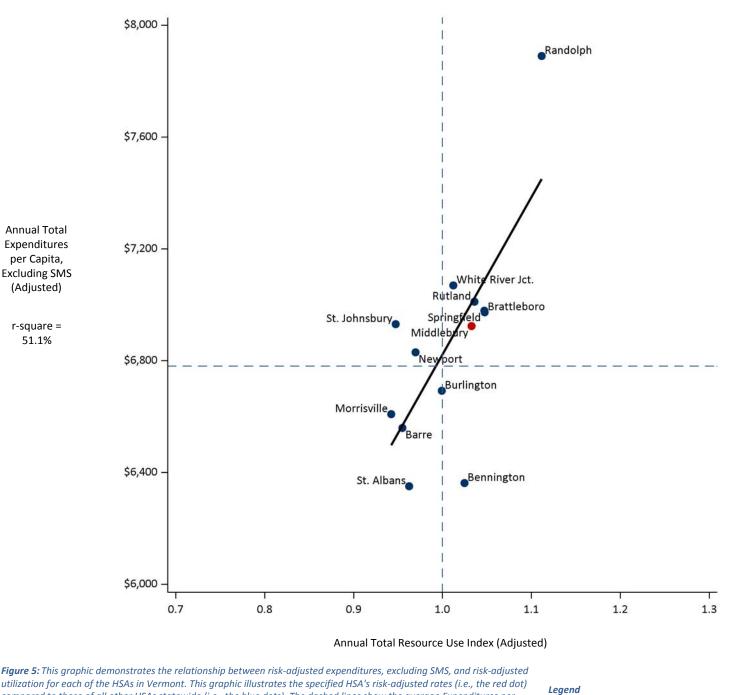


Figure 4: Presents annual risk-adjusted rates, including 95% confidence intervals. Since price per service varies widely, a measure of expenditures based on resource use — Total Resource Use Index (RUI) — is included. RUI reflects an aggregated capped cost based on utilization and intensity of services across major components of care and excludesSpecial Medicaid Services. The HSAs are indexed to the statewide average (1.00), which is indicated by the blue dashed line.

Total Expenditures (Excluding SMS)



Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)



Annual Total Expenditures per Capita (Excluding SMS) vs. Resource Use Index (RUI)

right-hand quadrant, while HSAs with lower expenditures and utilization; conversely, a value lower than 1.00 indicates lower than average utilization. A trend line has been included in the graphic, which demonstrates that, in general, HSAs with higher risk-adjusted utilization had higher risk-adjusted expenditures.

Middlebury
 All other Blueprint HSAs statewide

Demographics / Health	Cost of Care	Utilization
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HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Inpatient Discharges

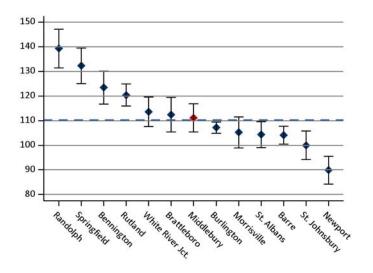


Figure 6: Presents annual risk-adjusted rates, including 95% confidence intervals, of inpatient discharges per 1,000 members. Additional detail measures for inpatient utilization — Inpatient Days, Inpatient Readmissions within 30 Days, and Inpatient Discharges for Ambulatory Care Sensitive (ACS) Conditions — can be found in **Table 5.**

Outpatient ED Visits

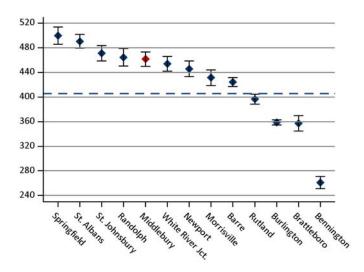
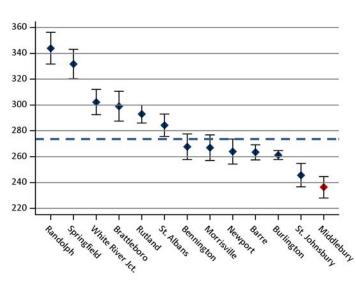


Figure 7: Presents annual risk-adjusted rates, including 95% confidence intervals, of outpatient emergency department (ED) visits per 1,000 members. An additional detail measure — Outpatient Potentially Avoidable ED Visits — can be found in **Table 5.**



Advanced Imaging (MRIs, CT Scans)

Figure 8: Presents annual risk-adjusted rates, including 95% confidence intervals, for advanced imaging diagnostic tests (i.e., MRIs, CT scans) per 1,000 members.



HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Diabetes: HbA1c Testing

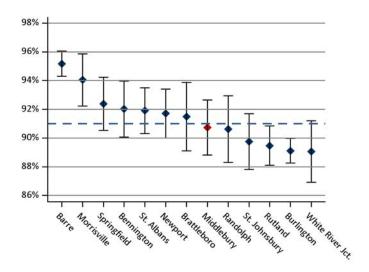


Figure 9: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, that received a hemoglobin A1c test during the measurement year. The blue dashed line indicates the statewide average.

Diabetes: LDL-C Screening

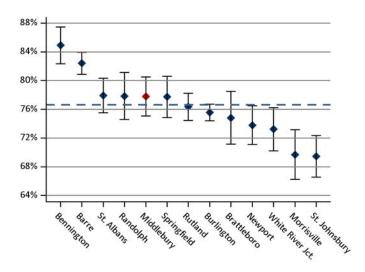


Figure 10: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, that received an LDL-C screening during the measurement year. The blue dashed line indicates the statewide average.

Diabetes: Eye Exam

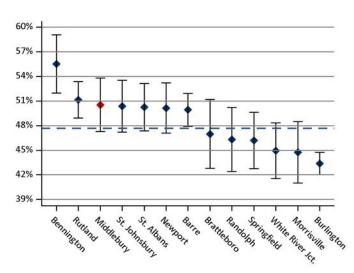


Figure 11: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, that received an eye screening for diabetic retinal disease during the measurement year. The blue dashed line indicates the statewide average.

Diabetes: Nephropathy Screening

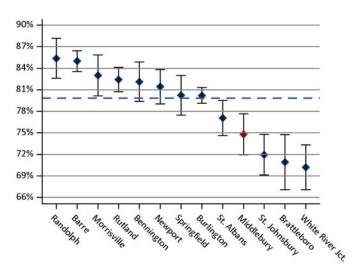


Figure 12: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, that had a nephropathy screening test or evidence of nephropathy documented in the claims data. The blue dashed line indicates the statewide average.



HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Imaging Studies for Low Back Pain

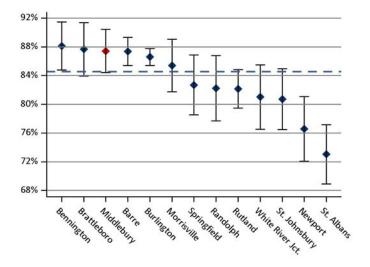


Figure 13: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18–50 years, that received a primary diagnosis of low back pain but appropriately did not have an imaging study (e.g., plain X-Ray, CT scan, MRI) within 28 days of the diagnosis. This is an inverted measure for which a higher score indicates appropriate treatment (i.e., imaging did not occur). The blue dashed line indicates the statewide average.

Cervical Cancer Screening (Core-30)

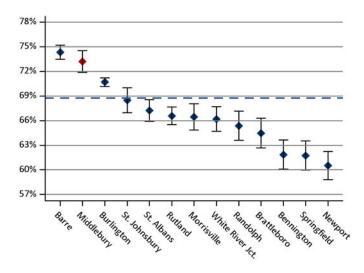


Figure 14: Presents the proportion, including 95% confidence intervals, of continuously enrolled female members, ages 21–64 years, that received one or more PAP tests to screen for cervical cancer during the measurement year or the two years prior to the measurement year. The blue dashed line indicates the statewide average.

Chlamydia Screening (Core-7)

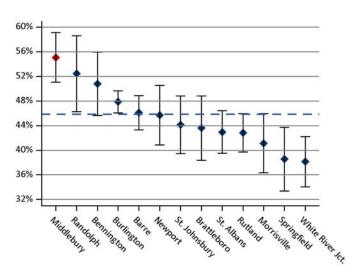


Figure 15: Presents the proportion, including 95% confidence intervals, of continuously enrolled women, ages 16–24 years, identified as sexually active during the measurement year and with at least one test for chlamydia during the measurement year or the year prior to the measurement year. (Note that, due to the age ranges for this ACO measure, women below the age of 18 years, not typically represented in adult profiles, have been included in these rates.) The blue dashed line indicates the statewide average.

Breast Cancer Screening (Core-11, MSSP-20)

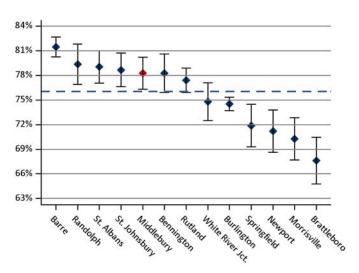


Figure 16: Presents the proportion, including 95% confidence intervals, of continuously enrolled women, ages 52–64 years, that had a mammogram to screen for breast cancer during the measurement year or the year prior to the measurement year. The blue dashed line indicates the statewide average.

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Utilization
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HSA Profile: Middlebury

Period: 01/2013 - 12/2013 **Profile Type:** Adults (18+ Years)

Follow-Up After Hospitalization for Mental Illness (Core-4)

Plan All-Cause Readmissions (Core-1)

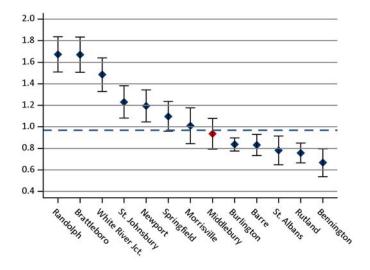


Figure 17: Presents the relative rate, including 95% confidence intervals, of continuously enrolled members, ages 18 years and older, that had an inpatient stay that was followed by an acute readmission for any diagnosis within 30 days during the measurement year. The rate is expressed as a ratio of observed to expected readmissions where the expected number of readmissions has been risk adjusted. The blue dashed line indicates the statewide average.

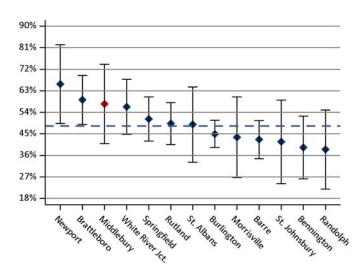
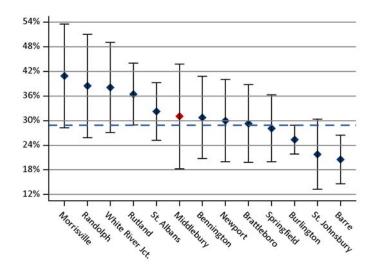


Figure 18: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 6 years and older, hospitalized for mental illness with an intensive outpatient encounter or partial hospitalization with a mental health practitioner and a follow-up visit within seven days of discharge. The blue dashed line indicates the statewide average.



Initiation of Alcohol/Drug Treatment (Core-5a)

Figure 19: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18 years and older, that initiated treatment through an inpatient alcohol or other drug (AOD) admission, outpatient visit, intensive outpatient encounter, or partial hospitalization within 14 days of the diagnosis. The blue dashed line indicates the statewide average.

Engagement of Alcohol/Drug Treatment (Core-5b)

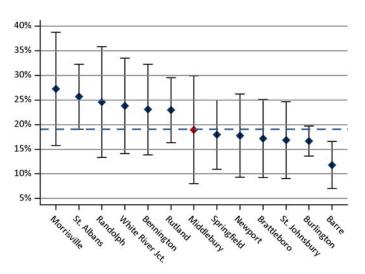


Figure 20: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18 years and older, that initiated treatment and that had two or more additional services with a diagnosis of AOD within 30 days of the initiation visit. The blue dashed line indicates the statewide average.



HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Cholesterol Management, Cardiac (Core-3, MSSP-29)

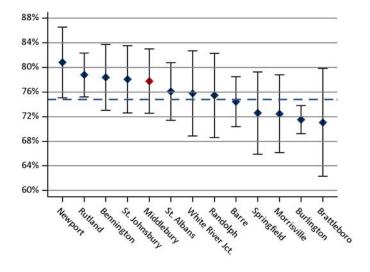
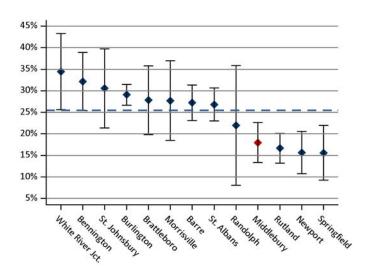
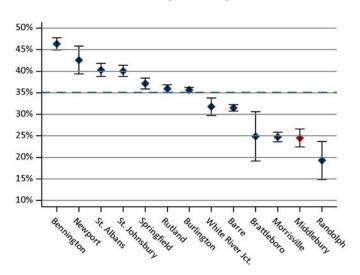


Figure 21: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18–75 years, discharged alive for acute myocardial infarction (AMI), coronary artery bypass grafting (CABG), or percutaneous coronary intervention (PCI) in the year prior to the measurement year or with a diagnosis of ischemic vascular disease (IVD) during the measurement year and year prior and with an LDL-C screening during the measurement year. The blue dashed line indicates the statewide average.



Avoidance of Antibiotic Treatment, Acute Bronchitis (Core-6)

Figure 22: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18–64 years, that received a diagnosis of acute bronchitis but was not dispensed an antibiotic prescription. The blue dashed line indicates the statewide average.



Influenza Vaccination (MSSP-14)

Figure 23: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages six months and older, that received an influenza immunization from October 1 of the prior year through March 31 of the measurement year. Immunizations were identified in the medical claims or, if available, in the DocSite clinical registry. The blue dashed line indicates the statewide average.

Pneumonia Vaccination (MSSP-15)

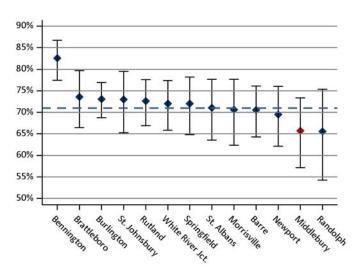
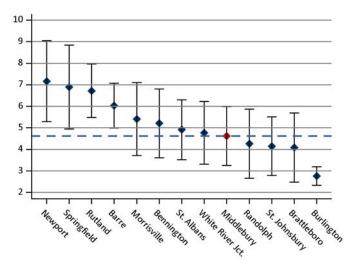


Figure 24: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 65 years and older, that reported ever receiving a pneumonia vaccine as measured by the Behavioral Risk Factor Surveillance System (BRFSS). The blue dashed line indicates the statewide average.



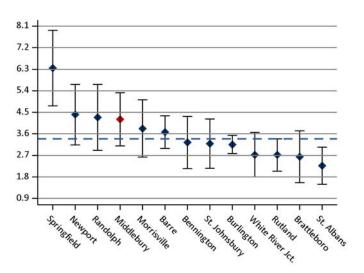
HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)



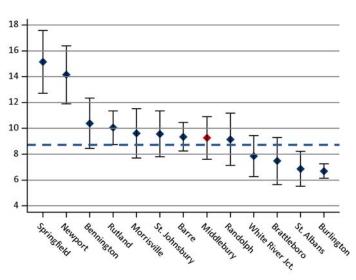
ACS Admissions: COPD and Asthma (Core-10, MSSP-9)

Figure 25: This Prevention Quality Indicator (PQI) presents the rate of ambulatory care sensitive (ACS) admissions with a principal diagnosis of chronic obstructive pulmonary disorder (COPD) or asthma per 1,000 members, ages 40 years and older. The blue dashed line indicates the statewide average.



ACS Admissions: Heart Failure (MSSP-10)

Figure 26: This Prevention Quality Indicator (PQI) presents the rate of admissions with a principal diagnosis of heart failure per 1,000 members, ages 18 years and older. The blue dashed line indicates the statewide average.



PQI Composite (Chronic): Rate of Hospitalization for ACS Conditions (Core-12)

Figure 27: This Prevention Quality Indicator (PQI) presents a composite of chronic conditions per 1,000 members, ages 18 years and older. This measure includes admissions for at least one of the following conditions: diabetes with short-term complications, diabetes with long-term complications, uncontrolled diabetes without complications, diabetes with lower-extremity amputations, COPD, asthma, hypertension, heart failure, and angina without a cardiac procedure. The blue dashed line indicates the statewide average.

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HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Diabetes: HbA1c in Control (MSSP-22)

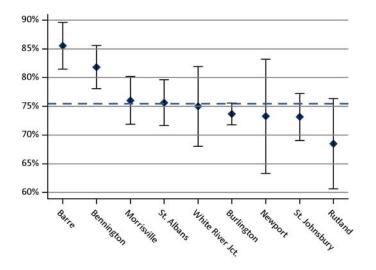
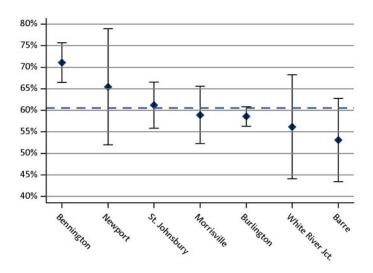


Figure 28: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, whose last recorded hemoglobin A1c test in the DocSite clinical database was in control (<8%). Members with diabetes were identified using claims data. The denominator was then restricted to those with DocSite results for at least one hemoglobin A1c test during the measurement year. The blue dashed line indicates the statewide average.

88% 84% 80% 76% 72% 68% 64% Burlinston Niddlebury St. Albans White River Ict. St. Johnsbury Springfield Benninston Morrisville Newport Rutland Barre

Diabetes: Blood Pressure in Control (MSSP-24)

Figure 30: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, whose last recorded blood pressure measurement in the DocSite clinical database was in control (<140/90 mmHg). Members with diabetes were identified using claims data. The denominator was then restricted to those with DocSite results for at least one blood pressure test during the measurement year. The blue dashed line indicates the statewide average.



Diabetes: LDL-C in Control (MSSP-23)

Figure 29: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, whose last recorded LDL-C screening test in the DocSite clinical database was in control (<100 mg/dL). Members with diabetes were identified using claims data. The denominator was then restricted to those with DocSite results for at least one LDL-C screening test during the measurement year. The blue dashed line indicates the statewide average.

Diabetes: Tobacco Non-Use (MSSP-25)

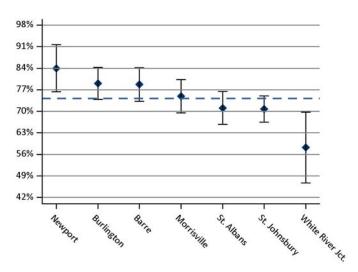


Figure 31: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, documented as tobacco non-users in the DocSite clinical database. Members with diabetes were identified using claims data. The denominator was then restricted to those with DocSite results for tobacco non-use during the measurement year. The blue dashed line indicates the statewide average.



HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Diabetes: Composite (Core-16, MSSP 22-25)

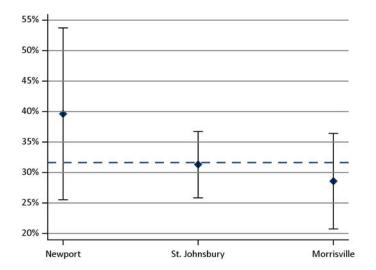


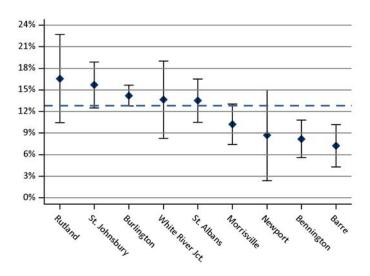
Figure 32: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, in control for hemoglobin A1c (<8%), LDL-C (<100 mg/dL), blood pressure (<140/90 mmHg), and tobacco non-use during the measurement year. Members with diabetes were identified using claims data. The denominator was then restricted to those with DocSite results for all four components of this measure within the measurement year. The blue dashed line indicates the statewide average.

Comparison of Patients by HbA1c Control Status, Statewide

Metric	Diabetes A1c in Control	Diabetes A1c not in Control
Members	4,220	568
Annual expenditures per capita	\$12,507 (\$12,059, \$12,954)	\$15,267 (\$13,867, \$16,667)
Inpatient hospitalizations per 1,000 members	181.7 (168.7, 194.7)	275.0 (231.1, 318.8)
Inpatient days per 1,000 members	877.8 (849.2, 906.4)	1,524.0 (1,421.8, 1,627.2)
Outpatient ED visits per 1,000 members	532.1 (509.8, 554.4)	752.2 (654.0, 796.4)

Note: Risk-adjusted rates with 95% confidence intervals are provided in parentheses. Outliers beyond the 99th percentile have been excluded.

Table 2: Presents a comparison of health care expenditures and utilization in the measurement year for continuously enrolled members, ages 18-75 years, whose diabetes hemoglobin A1c was in control (<8%) compared to those with poor control (>9%). Rates have been adjusted for age, gender, and health status. The rates in this table are presented at the state level only. Members with poor control had statistically significant higher total expenditures, inpatient hospitalizations, inpatient days, and outpatient ED visits.



Diabetes: Poor Control (Core-17, MSSP-27)

Figure 33: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, whose last recorded hemoglobin A1c test in the DocSite clinical database was in poor control (>9%). Members with diabetes were identified using claims data. The denominator was then restricted to those with DocSite results for at least one hemoglobin A1c test during the measurement year. The blue dashed line indicates the statewide average.

Hypertension: Blood Pressure in Control (Core-39, MSSP-28)

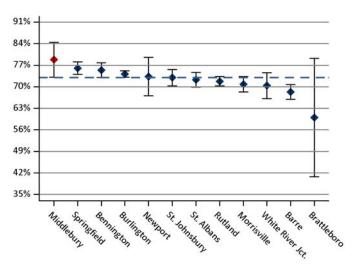


Figure 34: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with hypertension, ages 18–85 years, whose last recorded blood pressure measurement in the DocSite clinical database was in control (<140/90 mmHg). Members with hypertension were identified using claims data. The denominator was then restricted to those with DocSite results for a blood pressure reading during the measurement year. The blue dashed line indicates the statewide average.



HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

BRFSS: Households with Income <\$25,000

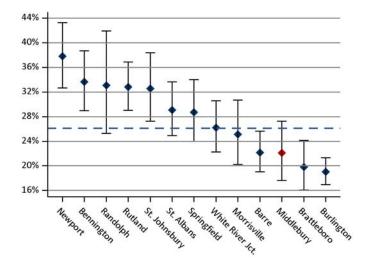


Figure 35: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that reported a household income of less than \$25,000 per year. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS). The blue dashed line indicates the statewide average.

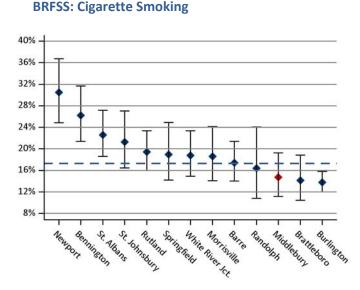
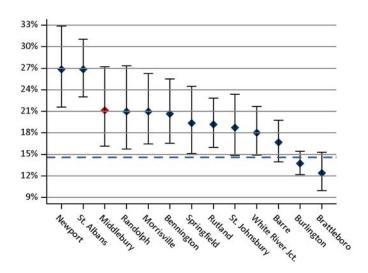


Figure 36: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that reported being cigarette smokers. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS). The blue dashed line indicates the statewide average.



BRFSS: No Leisure-Time Physical Activity/Exercise

Figure 37: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that said they did not participate in any physical activity or exercise during the previous month. This data was collected through the Behavioral Risk Factor Surveillance System(BRFSS). The blue dashed line indicates the statewide average.

BRFSS: Meets Fruit/Vegetable Recommendations

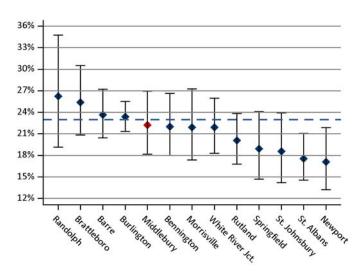


Figure 38: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that said they met fruit and vegetable consumption recommendations. This data was collected through the Behavioral risk Factor Surveillance System (BRFSS). The blue dashed line indicates the statewide average.



Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

The following tables provide greater detail on the annual risk-adjusted rates presented in the preceding figures.

Table 3. Expenditure Measures (Adjusted)

		HSA		Statewide			
Measure	Rate per Capita	95% LCL	95% UCL	Rate per Capita	95% LCL	95% UCL	
Total	\$7,194	\$6,999	\$7,389	\$7,075	\$7,030	\$7,120	
Inpatient Total	\$1,501	\$1,374	\$1,627	\$1,497	\$1,467	\$1,528	
Inpatient Mental Health	\$60	\$41	\$80	\$78	\$72	\$84	
Inpatient Maternity	\$86	\$75	\$98	\$86	\$83	\$89	
Inpatient Surgical	\$636	\$541	\$730	\$736	\$712	\$760	
Inpatient Medical	\$719	\$639	\$798	\$614	\$598	\$631	
Outpatient Total	\$2,112	\$2,046	\$2,178	\$2,000	\$1,985	\$2,014	
Outpatient Hospital Mental Health	\$22	\$18	\$26	\$23	\$22	\$24	
Outpatient Hospital ED	\$318	\$302	\$333	\$271	\$268	\$274	
Outpatient Hospital Surgery	\$424	\$390	\$459	\$476	\$469	\$484	
Outpatient Hospital Radiology	\$449	\$406	\$492	\$479	\$469	\$489	
Outpatient Hospital Laboratory	\$442	\$430	\$455	\$307	\$305	\$309	
Outpatient Hospital Pharmacy	\$85	\$74	\$97	\$79	\$76	\$82	
Outpatient Hospital Other	\$789	\$748	\$830	\$856	\$847	\$865	
Professional Non-Mental Health Total	\$1,287	\$1,260	\$1,315	\$1,317	\$1,310	\$1,323	
Professional Physician Total	\$928	\$904	\$952	\$974	\$968	\$980	
Professional Physician Inpatient	\$166	\$150	\$182	\$173	\$169	\$177	
Professional Physician Outpatient Facility	\$266	\$253	\$278	\$305	\$302	\$308	
Professional Physician Office Visit	\$441	\$431	\$451	\$434	\$432	\$436	
Professional Non-Physician	\$339	\$330	\$348	\$324	\$322	\$326	
Professional Mental Health Provider	\$156	\$147	\$165	\$162	\$159	\$164	
Pharmacy Total	\$1,140	\$1,101	\$1,179	\$1,102	\$1,093	\$1,112	
Pharmacy Psych Medication	\$180	\$167	\$193	\$190	\$187	\$193	
Other Total	\$693	\$640	\$747	\$685	\$672	\$697	
Special Medicaid Services	\$264	\$218	\$310	\$290	\$277	\$303	
Mental Health Substance Combined*	\$402	\$380	\$425	\$430	\$424	\$436	

* The Mental Health Substance Combined measure is the sum of all expenditures associated with medical and pharmacy services for mental health / substance abuse.

Table 4. Total Resource Use Index (RUI) (Adjusted)

Measure		HSA		Statewide			
i Measul e	Index Ratio	95% LCL	95% UCL	Index Ratio	95% LCL	95% UCL	
Total	1.03	1.00	1.06	1.00	0.99	1.01	
Inpatient	0.96	0.88	1.04	1.00	0.98	1.02	
Outpatient Facility	1.18	1.14	1.22	1.00	0.99	1.01	
Professional	0.99	0.97	1.01	1.00	1.00	1.00	
Pharmacy	0.98	0.95	1.01	1.00	0.99	1.01	



HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Table 5. Utilization Measures (Adjusted)

Measure		HSA			Statewide	
	Rate per 1,000	95% LCL	95% UCL	Rate per 1,000	95% LCL	95% UCL
Inpatient Discharges	111.1	105.4	116.8	110.2	108.9	111.6
Inpatient Discharges for Ambulatory Care Sensitive Conditions	22.9	20.3	25.5	17.6	17.0	18.1
Inpatient Days	519.4	507.1	531.8	512.5	509.6	515.3
Inpatient Readmissions within 30 Days	15.9	13.8	18.1	15.6	15.1	16.1
Outpatient ED Visits	461.5	449.9	473.2	405.6	403.1	408.2
Outpatient Potentially Avoidable ED Visits	69.1	64.6	73.6	65.8	64.8	66.8
Outpatient ED Ambulatory Care Sensitive Conditions	66.5	62.1	70.9	51.1	50.2	52.0
Non-Hospital Outpatient Visits	7,152.2	7,106.3	7,198.0	6,746.4	6,736.1	6,756.7
Primary Care Encounters	3,517.2	3,485.1	3,549.4	3,840.6	3,832.9	3,848.4
Medical Specialist Encounters	793.9	778.6	809.2	980.4	976.5	984.3
Surgical Specialist Encounters	1,186.4	1,167.8	1,205.1	1,187.2	1,182.8	1,191.5
Standard Imaging	913.3	897.0	929.7	979.9	976.0	983.8
Advanced Imaging	236.4	228.0	244.7	273.6	271.5	275.6
Echography	312.5	302.9	322.1	345.6	343.2	347.9
Colonoscopy	68.8	64.3	73.3	57.6	56.7	58.6

Table 6. Effective & Preventive Care Measures

Measure		HS	SA		Statewide			
i vicasui e	N	Rate %	95% LCL	95% UCL	N	Rate %	95% LCL	95% UCL
Comprehensive Diabetes Care (CDC)								
HbA1c Testing	928	91%	89%	93%	18,188	91%	91%	91%
LDL-C Screening	928	78%	75%	81%	18,188	77%	76%	77%
Eye Exam	928	51%	47%	54%	18,188	48%	47%	48%
Nephropathy Screening	928	75%	72%	78%	18,188	80%	79%	80%
Imaging Studies for Low Back Pain	501	87%	84%	90%	8,962	85%	84%	85%



HSA Profile: Middlebury

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Table 7a. ACO Measures Detail

Measure		HSA				Statewide			
ivieasure		N	Rate %	95% LCL	95% UCL	N	Rate %	95% LCL	95% UCL
Cervical Cancer Screening	Core-30	4,279	73%	72%	75%	81,392	69%	68%	69%
CCS–Commercial	Core-30	3,551	74%	73%	76%	65,173	71%	70%	719
CCS–Medicaid	Core-30	728	67%	63%	70%	16,219	60%	60%	619
Chlamydia Screening (Ages 16–24 Years)	Core-7	610	55%	51%	59%	10,033	46%	45%	479
CHL–Commercial	Core-7	448	56%	52%	61%	7,001	45%	43%	46
CHL–Medicaid	Core-7	162	52%	44%	60%	3,032	49%	47%	50
Breast Cancer Screening (Ages 52–64 Years)	Core-11	1,781	78%	76%	80%	31,647	76%	76%	77
BCS–Commercial (Ages 52–64 Years)	Core-11	1,482	81%	79%	83%	25,427	80%	80%	81
BCS-Medicaid (Ages 52-64 Years)	Core-11	175	63%	56%	71%	3,335	59%	57%	61
BCS-Medicare (Ages 52-64 Years)	Core-11	124	61%	52%	70%	2,885	59%	58%	61
BCS (Ages 52–74 Years)	Core-11	2,459	78%	76%	80%	44,732	75%	75%	76
BCS (Ages 65–74 Years)	Core-11	678	77%	74%	81%	13,085	73%	72%	74
Follow-up After Hospitalization for Mental Illness (7 day)	Core-4	40	58%	41%	74%	1,208	48%	45%	51
FUH–Medicaid	Core-4	30	57%	37%	76%	706	48%	44%	52
Initiation of Alcohol/Drug Treatment	Core-5a	58	31%	18%	44%	1,937	29%	27%	31
IET (INI)–Medicaid	Core-5a	58	31%	18%	44%	1,927	29%	27%	31
Engagement of Alcohol/Drug Treatment	Core-5b	58	19%	8%	30%	1,937	19%	17%	21
IET (ENG)–Medicaid	Core-5b	58	19%	8%	30%	1,927	19%	17%	21
Cholesterol Management for Patients with CVD	Core-3	261	78%	73%	83%	4,651	75%	74%	76
CMC–Commercial	Core-3	93	75%	66%	85%	1,581	70%	68%	72
CMC–Medicare	Core-3	142	80%	73%	87%	2,708	79%	77%	80
Avoidance of Antibiotic Treatment for Acute Bronchitis	Core-6	284	18%	13%	23%	4,246	25%	24%	27
AAB–Commercial	Core-6	173	22%	16%	28%	2,650	27%	25%	28
AAB–Medicaid	Core-6	71	10%	2%	17%	1,127	24%	21%	26
AAB-Medicare	Core-6	40	15%	3%	27%	469	23%	19%	20
Influenza Vaccination	MSSP-14	1,656	25%	22%	27%	81,497	35%	35%	35
INF–Commercial	MSSP-14	597	37%	33%	41%	38,390	31%	30%	3:
INF–Medicaid	MSSP-14	221	39%	33%	46%	12,805	31%	30%	3:
INF–Medicare	MSSP-14	838	12%	9%	14%	30,302	42%	42%	43



Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Table 7a. ACO Measures Detail, Continued

Measure		HSA				Statewide			
ivicasui e			Rate %	95% LCL	95% UCL	N	Rate %	95% LCL	95% UCL
Diabetes Blood Pressure in Control (<140/90 mmHg)	MSSP-24	78	74%	64%	85%	7,980	74%	73%	75%
Diab–Medicare (BP)	MSSP-24	39	74%	59%	89%	3,944	73%	72%	75%
Hypertension with BP in Control (<140/90 mmHg)	MSSP-28	217	79%	73%	84%	20,136	73%	72%	74%
HYP–Commercial (Ages 18–85 Years)	MSSP-28	89	71%	61%	81%	7,259	72%	71%	73%
HYP-Medicare (Ages 18-85 Years)	MSSP-28	114	86%	79%	93%	11,270	75%	74%	75%
HYP (Ages 18–64 Years)	MSSP-28	120	73%	64%	81%	10,349	71%	70%	72%
HYP (Ages 65–85 Years)	MSSP-28	97	87%	79%	94%	9,787	75%	74%	76%

Table 7b. ACO Measures Detail

		HSA			Statewide				
Measure	N	Observed / Expected Ratio	LCL	UCL	N	Observed / Expected Ratio	LCL	UCL	
Plan All-Cause Readmissions	Core-1	1,047	0.94	0.79	1.08	18,692	0.97	0.94	1.00
PCR–Commercial	Core-1	212	0.97	0.64	1.30	4,085	0.78	0.72	0.85
PCR–Medicaid	Core-1	111	1.05	0.66	1.43	2,608	0.99	0.91	1.07
PCR–Medicare	Core-1	724	0.91	0.74	1.08	11,999	1.02	0.98	1.06

Table 7c. ACO Measures Detail

Measure		HSA				Statewide			
			Rate per 1,000	95% LCL	95% UCL		Rate per 1,000	95% LCL	95% UCL
ACS Admissions for COPD and Asthma	Core-10	9,509	4.6	3.3	6.0	174,259	4.6	4.3	4.9
PQI–Commercial (COPD and Asthma)	Core-10	5,235	0.4	0.0	0.9	92,962	0.7	0.5	0.9
PQI–Medicaid (COPD and Asthma)	Core-10	771	2.6	0.0	6.2	17,130	5.0	4.0	6.1
PQI–Medicare (COPD and Asthma)	Core-10	3,503	11.4	7.9	15.0	64,167	10.2	9.4	11.0
ACS Admissions for Congestive Heart Failure	MSSP-10	13,067	4.2	3.1	5.3	244,958	3.4	3.2	3.6
PQI–Commercial (CHF)	MSSP-10	7,833	0.1	0.0	0.4	140,833	0.2	0.2	0.3
PQI–Medicaid (CHF)	MSSP-10	1,630	2.5	0.0	4.9	37,667	1.0	0.6	1.3
PQI–Medicare (CHF)	MSSP-10	3,604	13.9	10.0	17.7	66,459	11.5	10.7	12.3
PQI Composite (Chronic)	Core-12	13,067	9.3	7.6	10.9	244,958	8.7	8.4	9.1
PQI–Commercial (Comp.)	Core-12	7,833	1.4	0.6	2.2	140,833	1.3	1.1	1.5
PQI-Medicaid (Comp.)	Core-12	1,630	5.5	1.9	9.1	37,667	7.0	6.2	7.9
PQI–Medicare (Comp.)	Core-12	3,604	28.0	22.6	33.5	66,459	25.5	24.3	26.7



Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Table 8. ACO Measures Reference Table

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description
Core-1		Plan All-Cause Readmissions	NQF #1768, HEDIS measure	Adult	For members 18 years and older, the number of acute inpatient stays during the measurement year that were followed by an acute readmission for any diagnosis within 30 days.
Core-2		Adolescent Well-Care Visit	HEDIS measure	Pediatric	The percentage of members 12-21 years who had at least one comprehensive well-care visit with a PCP or OB/GYN during the measurement year.
Core-3	MSSP-29	Ischemic Vascular Disease (IVD): Complete Lipid Panel (Screening Only)	NQF #0075, NCQA	Adult	The percentage of members 18-75 years who were discharged alive for acute myocardial infarction, coronary artery bypass grafting, or percutaneous coronary intervention in the year prior to the measurement year or who had a diagnosis of Ischemic Vascular Disease during the measurement year and one year prior, who had LDL-C screening.
Core-4		Follow-up after Hospitalization for Mental Illness, 7 Day	NQF #0576, HEDIS measure	Adult	The percentage of discharges for members 6 years and older who were hospitalized for treatment of selected mental illness diagnoses and who had an outpatient visit, an intensive outpatient encounter, or partial hospitalization with a mental health practitioner.
Core-5		Initiation & Engagement of Alcohol and Other Drug Dependence Treatment (a) Initiation, (b) Engagement	NQF #0004, HEDIS measure	Adult	 (a) The percentage of adolescent and adult members with a new episode of alcohol or other drug (AOD) dependence who received initiation of AOD treatment within 14 days. (b) The percentage of adolescent and adult members with a new episode of alcohol or other drug (AOD) dependence who initiated treatment and had two additional services with a diagnosis of AOD within 30 days of the initiation visit.
Core-6		Avoidance of Antibiotic Treatment for Adults with Acute Bronchitis	NQF #0058, HEDIS measure	Adult	The percentage of adults 18-64 years with a diagnosis of acute bronchitis who were not dispensed an antibiotic.
Core-7		Chlamydia Screening in Women	NQF #0033, HEDIS measure	Adult and Pediatric	The percentage of women 16-24 years who were identified as sexually active and who had at least one test for chlamydia during the measurement period.
Core-8		Developmental Screening in the First Three Years of Life	NQF #1448	Pediatric	The percentage of children screened for risk of developmental, behavioral, and social delays using a standardized screening tool in the 12 months preceding their first, second, or third birthday.
Core-10	MSSP-9	Ambulatory Sensitive Condition Admissions: Chronic Obstructive Pulmonary Disease or Asthma in Older Adults	NQF, AHRQ (Prevention Quality Indicator (PQI) #5)	Adult	All discharges with an ICD-9-CM principal diagnosis code for COPD or asthma in adults ages 40 years and older, for ACO assigned or aligned Medicare fee-for-service (FFS) beneficiaries with COPD or asthma. This is an observed rate of discharges per 1,000 members.
Core-11	MSSP-20	Mammography / Breast Cancer Screening	NQF #0031, HEDIS measure	Adult	The percentage of women 50-74 years who had a mammogram to screen for breast cancer in the last two years.
Core-12		Rate of Hospitalization for Ambulatory Care Sensitive Conditions: PQI Chronic Composite	NQF, AHRQ (Prevention Quality Indicator (PQI) Chronic Composite)	Adult	Prevention Quality Indicators' (PQI) overall composite per 100,000 population, ages 18 years and older; includes admissions for one of the following conditions: diabetes with short-term complications, diabetes with long-term complications, uncontrolled diabetes without complications, diabetes with lower-extremity amputation, chronic obstructive pulmonary disease, asthma, hypertension, heart failure, angina without a cardiac procedure, dehydration, bacterial pneumonia, or urinary tract infection.

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Table 8. ACO Measures Reference Table, Continued

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description
Core-13		Appropriate Testing for Children with Pharyngitis	NQF #0002	Pediatric	Percentage of children 2-18 years who were diagnosed with pharyngitis, dispensed an antibiotic and received a group A strep test for the episode.
Core-14		Childhood Immunization Status (Combo 10)	NQF #0038, HEDIS measure	No	The percentage of children 2 years who had each of nine key vaccinations (e.g., MMR, HiB, HepB, etc.).
Core-15		Pediatric Weight Assessment and Counseling	NQF #0024	No	The percentage of members 3-17 years who had an outpatient visit with a PCP or OB/GYN and who had evidence of BMI percentile documentation, counseling for nutrition, and counseling for physical activity.
Core-16	MSSP-22,-23,-24,-25,-26	Diabetes Composite (D5) (All-or-Nothing Scoring): Hemoglobin A1c control (<%%), LDL control (<100), Blood Pressure <140/90, Tobacco Non-Use, Aspirin Use	NQF #0729 (composite)	Adult	 (a) MSSP-22: Percentage of patients 18-75 years with diabetes who had HbA1c <8% at most recent visit; (b) MSSP-23: Percentage of patients 18-75 years with diabetes who had LDL <100 mg/dL at most recent visit; (c) MSSP-24: Percentage of patients 18-75 years with diabetes who had blood pressure <140/90 at most recent visit; (d) MSSP-25: Percentage of patients 18-75 years with diabetes who were identified as a non-user of tobacco in measurement year; (e) MSSP-26: Percentage of patients 18-75 years with diabetes and IVF who used aspirin daily Aspirin use was not included as part of the profile composite.
Core-17	MSSP-27	Diabetes Mellitus: Hemoglobin A1c Poor Control (>9%)	NQF #0059, NCQA	Adult	Percentage of patients 18-75 years with diabetes whose HbA1c was in poor control >9%.
Core-18	MSSP-19	Colorectal Cancer Screening	NQF #0034, NCQA HEDIS measure	No	The percentage of members 50-75 years who had appropriate screening for colorectal cancer.
Core-19	MSSP-18	Depression Screening and Follow-Up	NQF #0418, CMS	No	Patients 12 years and older who had negative screening or positive screening for depression completed in the measurement year with an age-appropriate standardized tool. Follow-up for positive screening must be documented same day as screening.
Core-20	MSSP-16	Adult Weight Screening and Follow-Up	NQF #0421, CMS	No	Patients 18 years and older who had BMI calculated during the last visit in the measurement year or within the prior 6 months. In cases where the BMI is abnormal, a follow-up plan must be documented during the visit the BMI was calculated or within the prior 6 months.
Core-21		Access to Care Composite	NCQA	No	NCQA Survey - percentage of patients who could get appointments or answers to questions from providers when needed.
Core-22		Communication Composite	NCQA	No	NCQA Survey - percentage of patients who felt they received good communication from providers.
Core-23		Shared Decision-Making Composite	NCQA	No	NCQA Survey - percentage of patients whose provider helped them make decisions about prescription medications.
Core-24		Self-Management Support Composite	NCQA	No	NCQA Survey - percentage of patients whose provider talked to them about specific health goals and barriers.
Core-25		Comprehensiveness Composite	NCQA	No	NCQA Survey - percentage of patients whose provider talked to them about depression, stress, and other mental health issues.
Core-26		Office Staff Composite	NCQA	No	NCQA Survey - percentage of patients who found the clerks and receptionists at their provider's office to be helpful and courteous.

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Table 8. ACO Measures Reference Table, Continued

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description
Core-27		Information Composite	NCQA	No	NCQA Survey - percentage of patients who received information from their provider about what to do if care was needed in the off hours and reminders between visits.
Core-28		Coordination of Care Composite	NCQA	No	NCQA Survey - percentage of patients whose providers followed-up about test results, seemed informed about specialty care, and talked at each visit about prescription medication.
Core-29		Specialist Composite	NCQA	No	NCQA Survey - percentage of patients who found it easy to get appointments with specialists and who found that their specialist seemed to know important information about their medical history.
Core-30		Cervical Cancer Screening	NQF #0032, HEDIS measure	Adult	The percentage of females 21-64 years who received one or more PAP tests to screen for cervical cancer in the measurement year or two years prior to the measurement year.
Core-31	MSSP-30	Ischemic Vascular Disease (IVD): Use of Aspirin or Another Antithrombotic	NQF #0068, NCQA	No	Percentage of patients 18 years and older with IVD who had documentation of using aspirin or another antithrombotic during the measurement year.
Core-35	MSSP-14	Influenza Vaccination	NQF #0041, AMA-PCPI	Adult	Patients 6 months and older with an outpatient visit between October and March who received an influenza vaccine.
Core-36	MSSP-17	Tobacco Use Assessment and Cessation Intervention	NQF #0028, AMA-PCPI	No	Percentage of patients 18 years and older who had a negative tobacco screen or positive tobacco screen with cessation intervention in the two years prior to the measurement year.
Core-38	MSSP-32	Drug Therapy for Lowering LDL Cholesterol	NQF #0074	No	Percentage of patients 18 years and older with a diagnosis of CAD and an outpatient visit in the measurement year whose LDL-C <100 mg/dL or LDL-C >=100 mg/dL and who received a prescription of a statin in the measurement year.
Core-38	MSSP-33	ACE Inhibitor or ARB Therapy for Patients with CAD and Diabetes and/or LVSD	NQF #0066	No	Percentage of patients 18 years and older with a diagnosis of CAD and a LVEF < 40% or diagnosis of CAD and diabetes who received a prescription of ACE/ARB medication in the measurement year.
Core-39	MSSP-28	Percent of Beneficiaries With Hypertension Whose BP < 140/90 mmHg	NQF #0018, NCQA HEDIS measure	Adult	Percentage of patients 18-85 years with hypertension whose BP was in control <140/90 mmHg.
Core-40	MSSP-21	Screening for High Blood Pressure and Follow-Up Plan Documented	Not NQF-endorsed; MSSP	No	Percentage of patients 18 years and older seen during the measurement period who were screened for high blood pressure and a recommended follow-up plan is documented based on the current blood pressure reading as indicated.
Core-47	MSSP-13	Falls: Screening for Fall Risk	NQF #0101	No	Percentage of patients 65 years and older who had any type of falls screening in the measurement year.
Core-48	MSSP-15	Pneumonia Vaccination (Ever Received)	NQF #0043	Adult	Patients 65 years and older who had documentation of ever receiving a pneumonia vaccine.

Period: 01/2013 - 12/2013 Profile Type: Adults (18+ Years)

Table 8. ACO Measures Reference Table, Continued

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description
	MSSP-1	CG CAHPS: Getting Timely Care, Appointments, and Information	NQF #0005, AHRQ	No	CMS Survey - Getting Timely Care, Appointments, and Information
	MSSP-2	CG CAHPS: How Well Your Doctors Communicate	NQF #0005, AHRQ	No	CMS Survey - How Well Your Doctors Communicate
	MSSP-3	CG CAHPS: Patients' Rating of Doctor	NQF #0005, AHRQ	No	CMS Survey - Patients' Rating of Doctor
	MSSP-4	CG CAHPS: Access to Specialists	NQF #0005, AHRQ	No	CMS Survey - Access to Specialists
	MSSP-5	CG CAHPS: Health Promotion and Education	NQF #0005, AHRQ	No	CMS Survey - Health Promotion and Education
	MSSP-6	CG CAHPS: Shared Decision Making	NQF #0005, AHRQ	No	CMS Survey - Shared Decision Making
	MSSP-7	CG CAHPS: Health Status / Functional Status	NQF #0006 , AHRQ	No	CMS Survey - Health Status/Functional Status
	MSSP-8	Risk-Standardized, All Condition Readmission	CMS, not submitted to NQF (adapted from NQF #1789)	No	All discharges with an ICD-9-CM principal diagnosis code for COPD or asthma in adults ages 40 years and older, for ACO assigned or aligned Medicare fee-for-service (FFS) beneficiaries with COPD or asthma. This is an observed rate of discharges per 1,000 members.
	MSSP-10	Ambulatory Sensitive Condition Admissions: Congestive Heart Failure	NQF #0277, AHRQ (Prevention Quality Indicator (PQI) #8)	Adult	All discharges with an ICD-9-CM principal diagnosis code for CHF in adults ages 18 years and older, for ACO assigned or aligned Medicare fee-for-service (FFS) beneficiaries with CHF. This is an observed rate of discharges per 1,000 members.
	MSSP-11	Percent of Primary Care Physicians who Successfully Qualify for an EHR Program Incentive Payment	CMS EHR Incentive Program Reporting	No	Percentage of Accountable Care Organization (ACO) primary care physicians (PCPs) who successfully qualify for either a Medicare or Medicaid Electronic Health Record (EHR) Program incentive payment.
	MSSP-12	Medication Reconciliation: Reconciliation After Discharge from an Inpatient Facility	NQF #0554	No	Percentage of patients 65 years and older who were discharged from any inpatient facility in the measurement year and had an outpatient visit within 30 days of the discharge who had documentation in the outpatient medical record of reconciliation of discharge medications with current outpatient medications during a visit within 30 days of discharge.
	MSSP-31	Heart Failure: Beta-Blocker Therapy for Left Ventricular Systolic Dysfunction (LVSD)	NQF #0083	No	Percentage of patients 18 years and older with a diagnosis of heart failure who also had LVSD (LVEF < 40%) and who were prescribed beta-blocker therapy.
M&E-2		Comprehensive Diabetes Care: Eye Exams for Diabetics	NQF #0055, HEDIS measure	Adult	Percentage of patients with diabetes 18-75 years who received an eye exam for diabetic retinal disease during the measurement year.
M&E-3		Comprehensive Diabetes Care: Medical Attention for Nephropathy	NQF #0062, HEDIS measure	Adult	Percentage of patients with diabetes 18-75 years who received a nephropathy screening test during the measurement year.