



Statewide Blueprint Partners

Conference Overview

The Twelfth Vermont Blueprint for Health Annual Conference brings together national and international speakers to provide examples of how to build integrated health systems.

This year's speakers include:

- Jack Cochran, MD, FACS, Executive Director of The Permanente Federation at Kaiser Permanente
- Graham Watt, MD, FRCKGP, FMedSci, Norie Miller Professor and Chair of General Practice and Primary Care, The Institute of Health and Wellbeing, University of Glasgow, Scotland
- Commander Sunny Ramchandani, MD, MPH, Medical Director, Healthcare Business, Naval Medical Center San Diego
- Nick Macchione, MS, MPH, FACHE, Director and Deputy Chief Administrative Officer, Health and Human Services Agency, County of San Diego, California
- Paul Burgess, MBBS, PhD, MPH, Northwest Territory Australian Health System, Harkness Fellow, MacColl Center for Health Care Innovation

The target audience of the conference is a diverse mix of clinicians, public health workers, hospital and health plan administrators, policy makers, grassroots community organizations, and others interested in the cutting-edge health system redesign taking place in Vermont.

Objectives

After participating in this conference, participants should be able to:

1. Discuss and compare the 4 different healthcare models and their associated best practices.
2. Discuss how Vermont can move forward toward an integrated health system targeted at controlling healthcare costs and improving quality of care, patient experience, and health outcomes.

Credit Information

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont designates this live activity for a maximum of **5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit applications for Social Work and LADC are pending approval.

Application for CME credit has been filed with the **American Academy of Family Physicians**. Determination of credit is pending.

This program has been reviewed and is acceptable for up to 5 Nursing Contact Hours.*

The University of Vermont-Continuing Medical Education is an approved provider of continuing nursing education by the Vermont State Nurses Association's Committee on Education, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Registration

\$75 General Admission (Those not requiring continuing education credit)

\$100 Nurses and Other Health Care Professionals (Includes credit)

\$150 Physicians (Includes CME credit)

Fee includes conference materials, continental breakfast and lunch.

Refunds: Refunds, minus an administrative fee of \$50, will be made only if notice of cancellation is received in writing by April 3, 2015. **No refunds are possible after that date.**

Conference Location

The conference will take place at the Sheraton Conference Center in Burlington, VT, at Exit 14-W off Interstate 89.

WELCOME

Al Gobeille
Chair, Green Mountain Care Board
State of Vermont

Craig Jones, MD
Executive Director
Vermont Blueprint for Health
Department of Vermont Health Access

Frederick C. Morin, III, MD
Dean, University of Vermont
College of Medicine

FACULTY
Jack Cochran, MD, FACS
Executive Director
The Permanente Federation, LLC
Oakland, California

Graham Watt, MD, FRCKGP, FMedSci
Norie Miller Professor and Chair of General Practice and Primary Care
Institute of Health and Wellbeing
College of Medical, Veterinary and Life Sciences
University of Glasgow
Glasgow, Scotland

Commander Sunny Ramchandani, MD, MPH
Medical Director, Healthcare Business
Naval Medical Center San Diego
San Diego, California

Nick Macchione, MS, MPH, FACHE
Director and Deputy Chief
Administrative Officer
Health and Human Services Agency
County of San Diego, California

Paul Burgess, MBBS, PhD, MPH
Northwest Territory
Australian Health System
Harkness Fellow, MacColl Center for
Health Care Innovation
Seattle, Washington

Course # 15-801-49

FEATURED SPEAKERS

Jack Cochran, MD, FACS, is the Executive Director of The Permanente Federation, headquartered in Oakland, California. The Permanente Federation represents the national interests of the regional Permanente Medical Groups, which employ more than 17,000 physicians who care for 9.3 million Kaiser Permanente members. Kaiser Permanente is composed of the Permanente Medical Groups, Kaiser Foundation Health Plan, Inc., and Kaiser Foundation Hospitals. Prior to his appointment to The Permanente Federation in October 2007, Dr. Cochran served as Executive Medical Director, President, and Chairman of the Board of the Colorado Permanente Medical Group (CPMG) for Kaiser Permanente. He began his career with CPMG in 1990 as the Chief of Plastic Surgery and founder of the Plastic Surgery Department. As a frequent speaker and author on a broad range of health care topics, including health care delivery system reform, integrated care delivery, and health information systems, Dr. Cochran's insights gained from decades of work on the front lines of health care provide a unique perspective which he shares in *The Doctor Crisis: How Physicians Can, and Must, Lead the Way to Better Health Care*, a book he co-authored. Dr. Cochran has participated in implementing many of the priorities called for in health reform, including Kaiser Permanente's electronic health record, the largest successful private clinical information systems deployment in the world. He is a recognized physician leader who has built broad and deep relationships throughout health care. He frequently collaborates with and addresses prominent health plan boards, federal health care agencies, and academic institutions. Dr. Cochran serves as a member of the Board of Directors of the National Quality Forum, the American Alliance of Community Health Plans, the American Medical Group Foundation, and the UCSF Global Health Group Advisory Board. For more than 20 years, he has volunteered his reconstructive surgery and consulting services in Third World countries, aiding underserved populations in Nicaragua, the Philippines, Ecuador, Tanzania, and Nepal. Dr. Cochran earned his medical degree from the University of Colorado and served residencies at Stanford University Medical Center and the University of Wisconsin Hospital. He is board certified in otolaryngology (head and neck surgery) and in plastic and reconstructive surgery.

Graham Watt, MD, FRCKGP, FMedSci is the Norie Miller Professor of General Practice at the University of Glasgow in Scotland. Professor Watt graduated from Aberdeen University in 1976 and, in a varied career including several hospital posts, he also trained in general practice at Glynccorwg in South Wales, where he worked with Dr. Julian Tudor Hart carrying out a series of challenging community studies on the effect of dietary salt intake on blood pressure. Moving to the community paediatrics scheme in Edinburgh, he then completed vocational training at Townhead Health Centre in Glasgow. He later gained accreditation in public health medicine and continued to pursue his long-term research interests in the epidemiology of health and disease in families via the Ladywell Blood Pressure Study at Ladywell Medical Centre in Edinburgh and the MIDSPAN Family Study in the west of Scotland. He is accredited jointly in general practice and public health, and has held his current post at the University of Glasgow since 1994.

Based on his epidemiological research studies, Dr. Watt was elected as a Fellow of the UK Academy of Medical Sciences in 2000, and based on his primary care advocacy and research studies, he was elected as a Fellow of the Royal Society of Edinburgh in May 2014. He currently coordinates the Deep End Project, engaging with the 100 most deprived general practices in Scotland, and has written extensively on this subject.

Cmdr. Sunny Ramchandani, MD, MPH is an active duty United States Navy physician currently serving as the Medical Director of Healthcare Business at Naval Medical Center San Diego. In this role, he leads the region's population health initiative, whereby healthcare delivery is integrated with

social, wellness, and health services. This approach improves health outcomes and simultaneously lowers healthcare costs for over 400,000 beneficiaries in the San Diego market. During its first three years, the US Navy's population health program lowered inpatient admissions by 30% and emergency room visits by 20% among targeted populations. Prior to this assignment, Dr. Ramchandani was selected as a White House Fellow and served as the Chief Medical Officer at the US Office of Personnel Management. In this role, he was the lead clinician of the Federal Employee Health Benefit Program (FEHBP), which serves 8 million beneficiaries, contains over 200 healthcare plans, and has an annual budget of \$43 billion. In 2009, Dr. Ramchandani deployed to Afghanistan as the Senior Medical Mentor for the Afghan National Security Forces and led the development of Afghanistan's first national hospital standards. Dr. Ramchandani previously served as the Integrated Chief of General Internal Medicine at the Walter Reed National Military Medical Center, where he co-founded the US Navy's Patient-Centered Medical Home model in 2007. As a Fellow of the American College of Physicians and Assistant Professor of Medicine at the Uniformed Services University, he remains engaged in teaching and mentoring young physicians on how to address today's healthcare challenges. Dr. Ramchandani earned his MPH (Healthcare Management) from the Harvard School of Public Health and his MD from the Yale School of Medicine, where he received the Norman Herzig Award for his dedication to humanitarian service in India. He earned his BS from the U.S. Naval Academy, where he was a Truman Scholar and graduated first in his class academically.

Nick Macchione, MS, MPH, FACHE - With over 26 years' experience in the delivery, management, and policy of health and human services, Mr. Macchione serves as San Diego County's Director of the Health and Human Services Agency. In this capacity, he directs a professional workforce of 6,000 employees with a \$2 billion annual operating budget, including 1,000 contracted service providers. The agency has earned local, state, and national recognition for its innovative, cost-effective solutions in improving the health, safety, and well-being for over one million service recipients. As the key founder of the county's ten-year plan, "Live Well San Diego", Mr. Macchione is implementing a broad-based, data-driven strategy to improve health and safety outcomes, reduce costs, and improve the customer experience. Since 2010, the agency and other San Diego County departments, along with many community partners, have been implementing this ambitious wellness initiative throughout the region to build better health, encourage safer living, and promote economic vitality for all residents. Mr. Macchione holds dual MPH and MS masters' degrees from Columbia University and New York University, specializing in health services management and policy.

Paul Burgess, MBBS, PhD, MPH, a 2014-15 Australian Harkness Fellow in Health Care Policy and Practice, is acting director of the Chronic Conditions Strategy Unit, senior remote medical practitioner, and public health physician at the Department of Health in the Northern Territory Government. He chairs the West-Arnhem Clinical and Public Health Advisory Group for Red Lily Health Board, an Aboriginal community health organization, and provides clinical services to the Aboriginal community of Gunbalanya. Throughout his medical career, Dr. Burgess has been dedicated to tackling health inequalities for remote Aboriginal peoples. He has received numerous grants to explore health equity in remote areas, and his research has been focused on primary health reform to aid these vulnerable populations. Burgess has published 10 peer-reviewed journal articles in publications such as *Australian and New Zealand Journal of Public Health*, *Medical Journal of Australia*, and *Health Policy*. Currently based in Seattle with Michael Parchman and Ed Wagner at the MacColl Center for Health Care Innovation, his research is focused on "extending the medical home for vulnerable populations." Dr. Burgess received an MBBS from the University of Melbourne and a PhD in public health from Charles Darwin University.

PROGRAM SCHEDULE

8:00am Registration and Continental Breakfast

8:30 Welcome, Opening Remarks and Program Overview
Al Gobeille
Craig Jones, MD
Dean Frederick Morin, III, MD

9:15 Healer, Leader, Partner: Foundations of an Integrated Delivery System
John Cochran, MD, FACS

10:00 Break and Exhibits

10:30 A Machine That Does the Work of Two Men
Graham Watt, MD, FRCKGP, FMedSci

11:15 Building an Integrated Population Health Culture in San Diego County
Sunny Ramchandani, MD, MPH
Nick Macchione, MS, MPH, FACHE

12:15pm Lunch

1:00 Building Health Systems to Reduce Disparities - Lessons from Remote Health in Australia
Paul Burgess, MBBS, PhD, MPH

1:45 Break and Exhibits

2:05 In-Depth Dialogue and Learnings from Three Health Systems

Breakout #1: Scotland
Breakout #2: San Diego
Breakout #3: Australia

3:05 Conference Adjourns

REGISTRATION
Vermont Blueprint for Health
Register on-line: www.uvm.edu/medicine/cme

Name _____
(As it will appear on nametag & CME certificate)

Degree: MD DO PhD ND PA NP RN
 Other _____

Business Affiliation _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Specialty _____

Initials _____ Last 4 digits of your SSN# _____
_____ (for CME Tracking Purposes Only)

BREAKOUT SESSION SELECTION

Please rank order your workshop preferences from 1 (most) to 3 (least desirable) in each session. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices. Workshop assignments will be made in order of registration receipt.

TUITION

- \$75 General Admission (no continuing education credit)
 \$100 Nurses / Other Health Professionals (with credit)
 \$150 Physicians (CME)

\$ _____ **TOTAL AMOUNT DUE**

PAYMENT METHOD

- To register by credit card, please visit our website at: www.uvm.edu/medicine/cme
- STATE OF VERMONT Requisition Number _____

(Requisition Number must be supplied with all registrations.)

- Check (payable to the University of Vermont) - Please mail your payment along with a completed registration form to the address below:

Mail to: UVM, Continuing Medical Education
128 Lakeside Ave, Suite 100
Burlington, Vermont 05401
Phone: (802) 656-2292
Online: www.uvm.edu/medicine/cme