

**HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

Welcome to the Blueprint Hospital
Service Area (HSA) Profile from the
Blueprint for Health, a state-led
initiative transforming the way that
health care and comprehensive health
services are delivered in Vermont. The
Blueprint is leading a transition to an
environment where all Vermonters
have access to a continuum of
seamless, effective, and preventive
health services.

Blueprint HSA Profiles are based primarily on data from Vermont's all-payer claims database, the Vermont Health Care Uniform Reporting and Evaluation System (VHCURES). Data include all covered commercial, Full Medicaid, and Medicare members attributed to Blueprint practices that began participating on or before December 31, 2016.

Blueprint HSA Profiles for the adult population cover members ages 18 years and older; pediatric profiles cover members between the ages of 1 and 17 years. Practices have been rolled up to the HSA level.

Utilization and expenditure rates presented in these profiles have been risk adjusted for demographic and health status differences among the reported populations.

These profiles use three key sources of data: VHCURES, the Blueprint clinical data registry, and the Behavioral Risk Factor Surveillance Study (BRFSS), a telephone survey conducted annually by the Vermont Department of Health.

This reporting includes only members with a visit to a primary care physician, as identified in VHCURES claims data, during the current reporting year or the year prior. Rates for HSAs reporting fewer than 30 members for a measure are not presented in alignment with NCQA HEDIS guidelines.

# **Demographics & Health Status**

	HSA	Statewide
Average Members	70,870	223,498
Average Age	49.0	50.1
% Female	54.5	55.2
% Medicaid	17.7	21.9
% Medicare	23.7	27.8
% Maternity	1.3	1.3
% with Selected Chronic Conditions	35.0	39.2
Health Status (CRG)		
% Healthy	33.4	30.5
% Acute or Minor Chronic	15.4	14.5
% Moderate Chronic	25.8	25.7
% Significant Chronic	23.5	27.6
% Cancer or Catastrophic	1.9	1.8

**Table 1:** This table provides comparative information on the demographics and health status of the specified HSA and of the state as a whole. Included measures reflect the types of information used to generate adjusted rates: age, gender, maternity status, and health status.

Average Members serves as this table's denominator and adjusts for partial lengths of enrollment during the year. In addition, special attention has been given to adjusting for Medicaid and Medicare. This includes adjustment for each member's enrollment in Medicaid or Medicare, the member's HSA's percentage of membership that was Medicaid or Medicare, Medicare disability or end-stage renal disease status, and the degree to which the member required special Medicaid services that are not found in commercial populations (e.g., day treatment, residential treatment, case management, school-based services, and transportation).

The % with Selected Chronic Conditions measure indicates the proportion of members identified through the claims data as having one or more of seven selected chronic conditions: asthma, chronic obstructive pulmonary disease, congestive heart failure (CHF), coronary heart disease, hypertension, diabetes, and depression.

The Health Status (CRG) measure aggregates 3M™ Clinical Risk Grouper (CRG) classifications for the year for the purpose of generating adjusted rates. Aggregated risk classification groups include: Healthy, Acute (e.g., ear, nose, throat infection) or Minor Chronic (e.g., minor chronic joint pain), Moderate Chronic (e.g., diabetes), Significant Chronic (e.g., diabetes and CHF), and Cancer (e.g., breast cancer, colorectal cancer) or Catastrophic (e.g., HIV, muscular dystrophy, cystic fibrosis). CRG identification was enhanced using additional diagnostic and pharmacy information for CY2016 reporting, resulting in fewer healthy members and more members with chronic and other conditions.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Total Expenditures per Capita**

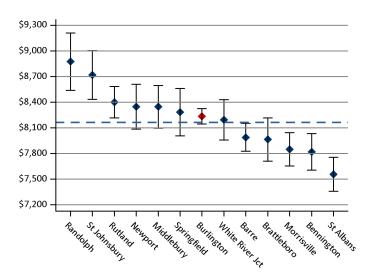


Figure 1: Presents annual risk-adjusted rates, including 95% confidence intervals, with expenditures capped statewide for outlier patients. Expenditures include both plan payments and member out-of-pocket payments (i.e., copay, coinsurance, and deductible). The blue dashed line indicates the statewide average.

# **Total Expenditures per Capita by Major Category**

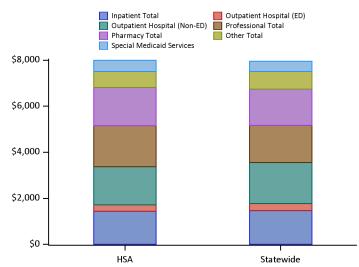


Figure 2: Presents annual risk-adjusted rates for the major components of cost (as shown in Figure 1) with expenditures capped statewide for outlier patients. Some services provided by Medicaid (e.g., case management, transportation) are reported separately as Special Medicaid Services (SMS).

### **Total Expenditures per Capita (Excluding SMS)**

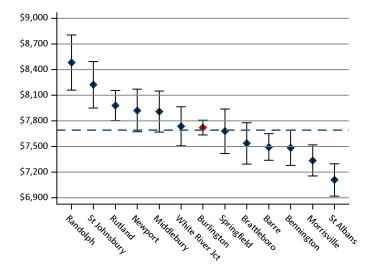


Figure 3: Presents annual risk-adjusted rates, including 95% confidence intervals, with expenditures capped statewide for outlier patients. Expenditures include both plan payments and member out-of-pocket payments (i.e., copay, coinsurance, and deductible) and exclude Special Medicaid Services. The blue dashed line indicates the statewide average.

# Total Resource Use Index (RUI) (Excluding SMS)

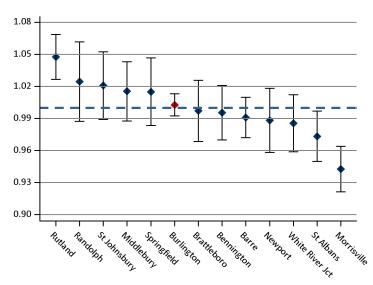


Figure 4: Presents annual risk-adjusted rates, including 95% confidence intervals. Since price per service varies widely, a measure of expenditures based on resource use — Total Resource Use Index (RUI) — is included. RUI reflects an aggregated capped cost based on utilization and intensity of services across major components of care and excludes Special Medicaid Services. The HSAs are indexed to the statewide average (1.00), which is indicated by the blue dashed line.

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Annual Total Expenditures per Capita vs. Resource Use Index (RUI)

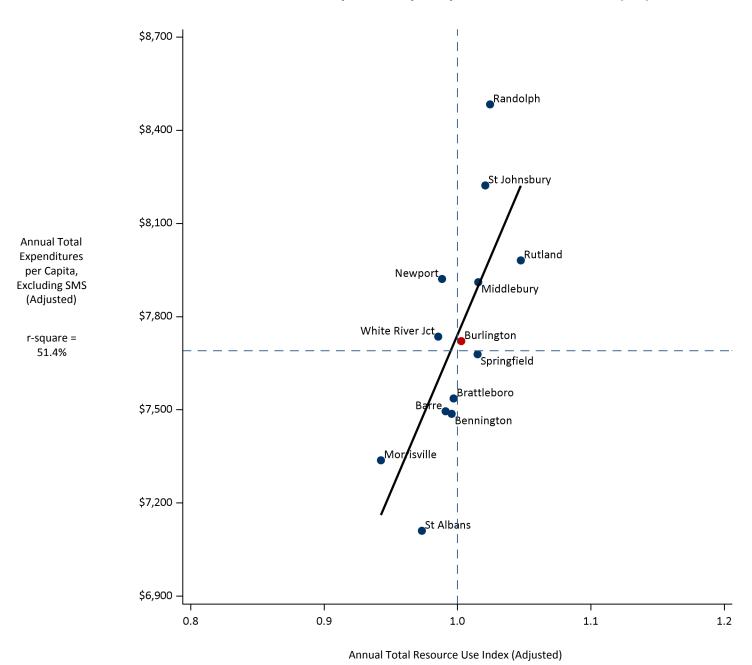


Figure 5: This graphic demonstrates the relationship between risk-adjusted expenditures, excluding SMS, and risk-adjusted utilization for each of the HSAs in Vermont. This graphic illustrates the specified HSA's risk-adjusted rate (i.e., the red dot) compared to those of all other HSAs statewide (i.e., the blue dots). The dashed lines show the average expenditures per capita and average Resource Use Index statewide (i.e., 1.0). HSAs with higher expenditures and utilization are in the upper right-hand quadrant, while HSAs with lower expenditures and utilization are in the lower left-hand quadrant. An RUI value greater than 1.0 indicates higher than average utilization; conversely, a value lower than 1.0 indicates lower than average utilization. A trend line has been included in the graphic, which demonstrates that, in general, HSAs with higher risk-adjusted expenditures.

Legend

Burlington

All other Blueprint HSAs statewide





Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Inpatient Discharges**

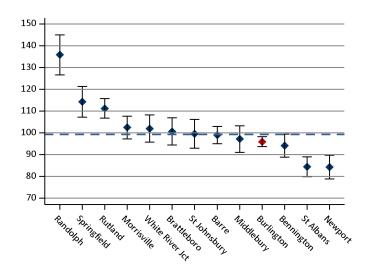


Figure 6: Presents annual risk-adjusted rates, including 95% confidence intervals, of inpatient discharges per 1,000 members. Additional detail measures for inpatient utilization — Inpatient Days, and Preventive Quality Indicators — can be found in Table 6. The blue dashed line indicates the statewide average.

# **Outpatient ED Visits**

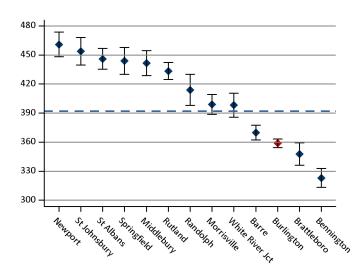
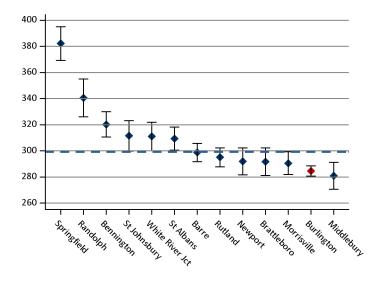


Figure 7: Presents annual risk-adjusted rates, including 95% confidence intervals, of outpatient emergency department (ED) visits per 1,000 members. An additional detail measure — Outpatient Potentially Avoidable ED Visits — can be found in Table 5. The blue dashed line indicates the statewide average.

# **Advanced Imaging (MRIs, CT Scans)**



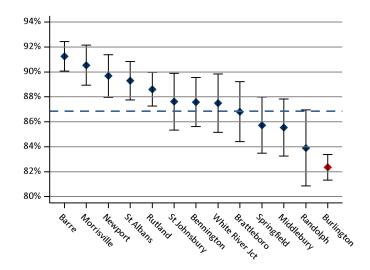
**Figure 8:** Presents annual risk-adjusted rates, including 95% confidence intervals, of advanced imaging diagnostic tests (i.e., magnetic resonance imagings (MRIs) and computed tomography (CT) scans) per 1,000 members. The blue dashed line indicates the statewide average.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

### **Diabetes: HbA1c Testing**



**Figure 9:** Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, that received a hemoglobin A1c test during the measurement year. The blue dashed line indicates the statewide average.

### Diabetes: HbA1c Not in Control (Core-17, MSSP-27)

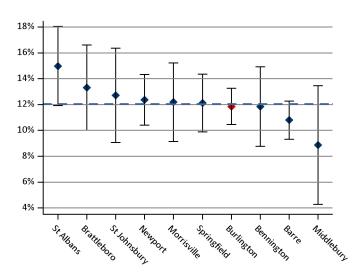
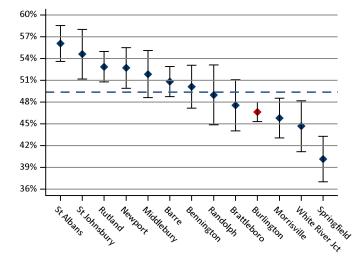


Figure 10: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, whose last recorded hemoglobin A1c test in the Blueprint clinical data registry was in poor control (>9%). Members with diabetes were identified using claims data. The denominator was then restricted to those with clinical results for at least one hemoglobin A1c test during the measurement year. The blue dashed line indicates the statewide average.

### **Diabetes: Eye Exam**



**Figure 11:** Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, that received an eye screening for diabetic retinal disease during the measurement year. The blue dashed line indicates the statewide average.

# **Diabetes Care Two-Part Composite (Core-53)**

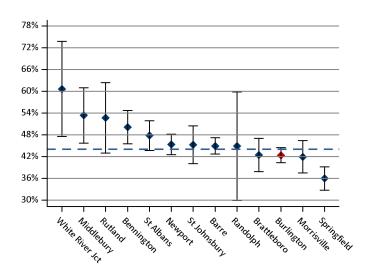


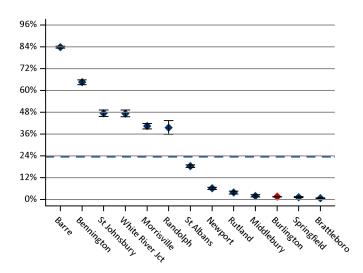
Figure 12: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, that had a valid HbA1c ≤9% and received an eye screening for diabetic retinal disease during the measurement year. The blue dashed line indicates the statewide average.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Tobacco Use Screening\***



# Figure 13: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18 years and older, that were screened for tobacco use one or more times within a two-year lookback period and that received cessation counseling intervention. This figure includes only practices providing clinical data to the Vermont Clinical Registry. The blue dashed line indicates the statewide average.

### **Medication Management for People With Asthma\***

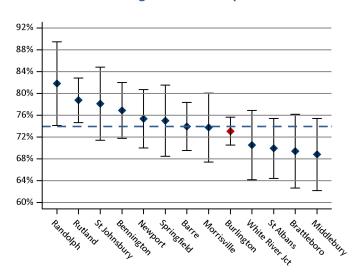


Figure 14: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18–85 years, that were identified as having persistent asthma and were dispensed appropriate asthma controller medications that they remained on for at least 50 percent of their treatment period. The blue dashed line indicates the statewide average.

# **Screening for Clinical Depression\***

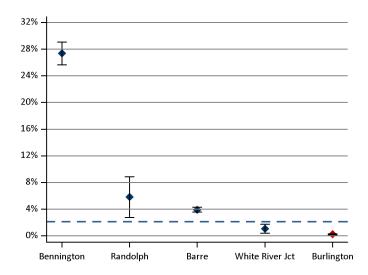


Figure 15: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18 years and older, that were screened for clinical depression on the date of encounter using an age-appropriate standardized depression screening tool. This figure includes only practices providing clinical data to the Vermont Clinical Registry. The blue dashed line indicates the statewide average.

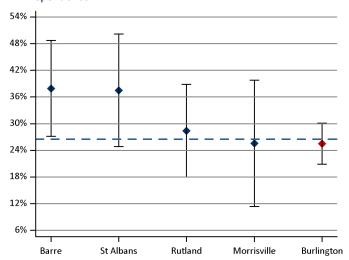
\*This measure is part of the quality framework for evaluating health outcomes in a value-based system (Vermont's All-Payer ACO Model)



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Follow-Up After Discharge from ED for Alcohol and Other Drug Dependence\*



**Figure 16:** Presents the proportion, including 95% confidence intervals, of ED visits for members 18 years of age and older with a principal diagnosis of alcohol or other drug (AOD) dependence, who had a follow up visit for AOD within 30 days of the ED visit. The blue dashed line indicates the statewide average.

### Follow-Up After Discharge From ED for Mental Health\*

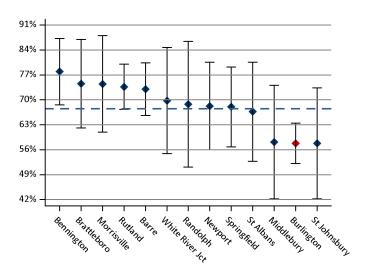


Figure 17: Presents the proportion, including 95% confidence intervals, of ED visits for members 18 years of age and older with a principal diagnosis of mental illness, who had a follow up visit for mental health within 30 days of the ED visit. The blue dashed line indicates the statewide average.

\*This measure is part of the quality framework for evaluating health outcomes in a value-based system (Vermont's All-Payer ACO Model)



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

### Comparison of Patients by HbA1c Control Status, Statewide

Metric	Diabetes A1c in Control	Diabetes A1c Not in Control
Members	7490	1829
Annual expenditures per capita	\$16,414 (\$15,959, \$16,868)	\$16,637 (\$15, 786, \$17,489)
Inpatient hospitalizations per 1,000 members	214.1 (203.4, 224.7)	208.5 (187.1, 229.8)
Inpatient days per 1,000 members	936.8 (914.5, 959.2)	910.7 (866.0, 955.3)
Outpatient ED visits per 1,000 members	644.4 (625.9, 662.9)	703.6 (664.4, 742.8)

Note: Risk-adjusted rates with 95% confidence intervals are provided in parentheses. Outliers beyond the 99th percentile have been excluded.

**Table 2:** Presents a comparison of health care expenditures and utilization in the measurement year for continuously enrolled members, ages 18–75 years, whose diabetes hemoglobin A1c was in control (≤9%) compared to those with poor control (>9%). Rates have been adjusted for age, gender, and health status. The rates in this table are presented at the state level only. Members with poor control had statistically significant higher total expenditures, inpatient hospitalizations, inpatient days, and outpatient ED visits.

# **Diabetes: Nephropathy**

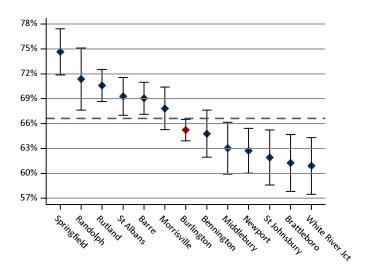


Figure 18: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, that had a nephropathy screening test or evidence of nephropathy documented in the claims data. The blue dashed line indicates the statewide average.

### **Diabetes: Tobacco Non-Use (MSSP-25)**

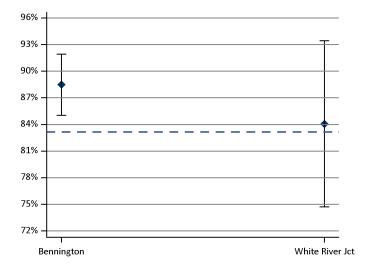


Figure 19: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, documented as tobacco non-users in the Blueprint clinical data registry. Members with diabetes were identified using claims data. The denominator was then restricted to those with clinical results for tobacco non-use during the measurement year. The blue dashed line indicates the statewide average.

# **Diabetes: Blood Pressure in Control (MSSP-24)**

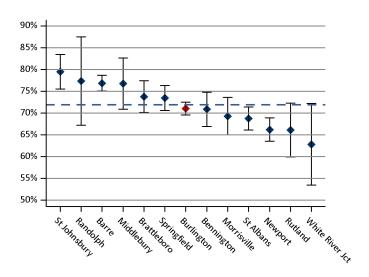


Figure 20: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with diabetes, ages 18–75 years, whose last recorded blood pressure measurement in the Blueprint clinical data registry was in control (<140/90 mmHg). Members with diabetes were identified using claims data. The denominator was then restricted to those with clinical results for at least one blood pressure test during the measurement year. The blue dashed line indicates the statewide average.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Linked Clinical Data: Obesity, Hypertension, & HbA1c

Measure (N = Count of distinct members)	HSA N=86,126	Statewide N=264,409
	Rate %	Rate %
% linked to clinical data	56%	51%
% with BMI data	40%	40%
% meeting obesity criteria	36%	39%
% with blood pressure data	51%	47%
% meeting hypertension criteria	20%	20%
% with BMI and blood pressure data	40%	39%
% meeting obesity and hypertension criteria	10%	10%
Measure (N = Count of dictinct mombers with dishetes)	HSA N=5,489	Statewide N=20,524
Measure (N = Count of distinct members with diabetes)		
	N=5,489	N=20,524
(N = Count of distinct members with diabetes)	N=5,489 Rate %	N=20,524 Rate %
(N = Count of distinct members with diabetes) % linked to clinical data	N=5,489 Rate %	N=20,524  Rate %  63%
(N = Count of distinct members with diabetes) % linked to clinical data % with BMI data	N=5,489  Rate %  74%  52%	N=20,524  Rate %  63%  50%
(N = Count of distinct members with diabetes)  % linked to clinical data  % with BMI data  % meeting obesity criteria	N=5,489  Rate %  74%  52%  67%	N=20,524  Rate %  63%  50%  67%
(N = Count of distinct members with diabetes)  % linked to clinical data  % with BMI data  % meeting obesity criteria  % with blood pressure data	N=5,489  Rate %  74%  52%  67%  68%	N=20,524  Rate % 63% 50% 67% 58%

# **Table 3:** Presents the proportion of total distinct members and distinct members with diabetes with claims linked to clinical data, valid body mass index (BMI), blood pressure, and HbA1c data meeting the criteria for obesity (BMI $\geq$ 30.0), hypertension (mmHg $\geq$ 140/90), and HbA1c >9%.

# **Hypertension: Blood Pressure in Control (Core-39, MSSP-28)**

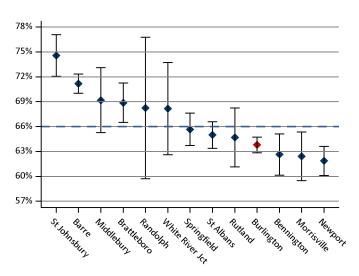


Figure 21: Presents the proportion, including 95% confidence intervals, of continuously enrolled members with hypertension, ages 18–85 years, whose last recorded blood pressure measurement in the Blueprint clinical data registry was in control (<140/90 mmHg). Members with hypertension were identified using claims data. The denominator was then restricted to those with clinical results for a blood pressure reading during the measurement year. The blue dashed line indicates the statewide average.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

### **Imaging Studies for Low Back Pain**

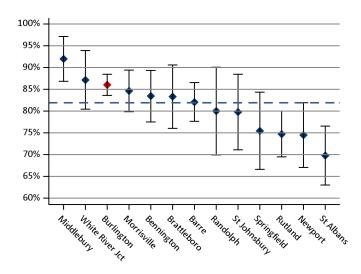


Figure 22: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18–50 years, that received a primary diagnosis of low back pain and appropriately did not have an imaging study (e.g., plain X-Ray, CT scan, MRI) within 28 days of the diagnosis. This is an inverted measure for which a higher score indicates appropriate treatment (i.e., imaging did not occur). The blue dashed line indicates the statewide average.

# **Cervical Cancer Screening (Core-30)**

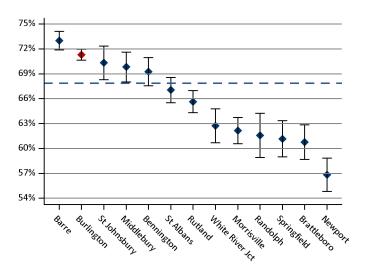


Figure 23: Presents the proportion, including 95% confidence intervals, of continuously enrolled female members, ages 21–64 years, that received one or more Papanicolaou (Pap) tests to screen for cervical cancer during the measurement year or the two years prior to the measurement year. The blue dashed line indicates the statewide average.

### Chlamydia Screening (Core-7)

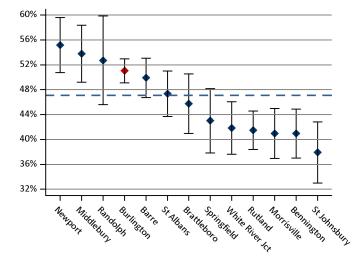
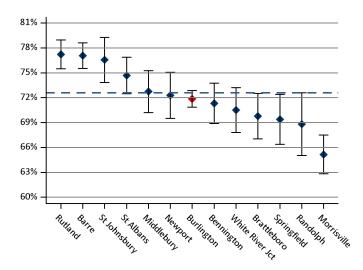


Figure 24: Presents the proportion, including 95% confidence intervals, of continuously enrolled women, ages 16–24 years, identified as sexually active during the measurement year that received at least one test for chlamydia during the measurement year or the year prior to the measurement year. (Note that, due to the age ranges for this ACO measure, women below the age of 18 years, not typically represented in adult profiles, have been included in these rates.) The blue dashed line indicates the statewide average.

### **Breast Cancer Screening (Core-11, MSSP-20)**



**Figure 25:** Presents the proportion, including 95% confidence intervals, of continuously enrolled women, ages 52–64 years, that had a mammogram to screen for breast cancer during the measurement year or the year prior to the measurement year. The blue dashed line indicates the statewide average.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Plan All-Cause Readmissions (Core-1)

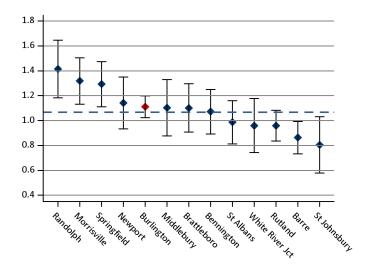


Figure 26: Presents the relative rate, including 95% confidence intervals, of continuously enrolled members, ages 18 years and older, that had an inpatient stay that was followed by an acute readmission for any diagnosis within 30 days during the measurement year. The rate is expressed as a ratio of observed to expected readmissions where the expected number of readmissions has been risk adjusted. The blue dashed line indicates the statewide average. HEDIS specifications have changed.

# Follow-Up After Hospitalization for Mental Illness (Core-4)

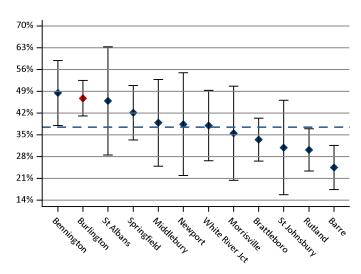


Figure 27: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 6 years and older, hospitalized for mental illness with an intensive outpatient encounter or partial hospitalization with a mental health practitioner and a follow-up visit within seven days of discharge. The blue dashed line indicates the statewide average.

# Initiation of Alcohol/Drug Treatment (Core-5a)

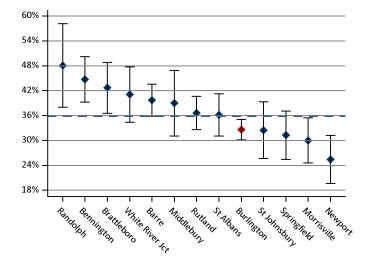


Figure 28: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18 years and older, that had their initial treatment through an inpatient alcohol or other drug (AOD) admission, outpatient visit, intensive outpatient encounter, or partial hospitalization within 14 days of the diagnosis. The blue dashed line indicates the statewide average.

# **Engagement of Alcohol/Drug Treatment (Core-5b)**

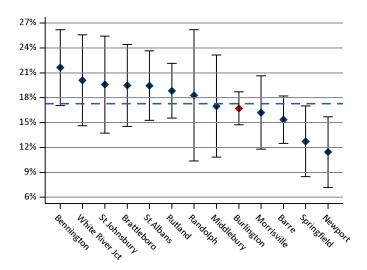


Figure 29: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18 years and older, that had their initial treatment and then had two or more additional services with a diagnosis of AOD within 30 days of the initiation visit. The blue dashed line indicates the statewide average.





Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

### Cholesterol Management, Cardiac (Core-3, MSSP-29)

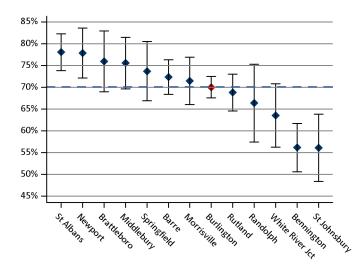


Figure 30: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18–75 years, discharged alive after treatment for acute myocardial infarction (AMI), coronary artery bypass grafting (CABG), or percutaneous coronary intervention (PCI) in the year prior to the measurement year or with a diagnosis of ischemic vascular disease (IVD) during the measurement year and year prior and with an LDL-C screening during the measurement year. The blue dashed line indicates the statewide average.

### **Avoidance of Antibiotic Treatment, Acute Bronchitis (Core-6)**

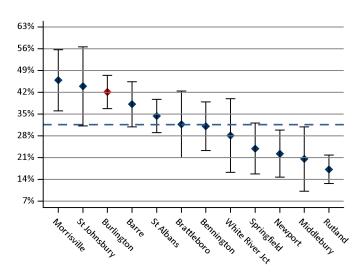


Figure 31: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages 18–64 years, that received a diagnosis of acute bronchitis but was not dispensed an antibiotic prescription. The blue dashed line indicates the statewide average.

### Influenza Vaccination (Core-35, MSSP-14)

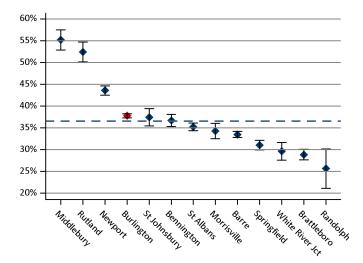


Figure 32: Presents the proportion, including 95% confidence intervals, of continuously enrolled members, ages six months and older, that received an influenza immunization from October 1 of the prior year through March 31 of the measurement year. Immunizations were identified in the medical claims or, if available, in the Blueprint clinical data registry. The blue dashed line indicates the statewide average.

### Pneumonia Vaccination (Core-48, MSSP-15)

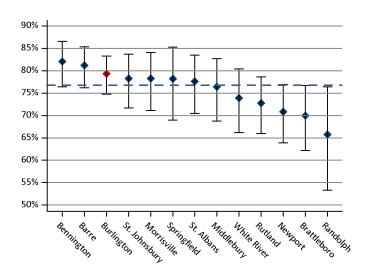


Figure 33: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 65 years and older, that reported ever receiving a pneumonia vaccination as measured by the Behavioral Risk Factor Surveillance System (BRFSS). The blue dashed line indicates the statewide average.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

### ACS Admissions: COPD & Asthma (Core-10, MSSP-9)

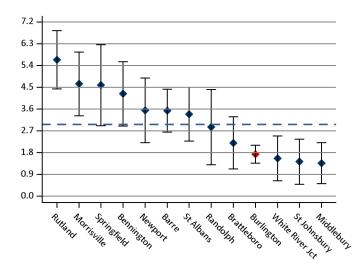
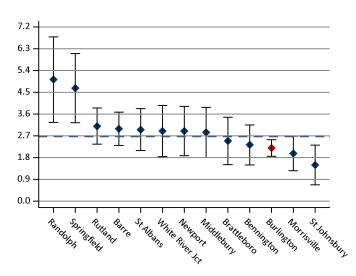


Figure 34: This Prevention Quality Indicator (PQI) presents the rate, including 95% confidence intervals, of ambulatory care sensitive (ACS) admissions with a principal diagnosis of chronic obstructive pulmonary disorder (COPD) or asthma per 1,000 members, ages 40 years and older. The blue dashed line indicates the statewide average.

### **ACS Admissions: Heart Failure (MSSP-10)**



**Figure 35:** This Prevention Quality Indicator (PQI) presents the rate, including 95% confidence intervals, of admissions with a principal diagnosis of congestive heart failure per 1,000 members, ages 18 years and older. The blue dashed line indicates the statewide average.

# **ACS Hospitalizations: PQI Composite Chronic (Core-12)**

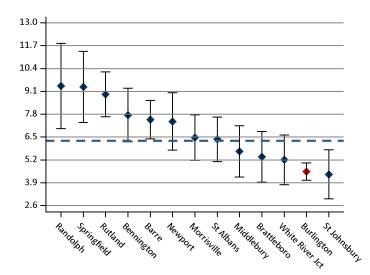


Figure 36: This Prevention Quality Indicator (PQI) presents a composite rate, including 95% confidence intervals, of hospitalizations for chronic conditions per 1,000 members, ages 18 years and older. This measure includes admissions for at least one of the following conditions: COPD, asthma, hypertension, heart failure, angina without a cardiac procedure, diabetes with lower-extremity amputations, diabetes with short-term complications, diabetes with long-term complications, or uncontrolled diabetes without complications. The blue dashed line indicates the statewide average.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

### **BRFSS: Adults Diagnosed with COPD**

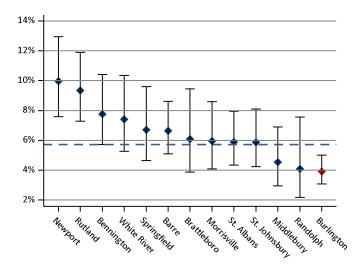


Figure 37: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that reported a diagnosis of COPD. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS) Between January 2015 and December 2016. The blue dashed line indicates the statewide average.

### **BRFSS: Adults Diagnosed with Hypertension**

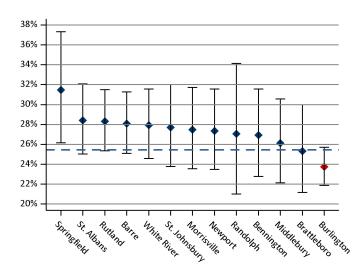


Figure 38: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that reported a diagnosis of hypertension. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS) Between January 2015 and December 2016. The blue dashed line indicates the statewide average.

### **BRFSS: Adults with Diabetes**

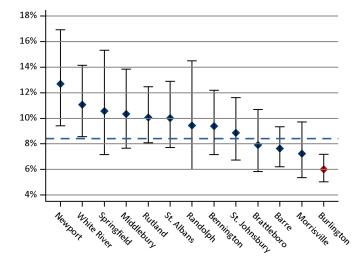


Figure 39: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that reported a diagnosis of diabetes. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS) Between January 2015 and December 2016. The blue dashed line indicates the statewide average.

### **BRFSS: Adults with Personal Doctor**

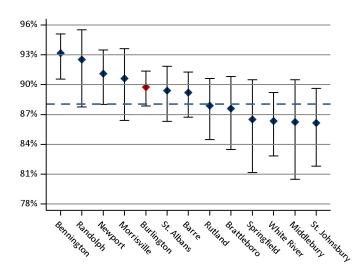


Figure 40: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that said they have a personal doctor or health care provider. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS) Between January 2015 and December 2016. The blue dashed line indicates the statewide average.



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

### BRFSS: Households with Income <\$25,000

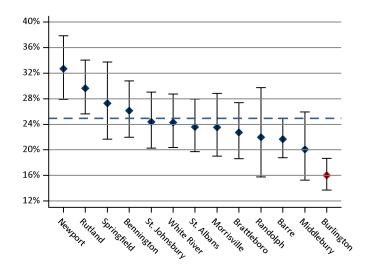


Figure 41: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that reported a household income of less than \$25,000 per year. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS) Between January 2015 and December 2016. The blue dashed line indicates the statewide average.

### **BRFSS: Cigarette Smoking**

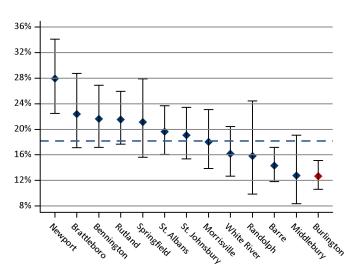


Figure 42: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that reported being cigarette smokers. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS) Between January 2015 and December 2016. The blue dashed line indicates the statewide average.

# **BRFSS: No Leisure-Time Physical Activity/Exercise**

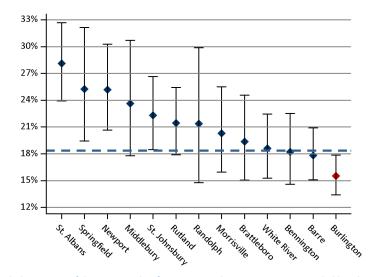


Figure 43: Presents the proportion, including 95% confidence intervals, of Vermont residents, ages 18 years and older, that said they did not participate in any physical activity or exercise during the previous month. This data was collected through the Behavioral Risk Factor Surveillance System (BRFSS) Between January 2015 and December 2016. The blue dashed line indicates the statewide average.



**HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

The following tables provide greater detail on the annual rates presented in the preceding figures.

Table 4. Expenditure Measures (Adjusted)

Magazira		HSA		Statewide			
Measure	Rate per Capita	95% LCL	95% UCL	Rate per Capita	95% LCL	95% UCL	
Total	\$8,236	\$8,147	\$8,325	\$8,164	\$8,112	\$8,217	
Inpatient Total	\$1,433	\$1,383	\$1,483	\$1,472	\$1,442	\$1,501	
Inpatient Mental Health	\$105	\$91	\$119	\$94	\$86	\$101	
Inpatient Maternity	\$96	\$91	\$101	\$95	\$92	\$98	
Inpatient Surgical	\$582	\$548	\$616	\$638	\$616	\$659	
Inpatient Medical	\$655	\$624	\$686	\$657	\$640	\$674	
Outpatient Total	\$1,944	\$1,916	\$1,972	\$2,089	\$2,073	\$2,106	
Outpatient Hospital Mental Health	\$34	\$32	\$37	\$32	\$30	\$33	
Outpatient Hospital ED	\$278	\$271	\$285	\$300	\$296	\$304	
Outpatient Hospital Surgery	\$488	\$475	\$501	\$514	\$506	\$523	
Outpatient Hospital Radiology	\$467	\$447	\$486	\$471	\$461	\$481	
Outpatient Hospital Laboratory	\$235	\$231	\$239	\$289	\$286	\$292	
Outpatient Hospital Pharmacy	\$75	\$67	\$83	\$76	\$72	\$80	
Outpatient Hospital Other	\$370	\$364	\$375	\$413	\$409	\$417	
Professional Non-Mental Health Total	\$1,535	\$1,522	\$1,549	\$1,402	\$1,395	\$1,409	
Professional Physician Total	\$972	\$961	\$982	\$891	\$885	\$896	
Professional Physician Inpatient	\$160	\$154	\$167	\$159	\$155	\$162	
Professional Physician Outpatient Facility	\$321	\$316	\$326	\$300	\$298	\$303	
Professional Physician Office Visit	\$401	\$396	\$405	\$353	\$350	\$355	
Professional Non-Physician	\$549	\$543	\$555	\$497	\$494	\$500	
Professional Mental Health Provider	\$237	\$232	\$242	\$204	\$201	\$206	
Pharmacy Total	\$1,662	\$1,631	\$1,693	\$1,572	\$1,555	\$1,590	
Pharmacy Psych Medication	\$188	\$182	\$194	\$178	\$174	\$182	
Other Total	\$702	\$682	\$722	\$770	\$756	\$784	
Special Medicaid Services	\$482	\$460	\$504	\$442	\$429	\$455	
Mental Health Substance Combined*	\$516	\$505	\$528	\$469	\$463	\$476	

<sup>\*</sup> The Mental Health Substance Combined measure is the sum of all expenditures associated with medical and pharmacy services for mental health / substance abuse.

# Table 5. Total Resource Use Index (RUI) (Adjusted)

Measure		HSA		Statewide			
ivieasui e	Index Ratio	95% LCL	95% UCL	Index Ratio	95% LCL	95% UCL	
Total	1.00	0.99	1.01	1.00	0.99	1.01	
Inpatient	0.93	0.90	0.96	1.00	0.98	1.02	
Outpatient Facility	0.98	0.96	1.00	1.00	0.99	1.01	
Professional	1.07	1.06	1.07	1.00	1.00	1.00	
Pharmacy	1.00	0.99	1.02	1.00	0.99	1.01	

				Data Detail
--	--	--	--	-------------



**HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Table 6. Utilization Measures (Adjusted)

Measure		HSA		Statewide			
ivieasui e	Rate per 1,000	95% LCL	95% UCL	Rate per 1,000	95% LCL	95% UCL	
Inpatient Discharges	96.0	93.7	98.3	99.2	97.9	100.5	
Inpatient Days	474.2	469.2	479.3	471.3	468.4	474.1	
Outpatient ED Visits	358.9	354.4	363.3	392.1	389.5	394.7	
Outpatient Potentially Avoidable ED Visits	54.3	52.6	56.0	62.5	61.5	63.6	
Non-Hospital Outpatient Visits	7,591.5	7,571.2	7,611.8	7,392.9	7,381.7	7,404.2	
Primary Care Encounters	3,206.0	3,192.8	3,219.2	3,084.6	3,077.3	3,091.9	
Medical Specialist Encounters	1,269.4	1,261.1	1,277.7	1,187.2	1,182.7	1,191.8	
Surgical Specialist Encounters	1,044.8	1,037.3	1,052.3	1,039.2	1,035.0	1,043.4	
Standard Imaging	914.7	907.6	921.7	960.8	956.8	964.9	
Advanced Imaging	284.7	280.8	288.7	299.4	297.1	301.7	
Echography	398.0	393.4	402.6	370.9	368.3	373.4	
Colonoscopy	54.2	52.5	55.9	56.1	55.1	57.1	

# **Table 7.** Effective & Preventive Care Measures

Measure		Н	SA		Statewide			
Measure	N	Rate %	95% LCL	95% UCL	N	Rate %	95% LCL	95% UCL
Comprehensive Diabetes Care (CDC)								
HbA1c Testing	5,399	82%	81%	83%	20,178	87%	86%	87%
Eye Exam	5,399	47%	45%	48%	20,178	49%	49%	50%
Nephropathy	5,399	65%	64%	66%	20,178	67%	66%	67%
Imaging Studies for Low Back Pain	824	86%	84%	88%	2,773	82%	80%	83%



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Table 8a. ACO and APM Measures Detail

Maria			HS	SA		Statewide			
Measure		N	Rate %	95% LCL	95% UCL	N	Rate %	95% LCL	95% UCL
Cervical Cancer Screening	Core-30	18,438	71%	71%	72%	54,659	68%	67%	68%
CCS – Commercial	Core-30	13,326	76%	75%	76%	34,389	74%	74%	75%
CCS – Medicaid	Core-30	5,112	60%	59%	61%	20,270	57%	57%	58%
Chlamydia Screening (Ages 16–24 Years)	Core-7	2,612	51%	49%	53%	9,518	47%	46%	48%
CHL – Commercial	Core-7	1,637	48%	45%	50%	4,555	45%	43%	46%
CHL – Medicaid	Core-7	975	57%	54%	60%	4,963	49%	48%	51%
Breast Cancer Screening (Ages 52–64 Years)	Core-11	7,839	72%	71%	73%	24,593	73%	72%	73%
BCS – Commercial (Ages 52–64 Years)	Core-11	6,103	77%	76%	79%	17,230	78%	78%	79%
BCS – Medicaid (Ages 52–64 Years)	Core-11	926	51%	48%	54%	4,178	60%	58%	61%
BCS – Medicare (Ages 52–64 Years)	Core-11	810	54%	50%	57%	3,185	59%	57%	61%
BCS (Ages 52–74 Years)	Core-11	11,932	71%	71%	72%	39,144	72%	71%	72%
BCS (Ages 65–74 Years)	Core-11	4,093	71%	69%	72%	14,551	70%	70%	71%
Follow-Up After Hospitalization for Mental Illness (7 day)	Core-4	310	47%	41%	52%	1,406	37%	35%	40%
FUH – Commercial	Core-4	79	48%	36%	60%	236	44%	38%	51%
FUH – Medicaid	Core-4	175	41%	34%	49%	927	33%	30%	36%
FUH – Medicare	Core-4	56	63%	49%	76%	243	47%	40%	53%
Initiation of Alcohol/Drug Treatment	Core-5a	1,418	33%	30%	35%	5,062	36%	35%	37%
IET (INI) – Medicaid	Core-5a	880	36%	33%	39%	3,515	39%	38%	41%
Engagement of Alcohol/Drug Treatment	Core-5b	1,418	17%	15%	19%	5,062	17%	16%	18%
IET (ENG) – Medicaid	Core-5b	880	18%	15%	20%	3,515	18%	17%	20%
Cholesterol Management for Patients with CVD	Core-3	1,374	70%	68%	72%	4,621	70%	69%	71%
CMC – Commercial	Core-3	321	61%	56%	67%	858	70%	66%	73%
CMC – Medicaid	Core-3	77	68%	56%	79%	403	65%	60%	70%
CMC – Medicare	Core-3	976	73%	70%	76%	3,360	71%	69%	72%
Avoidance of Antibiotic Treatment for Acute Bronchitis	Core-6	347	42%	37%	47%	1,968	32%	30%	34%
AAB – Commercial	Core-6	248	46%	39%	52%	957	34%	31%	38%
AAB – Medicaid	Core-6	99	33%	24%	43%	1,011	29%	26%	32%
Influenza Vaccination	Core-35	35,442	38%	37%	38%	100,372	37%	36%	37%
INF – Commercial	Core-35	17,347	28%	27%	28%	43,314	28%	27%	28%
INF – Medicaid	Core-35	6,465	30%	28%	31%	20,804	25%	24%	25%
INF – Medicare	Core-35	11,630	57%	56%	58%	36,254	54%	53%	54%



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Table 8a. ACO and APM Measures Detail, Continued

Marrier		HSA				Statewide			
Measure		N	Rate %	95% LCL	95% UCL	N	Rate %	95% LCL	95% UCL
Diabetes Blood Pressure in Control (<140/90 mmHg)	MSSP-24	3,714	71%	70%	73%	11,957	72%	71%	73%
Diab – Commercial (BP)	MSSP-24	1,069	70%	67%	73%	2,976	73%	71%	74%
Diab – Medicaid (BP)	MSSP-24	559	79%	75%	82%	1,839	73%	71%	75%
Diab – Medicare (BP)	MSSP-24	2,086	70%	68%	72%	7,142	71%	70%	72%
Diabetes Tobacco Use in Control	MSSP-25					499	83%	80%	87%
Diab – Commercial (Tob.)	MSSP-25					108	82%	75%	90%
Diab – Medicaid (Tob.)	MSSP-25					74	62%	50%	74%
Diab – Medicare (Tob.)	MSSP-25					317	88%	85%	92%
Diabetes Care Two-Part Composite	Core-53	2,221	42%	40%	44%	9,085	44%	43%	45%
Diab – Commercial (Comp.)	Core-53	639	31%	27%	34%	2,168	35%	33%	37%
Diab – Medicaid (Comp.)	Core-53	202	34%	27%	40%	1,130	35%	32%	37%
Diab – Medicare (Comp.)	Core-53	1,380	49%	47%	52%	5,787	49%	48%	51%
Diabetes HbA1c Not in Control (>9%)	Core-17	2,101	12%	10%	13%	8,515	12%	11%	13%
Diab – Commercial (HbA1c Not in Control)	Core-17	636	14%	11%	17%	2,153	13%	12%	15%
Diab – Medicaid (HbA1c Not in Control)	Core-17	202	20%	15%	26%	1,128	21%	19%	24%
Diab – Medicare (HbA1c Not in Control)	Core-17	1,263	9%	8%	11%	5,234	10%	9%	10%
Hypertension with BP in Control (<140/90 mmHg)	Core-39	10,005	64%	63%	65%	31,714	66%	65%	67%
HYP – Commercial (Ages 18–85 Years)	Core-39	2,702	62%	60%	64%	8,010	65%	64%	66%
HYP – Medicaid (Ages 18–85 Years)	Core-39	1,138	64%	61%	67%	4,000	63%	62%	65%
HYP – Medicare (Ages 18–85 Years)	Core-39	6,165	64%	63%	66%	19,704	67%	66%	68%
HYP (Ages 18–64 Years)	Core-39	4,594	63%	62%	65%	14,814	65%	64%	66%
HYP (Ages 65–85 Years)	Core-39	5,411	64%	63%	66%	16,900	67%	66%	68%



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Table 8a. ACO and APM Measures Detail, Continued

Measure			Н	SA		Statewide			
ivieasure		N	Rate %	95% LCL	95% UCL	N	Rate %	95% LCL	95% UCL
Follow-Up After Discharge From ED for Mental Health	APM-HD-II	308	58%	52%	63%	1,201	68%	65%	70%
FUM – Commercial	APM-HD-II	50	62%	48%	76%	152	64%	56%	72%
FUM – Medicaid	APM-HD-II	150	69%	61%	76%	695	76%	73%	79%
FUM – Medicare	APM-HD-II	108	41%	31%	50%	354	53%	47%	58%
Follow-Up After Discharge From ED for AOD	APM-HD-III	361	25%	21%	30%	865	26%	23%	29%
FUA – Commercial	APM-HD-III	63				154	18%	11%	24%
FUA – Medicaid	APM-HD-III	298	28%	23%	33%	711	28%	25%	32%
Medication Management for People With Asthma	APM-P-V	1,208	73%	71%	76%	4,125	74%	73%	75%
MMA50 – Commercial	APM-P-V	504	76%	72%	80%	1,359	77%	75%	79%
MMA50 – Medicaid	APM-P-V	395	65%	60%	69%	1,646	67%	65%	69%
MMA50 – Medicare	APM-P-V	309	79%	74%	84%	1,120	81%	78%	83%
Screening for Clinical Depression	APM-P-III	21,654	0%	0%	0%	58,956	2%	2%	2%
CDF_HH – Commercial	APM-P-III	15,343	0%	0%	0%	38,256	2%	2%	2%
CDF_HH – Medicaid	APM-P-III	6,294	0%	0%	0%	20,656	3%	3%	3%
CDF_HH – Medicare	APM-P-III					44			
Tobacco Use Screening	APM-P-IV	41,586	2%	1%	2%	109,201	24%	23%	24%
TOB_SCREEN – Commercial	APM-P-IV	31,127	1%	1%	2%	75,721	23%	23%	24%
TOB_SCREEN – Medicaid	APM-P-IV	10,287	2%	2%	2%	33,059	24%	23%	24%
TOB_SCREEN – Medicare	APM-P-IV	172				421	32%	27%	36%



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Table 8b. ACO Measures Detail

			HSA			Statewide				
Measure		N	Observed / Expected Ratio	LCL	UCL	N	Observed / Expected Ratio	LCL	UCL	
Plan All-Cause Readmissions	Core-1	4,101	1.11	1.02	1.20	16,049	1.07	1.02	1.11	
PCR – Commercial	Core-1	869	1.38	1.15	1.62	2,856	1.26	1.12	1.39	
PCR – Medicaid	Core-1	814	0.80	0.63	0.97	3,501	0.96	0.88	1.04	
PCR – Medicare	Core-1	2,418	1.18	1.06	1.29	9,692	1.08	1.02	1.14	

# Table 8c. ACO Measures Detail

		HSA				Statewide			
Measure		N	Rate per 1,000	95% LCL	95% UCL	N	Rate per 1,000	95% LCL	95% UCL
ACS Admissions for COPD and Asthma	Core-10	48,395	1.7	1.4	2.1	157,138	3.0	2.7	3.2
PQI – Commercial (COPD and Asthma)	Core-10	23,194	0.4	0.1	0.6	64,458	0.4	0.3	0.6
PQI – Medicaid (COPD and Asthma)	Core-10	5,468	5.5	3.5	7.5	21,839	6.0	5.0	7.1
PQI – Medicare (COPD and Asthma)	Core-10	19,733	2.3	1.6	2.9	70,842	4.3	3.8	4.8
ACS Admissions for Congestive Heart Failure	MSSP-10	70,870	2.2	1.9	2.5	223,498	2.7	2.5	2.9
PQI – Commercial (CHF)	MSSP-10	37,091	0.2	0.0	0.3	98,330	0.2	0.1	0.2
PQI – Medicaid (CHF)	MSSP-10	13,401	0.4	0.1	0.8	51,719	1.0	0.7	1.2
PQI – Medicare (CHF)	MSSP-10	20,377	7.1	5.9	8.2	73,449	7.2	6.6	7.8
ACS Hospitalizations: PQI Composite (Chronic)	Core-12	70,870	4.5	4.0	5.0	223,498	6.3	6.0	6.6
PQI – Commercial (Comp.)	Core-12	37,091	0.8	0.5	1.1	98,330	0.9	0.7	1.1
PQI – Medicaid (Comp.)	Core-12	13,401	4.8	3.6	5.9	51,719	5.9	5.3	6.6
PQI – Medicare (Comp.)	Core-12	20,377	11.2	9.7	12.6	73,449	13.7	12.9	14.6



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# Table 9. ACO and APM Measures Reference Table

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description
Core-1		Plan All-Cause Readmissions	NQF #1768, HEDIS measure	Adult	For members 18 years and older, the number of acute inpatient stays during the measurement year that were followed by an acute readmission for any diagnosis within 30 days.
Core-2		Adolescent Well-Care Visit	HEDIS measure	Pediatric	The percentage of members 12-21 years who had at least one comprehensive well-care visit with a PCP or OB/GYN during the measurement year.
Core-3	MSSP-29	Ischemic Vascular Disease (IVD): Complete Lipid Panel (Screening Only)	NQF #0075, NCQA	Adult	The percentage of members 18-75 years who were discharged alive for acute myocardial infarction, coronary artery bypass grafting, or percutaneous coronary intervention in the year prior to the measurement year or who had a diagnosis of Ischemic Vascular Disease during the measurement year and one year prior, who had LDL-C screening.
Core-4		Follow-up after Hospitalization for Mental Illness, 7 Day	NQF #0576, HEDIS measure	Adult	The percentage of discharges for members 6 years and older who were hospitalized for treatment of selected mental illness diagnoses and who had an outpatient visit, an intensive outpatient encounter, or partial hospitalization with a mental health practitioner.
Core-5		Initiation & Engagement of Alcohol and Other Drug Dependence Treatment (a) Initiation, (b) Engagement	NQF #0004, HEDIS measure	Adult	(a) The percentage of adolescent and adult members with a new episode of alcohol or other drug (AOD) dependence who received initiation of AOD treatment within 14 days. (b) The percentage of adolescent and adult members with a new episode of alcohol or other drug (AOD) dependence who initiated treatment and had two additional services with a diagnosis of AOD within 30 days of the initiation visit.
Core-6		Avoidance of Antibiotic Treatment for Adults with Acute Bronchitis	NQF #0058, HEDIS measure	Adult	The percentage of adults 18-64 years with a diagnosis of acute bronchitis who were not dispensed an antibiotic.
Core-7		Chlamydia Screening in Women	NQF #0033, HEDIS measure	Adult and Pediatric	The percentage of women 16-24 years who were identified as sexually active and who had at least one test for chlamydia during the measurement period.
Core-8		Developmental Screening in the First Three Years of Life	NQF #1448	Pediatric	The percentage of children screened for risk of developmental, behavioral, and social delays using a standardized screening tool in the 12 months preceding their first, second, or third birthday.
Core-10	MSSP-9	Ambulatory Sensitive Condition Admissions: Chronic Obstructive Pulmonary Disease or Asthma in Older Adults	NQF, AHRQ (Prevention Quality Indicator (PQI) #5)	Adult	All discharges with an ICD-9-CM principal diagnosis code for COPD or asthma in adults ages 40 years and older, for ACO assigned or aligned Medicare fee-for-service (FFS) beneficiaries with COPD or asthma. This is an observed rate of discharges per 1,000 members.
Core-11	MSSP-20	Mammography / Breast Cancer Screening	NQF #2372, HEDIS measure	Adult	The percentage of women 50-74 years who had a mammogram to screen for breast cancer in the last two years.
Core-12		Rate of Hospitalization for Ambulatory Care Sensitive Conditions: PQI Chronic Composite	NQF, AHRQ (Prevention Quality Indicator (PQI) Chronic Composite)	Adult	Prevention Quality Indicators' (PQI) overall composite per 1,000 population, ages 18 years and older; includes admissions for one of the following conditions: diabetes with short-term complications, diabetes with long-term complications, uncontrolled diabetes without complications, diabetes with lower-extremity amputation, chronic obstructive pulmonary disease, asthma, hypertension, heart failure, angina without a cardiac procedure, dehydration, bacterial pneumonia, or urinary tract infection.

				Data Detail
--	--	--	--	-------------



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description	
Core-13		Appropriate Testing for Children with Pharyngitis	NQF #0002	Pediatric	Percentage of children 2-18 years who were diagnosed with pharyngitis, dispensed an antibiotic and received a group A strep test for the episode.	
Core-14		Childhood Immunization Status (Combo 10)	NQF #0038, HEDIS measure	No	The percentage of children 2 years who had each of nine key vaccinations (e.g., MMR, HiB, HepB, etc.).	
Core-15		Pediatric Weight Assessment and Counseling	NQF #0024	No	The percentage of members 3-17 years who had an outpatient visit with a PCP or OB/GYN and who had evidence of BMI percentile documentation, counseling for nutrition, and counseling for physical activity.	
Core-17	MSSP-27	Diabetes Mellitus: Hemoglobin A1c Poor Control (>9%)	NQF #0059, NCQA	Adult	Percentage of members 18-75 years with diabetes whose HbA1c was in poor control >9%.	
Core-18	MSSP-19	Colorectal Cancer Screening	NQF #0034, NCQA HEDIS measure	No	The percentage of members 50-75 years who had appropriate screening for colorectal cancer.	
Core-19	MSSP-18	Depression Screening and Follow-Up	NQF #0418, CMS	No	The percentage of members 12 years and older who had negative screening or positive screening for depression completed in the measurement year with an age-appropriate standardized tool. Follow-up for positive screening must be documented same day as screening.	
Core-20	MSSP-16	Adult Weight Screening and Follow-Up	NQF #0421, CMS	No	The percentage of members 18 years and older who had BMI calculated during the last visit in the measurement year or within the prior 6 months. In cases where the BMI is abnormal, a follow-up plan must be documented during the visit the BMI was calculated or within the prior 6 months.	
Core-21		Access to Care Composite	NCQA	No	NCQA Survey - percentage of members who could get appointments or answers to questions from providers when needed.	
Core-22		Communication Composite	NCQA	No	NCQA Survey - percentage of members who felt they received good communication from providers.	
Core-23		Shared Decision-Making Composite	NCQA	No	NCQA Survey - percentage of members whose provider helped them make decisions about prescription medicati	
Core-24		Self-Management Support Composite	NCQA	No	NCQA Survey - percentage of members whose provider talked to them about specific health goals and barriers.	
Core-25		Comprehensiveness Composite	NCQA	No	NCQA Survey - percentage of members whose provider talked to them about depression, stress, and other mental health issues.	
Core-26		Office Staff Composite	NCQA	No	NCQA Survey - percentage of members who found the clerks and receptionists at their provider's office to be helpful and courteous.	
Core-27		Information Composite	NCQA	No	NCQA Survey - percentage of members who received information from their provider about what to do if care was needed in the off hours and reminders between visits.	

						Data Detail
--	--	--	--	--	--	-------------



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description
Core-28		Coordination of Care Composite	NCQA	No	NCQA Survey - percentage of members whose providers followed-up about test results, seemed informed about specialty care, and talked at each visit about prescription medication.
Core-29		Specialist Composite	NCQA	No	NCQA Survey - percentage of members who found it easy to get appointments with specialists and who found that their specialist seemed to know important information about their medical history.
Core-30		Cervical Cancer Screening	NQF #0032, HEDIS measure	Adult	The percentage of females 21-64 years who received one or more PAP tests to screen for cervical cancer in the measurement year or two years prior to the measurement year.
Core-31	MSSP-30	Ischemic Vascular Disease (IVD): Use of Aspirin or Another Antithrombotic	NQF #0068, NCQA	No	Percentage of members 18 years and older with IVD who had documentation of using aspirin or another antithrombotic during the measurement year.
Core-35	MSSP-14	Influenza Vaccination	NQF #0041, AMA-PCPI	Adult	Percentage of members 6 months and older with an outpatient visit between October and March who received an influenza vaccine.
Core-36	MSSP-17	Tobacco Use Assessment and Cessation Intervention	NQF #0028, AMA-PCPI	No	Percentage of members 18 years and older who had a negative tobacco screen or positive tobacco screen with cessation intervention in the two years prior to the measurement year.
Core-38	MSSP-32	Drug Therapy for Lowering LDL Cholesterol	NQF #0074	No	Percentage of members 18 years and older with a diagnosis of CAD and an outpatient visit in the measurement year whose LDL-C <100 mg/dL or LDL-C >=100 mg/dL and who received a prescription of a statin in the measurement year.
Core-38	MSSP-33	ACE Inhibitor or ARB Therapy for Members with CAD and Diabetes and/or Left Ventricular Systolic Dysfunction (LVSD)	NQF #0066	No	Percentage of members 18 years and older with a diagnosis of CAD and a Left Ventricular Ejection Fraction (LVEF) < 40% or diagnosis of CAD and diabetes who received a prescription of ACE/ARB medication in the measurement year.
Core-39	MSSP-28	Percent of Beneficiaries With Hypertension Whose BP < 140/90 mmHg	NQF #0018, NCQA HEDIS measure	Adult	Percentage of members 18-85 years with hypertension whose BP was in control <140/90 mmHg.
Core-40	MSSP-21	Screening for High Blood Pressure and Follow-Up Plan Documented	Not NQF-endorsed; MSSP	No	Percentage of members 18 years and older seen during the measurement period who were screened for high blood pressure and a recommended follow-up plan is documented based on the current blood pressure reading as indicated.
Core-47	MSSP-13	Falls: Screening for Fall Risk	NQF #0101	No	Percentage of members 65 years and older who had any type of falls screening in the measurement year.
Core-48	MSSP-15	Pneumonia Vaccination (Ever Received)	NQF #0043	Adult	The percentage of members 65 years and older who had documentation of ever receiving a pneumonia vaccine.
Core-53		Diabetes Care Two-Part Composite	NQF #0059 and #0055	Adult	The percentage of members 18-75 years with diabetes who have a valid HbA1c less than or equal to 9% and who received an eye exam for diabetic retinal disease during the measurement year.
	MSSP-1	CG CAHPS: Getting Timely Care, Appointments, and Information	NQF #0005, AHRQ	No	CMS Survey - Getting Timely Care, Appointments, and Information
	MSSP-2	CG CAHPS: How Well Your Doctors Communicate	NQF #0005, AHRQ	No	CMS Survey - How Well Your Doctors Communicate

Demographics / Health   Cost of Care   Utilization   Preventive Care / ACO   BRFSS Data Detail
--



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description
	MSSP-3	CG CAHPS: Patients' Rating of Doctor	NQF #0005, AHRQ	No	CMS Survey - Patients' Rating of Doctor
	MSSP-4	CG CAHPS: Access to Specialists	NQF #0005, AHRQ	No	CMS Survey - Access to Specialists
	MSSP-5	CG CAHPS: Health Promotion and Education	NQF #0005, AHRQ	No	CMS Survey - Health Promotion and Education
	MSSP-6	CG CAHPS: Shared Decision Making	NQF #0005, AHRQ	No	CMS Survey - Shared Decision Making
	MSSP-7	CG CAHPS: Health Status / Functional Status	NQF #0006, AHRQ	No	CMS Survey - Health Status/Functional Status
	MSSP-8	Risk-Standardized, All Condition Readmission	CMS, not submitted to NQF (adapted from NQF #1789)	No	All discharges with an ICD-9-CM principal diagnosis code for COPD or asthma in adults ages 40 years and older, for ACO assigned or aligned Medicare fee-for-service (FFS) beneficiaries with COPD or asthma. This is an observed rate of discharges per 1,000 members.
	MSSP-10	Ambulatory Sensitive Condition Admissions: Congestive Heart Failure	NQF #0277, AHRQ (Prevention Quality Indicator (PQI) #8)	Adult	All discharges with an ICD-9-CM principal diagnosis code for CHF in adults ages 18 years and older, for ACO assigned or aligned Medicare fee-for-service (FFS) beneficiaries with CHF. This is an observed rate of discharges per 1,000 members.
	MSSP-11	Percent of Primary Care Physicians who Successfully Qualify for an EHR Program Incentive Payment	CMS EHR Incentive Program Reporting	No	Percentage of Accountable Care Organization (ACO) primary care physicians (PCPs) who successfully qualify for either a Medicare or Medicaid Electronic Health Record (EHR) Program incentive payment.
	MSSP-12	Medication Reconciliation: Reconciliation After Discharge from an Inpatient Facility	NQF #0554	No	Percentage of members 65 years and older who were discharged from any inpatient facility in the measurement year and had an outpatient visit within 30 days of the discharge who had documentation in the outpatient medical record of reconciliation of discharge medications with current outpatient medications during a visit within 30 days of discharge.
	MSSP-24	Diabetes: Blood Pressure Control		Adult	Percentage of members 18-75 years with diabetes who had blood pressure <140/90 mmHg at most recent visit.
	MSSP-25	Diabetes: Tobacco Non-Use		Adult	Percentage of members 18-75 years with diabetes who were identified as a non-user of tobacco in measurement year.
	MSSP-31	Heart Failure: Beta-Blocker Therapy for Left Ventricular Systolic Dysfunction (LVSD)	NQF #0083	No	Percentage of members 18 years and older with a diagnosis of heart failure who also had LVSD (LVEF < 40%) and who were prescribed beta-blocker therapy.
		Comprehensive Diabetes Care: Eye Exams for Diabetics	NQF #0055, HEDIS measure	Adult	Percentage of members with diabetes 18-75 years who received an eye exam for diabetic retinal disease during the measurement year.
M&E-3		Comprehensive Diabetes Care: Medical Attention for Nephropathy	NQF #0062, HEDIS measure	Adult	Percentage of members with diabetes 18-75 years who received a nephropathy screening test during the measurement year.

				Data Detail
--	--	--	--	-------------



# **HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

VT Measure ID	Medicare Shared Savings Program Measure ID	Measure Name	Nationally Recognized/ Endorsed	Included in HSA Profile?	Measure Description
APM-HD-II		Follow-Up After Discharge From ED for Mental Health	NQF #2605, HEDIS measure	Adult	Percentage of ED visits for members 18 years of age and older with a principal diagnosis of mental illness, who had a follow up visit for mental health within 30 days of the ED visit.
APM-HD-III		Follow-Up After Discharge From ED for AOD	NQF #2605, HEDIS measure	Adult	Percentage of ED visits for members 18 years of age and older with a principal diagnosis of alcohol or other drug (AOD) dependence, who had a follow up visit for AOD within 30 days of the ED visit.
APM-P-III, ACO-18		Screening for Clinical Depression	NQF #0418	Adult	Percentage of members ages 18 years and older that were screened for clinical depression on the date of encounter using an age-appropriate standardized depression screening tool.
APM-P-IV, AC0-17		Tobacco Use Screening	NQF #0028	Adult	Percentage of members ages 18 years and older that were screened for tobacco use one or more times within a two-year lookback period and that received cessation counseling intervention.
APM-P-V		Medication Management for People With Asthma	NQF #1799, HEDIS measure	Adult	The percentage of patients 18-85 years of age during the measurement year who were identified as having persistent asthma and were dispensed appropriate medications that they remained on during the treatment period. Two rates are reported. 1. The percentage of patients who remained on an asthma controller medication for at least 50% of their treatment period. 2. The percentage of patients who remained on an asthma controller medication for at least 75% of their treatment period.

			0 . 0
Demographics / Health			Data Detail

**HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

The following tables provide risk-adjusted rates for selected quality measures, which are not represented in the preceding figures.

Table 10. Hypertension: Blood Pressure in Control (<140/90 mmHg)

HSA	Jul. 2015-	Jul. 2015-Jun. 2016		Jan. 2016-Dec. 2016		
ПЭА	Rate %		Rate %	N	Rate Difference	
Barre	66.5%	4,880	66.1%	5,939	-0.3%	
Bennington	66.5%	1,348	66.3%	1,496	-0.2%	
Brattleboro	65.9%	1,323	65.8%	1,513	-0.1%	
Burlington	66.2%	6,169	66.0%	10,005	-0.1%	
Middlebury	66.6%	509	66.5%	558	-0.1%	
Morrisville	66.7%	394	66.0%	1,088	-0.7%	
Newport	65.7%	2,279	65.5%	2,984	-0.2%	
Randolph	67.0%	119	66.6%	126	-0.4%	
Rutland	66.7%	584	66.4%	722	-0.3%	
Springfield	66.1%	70	65.8%	2,333	-0.3%	
St Albans	66.2%	3,790	65.9%	3,462	-0.3%	
St Johnsbury	66.6%	273	65.7%	1,199	-0.9%	
White River Jct	66.4%	196	66.2%	289	-0.2%	

<sup>\*</sup> Cells with less than 11 in the numerator or less than 30 in the denominator are left blank due to either insufficient data or confidentiality requirements.

Table 11. Risk-Adjusted Quality Measure: Diabetes HbA1c Not in Control (>9%)

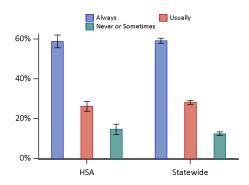
HSA	Jul. 2015-	Jun. 2016	Jan. 2016-	-Dec. 2016	Trend
пэа	Rate %	N	Rate %	N	Rate Difference
Barre	11.8%	1,590	11.9%	1,769	0.1%
Bennington	12.8%	490	11.9%	456	-1.0%
Brattleboro	13.6%	417	13.0%	436	-0.6%
Burlington	11.9%	1,003	11.5%	2,101	-0.4%
Middlebury	11.8%	137	12.4%	169	0.5%
Morrisville	11.8%	201	12.1%	476	0.3%
Newport	13.2%	845	12.4%	1,140	-0.8%
Randolph		34		43	
Rutland		72		107	
Springfield			12.4%	858	
St Albans	12.7%	1,073	11.9%	554	-0.8%
St Johnsbury		34	12.8%	346	
White River Jct		42		60	

<sup>\*</sup> Cells with less than 11 in the numerator or less than 30 in the denominator are left blank due to either insufficient data or confidentiality requirements.



Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Access to Care Composite**



**Figure 44:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Access to Care for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

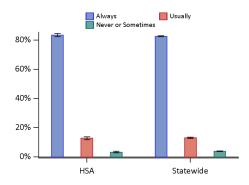
Table 12. Patient Experience Survey: Access to Care Questions

			HSA		S	tatewid	e
Question & Answer	Question & Answer		%	Error (+/-)	N	%	Error (+/-)
In the last 12 months, when you phoned this provider's office after regular	Always	50	64%	14%	317	60%	6%
office hours, how often did you get an answer to your medical question as soon as you needed?	Usually				317	22%	5%
soon as you necaeu.	Never or Sometimes	50	22%	12%	317	18%	4%
In the last 12 months, when you phoned this provider's office during regular office hours, how often did you get an answer to your medical question that same day?	Always	347	55%	5%	2,685	58%	2%
	Usually	347	30%	5%	2,685	30%	2%
	Never or Sometimes	347	16%	4%	2,685	13%	1%
In the last 12 months, when you phoned this provider's office to get an	Always	379	66%	5%	2,927	64%	2%
appointment for care you needed right away, how often did you get an appointment as soon as you needed?	Usually	379	25%	4%	2,927	26%	2%
appointment as soon as you needed:	Never or Sometimes	379	9%	3%	2,927	10%	1%
In the last 12 months, when you phoned this provider's office to get an	Always	612	69%	4%	4,841	69%	1%
appointment for a check-up or routine care with this provider, how often did you get an appointment as soon as you needed?	Usually	612	24%	3%	4,841	26%	1%
and you get an appointment as soon as you necees.	Never or Sometimes	612	7%	2%	4,841	6%	1%
Wait time includes time spent in the waiting room and exam room. In the	Always	764	41%	4%	6,317	46%	1%
last 12 months, how often did you see this provider within 15 minutes of your appointment time?	Usually	764	39%	4%	6,317	38%	1%
your appointment time:	Never or Sometimes	764	20%	3%	6,317	17%	1%



Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Communication Composite**



**Figure 45:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Communication for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

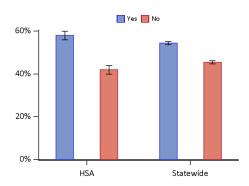
Table 13. Patient Experience Survey: Communication Questions

			HSA		Statewide			
Question & Answer		N	%	Error (+/-)	N	%	Error (+/-)	
In the last 12 months, how often did this provider give you easy to	Always	676	84%	3%	5,151	82%	1%	
understand information about these health questions or concerns?	Usually	676	12%	3%	5,151	14%	1%	
	Never or Sometimes	676	3%	1%	5,151	4%	1%	
In the last 12 months, how often did this provider spend enough time with you?	Always	757	82%	3%	6,265	83%	1%	
	Usually	757	14%	3%	6,265	13%	1%	
	Never or Sometimes	757	4%	1%	6,265	4%	0%	
In the last 12 months, how often did this provider show respect for what you had to say?	Always	758	91%	2%	6,280	89%	1%	
	Usually	758	6%	2%	6,280	8%	1%	
	Never or Sometimes	758	3%	1%	6,280	3%	0%	
In the last 12 months, how often did this provider seem to know the	Always	764	72%	3%	6,311	73%	1%	
important information about your medical history?	Usually	764	22%	3%	6,311	21%	1%	
	Never or Sometimes	764	6%	2%	6,311	6%	1%	
	Always	766	85%	3%	6,331	85%	1%	
In the last 12 months, how often did this provider listen carefully to you?	Usually	766	12%	2%	6,331	11%	1%	
	Never or Sometimes	766	3%	1%	6,331	4%	0%	
In the last 12 months, how often did this provider explain things in a way	Always	768	87%	2%	6,328	85%	1%	
that was easy to understand?	Usually	768	11%	2%	6,328	12%	1%	
	Never or Sometimes	768	2%	1%	6,328	3%	0%	



Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Comprehensiveness Composite**



**Figure 46:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Comprehensiveness for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

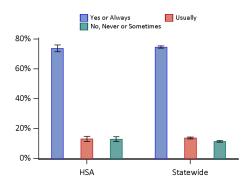
Table 14. Patient Experience Survey: Comprehensiveness Questions

Question & Answer		HSA			Statewide		
		N	%	Error (+/-)	N	%	Error (+/-)
In the last 12 months, did anyone in this provider's office ask you if there was a period of time when you felt sad, empty or depressed?		754	67%	3%	6,205	64%	1%
	No	754	33%	3%	6,205	36%	1%
In the last 12 months, did you and anyone in this provider's office talk about things in your life that worry you or cause you stress?	Yes	755	63%	4%	6,202	59%	1%
your me that worry you or cause you stress.	No	755	37%	4%	6,202	41%	1%
In the last 12 months, did you and anyone in this provider's office talk about a personal		756	45%	4%	6,201	41%	1%
problem, family problem, alcohol use, drug use, or a mental or emotional illness?	No	756	55%	4%	6,201	59%	1%



Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Coordinated Care Composite**



**Figure 47:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Coordinated Care for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

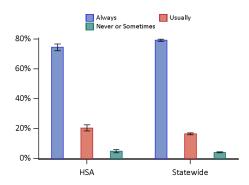
Table 15. Patient Experience Survey: Coordinated Care Questions

			HSA Statewide					
Question & Answer		N	%	Error (+/-)	N	%	Error (+/-)	
In the last 12 months, how often did the provider named in Question 1 seem informed and up-to-date about the care you got from specialists?	Yes or Always	428	59%	5%	3,417	60%	2%	
	Usually	428	27%	4%	3,417	27%	1%	
	No, Never or Sometimes	428	14%	3%	3,417	13%	1%	
In the last 12 months, when this provider ordered a blood test, x-ray or other	Yes or Always	568	75%	4%	4,714	75%	1%	
test for you, how often did someone from this provider's office follow up to give you those results?	Usually	568	13%	3%	4,714	15%	1%	
give you chose results.	No, Never or Sometimes	568	13%	3%	4,714	10%	1%	
In the last 12 months, did you and anyone in this provider's office talk at each visit about all the prescription medicines you were taking?	Yes or Always	633	87%	3%	5,261	89%	1%	
	No, Never or Sometimes	633	13%	3%	5,261	11%	1%	



Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Office Staff Composite**



**Figure 48:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Office Staff for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

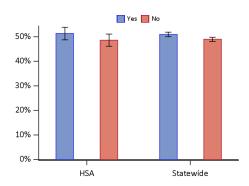
Table 16. Patient Experience Survey: Office Staff Questions

Question & Answer			HSA		Statewide		
		N	%	Error (+/-)	N	%	Error (+/-)
In the last 12 months, how often did clerks and receptionists at this provider's office treat you with courtesy and respect?	Always	757	83%	3%	6,237	86%	1%
	Usually	757	14%	3%	6,237	11%	1%
	Never or Sometimes	757	4%	1%	6,237	3%	0%
In the last 12 months, how often were the clerks and receptionists at this provider's office as helpful as you thought they should be?	Always	758	66%	3%	6,241	72%	1%
	Usually	758	27%	3%	6,241	22%	1%
	Never or Sometimes	758	6%	2%	6,241	5%	1%

**HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Self Management Composite**



**Figure 49:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Self Management for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

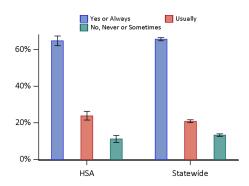
Table 17. Patient Experience Survey: Self Management Questions

Question & Answer			HSA			Statewide		
		N	%	Error (+/-)	N	%	Error (+/-)	
In the last 12 months, did anyone in this provider's office ask you if there are things that make it hard for you to take care of your health?		744	42%	4%	6,146	41%	1%	
make te hard for you to take care or your meanth.	No	744	58%	4%	6,146	59%	1%	
In the last 12 months, did anyone in this provider's office talk with you about specific goals for your health?		752	61%	4%	6,186	61%	1%	
		752	39%	4%	6,186	39%	1%	



Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Shared Decision Making Composite**



**Figure 50:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Shared Decision Making for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

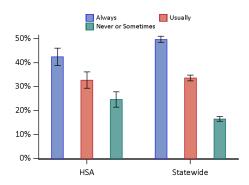
Table 18. Patient Experience Survey: Shared Decision Making Questions

Question & Answer			HSA		Statewide		
			%	Error (+/-)	N	%	Error (+/-)
When you talked about starting or stopping a prescription medicine, did this provider ask you what you thought was best for you?	Yes or Always	358	89%	3%	2,966	86%	1%
	No, Never or Sometimes	358	11%	3%	2,966	14%	1%
When you talked about starting or stopping a prescription medicine, how	Yes or Always	360	41%	5%	2,981	45%	2%
much did this provider talk about the reasons you might not want to take a medicine?	Usually	360	40%	5%	2,981	35%	2%
medicine:	No, Never or Sometimes	360	19%	4%	2,981	20%	1%
When you talked about starting or stopping a prescription medicine, how much did this provider talk about the reasons you might want to take a medicine?	Yes or Always	364	64%	5%	3,010	67%	2%
	Usually	364	32%	5%	3,010	28%	2%
	No, Never or Sometimes	364	4%	2%	3,010	6%	1%



Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Specialist Composite**



**Figure 51:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Specialists for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

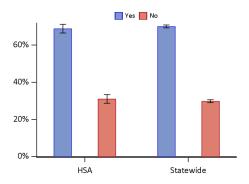
Table 19. Patient Experience Survey: Specialist Questions

Question & Answer		HSA			Statewide		
		N	%	Error (+/-)	N	%	Error (+/-)
In the last 12 months, how often did the specialist you saw most seem to know the important information about your medical history?	Always	368	44%	5%	2,839	51%	2%
	Usually	368	31%	5%	2,839	33%	2%
	Never or Sometimes	368	25%	5%	2,839	16%	1%
In the last 12 months, how often was it easy to get appointments with specialists?	Always	373	41%	5%	2,887	49%	2%
	Usually	373	34%	5%	2,887	34%	2%
	Never or Sometimes	373	25%	5%	2,887	17%	1%

**HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

# **Patient Experience Survey: Information Composite**



**Figure 52:** Presents the composite proportion, including the 95% confidence interval, of the given response to the questions associated with Information for members 18 years and older. The composite proportion is given by the average of the corresponding proportions of the associated questions.

# Table 20. Patient Experience Survey: Information Questions

Question & Answer			HSA			Statewide		
		N	%	Error (+/-)	N	%	Error (+/-)	
Did this provider's office give you information about what to do if you needed care during evenings, weekends, or holidays?		748	73%	3%	6,221	73%	1%	
No.	No	748	27%	3%	6,221	27%	1%	
Some offices remind patients between visits about tests, treatment or appointments. In the last 12 months, did you get any reminders from this provider's office between visits?		758	65%	3%	6,296	67%	1%	
No.	No	758	35%	3%	6,296	33%	1%	



**HSA Profile:** Burlington

Period: January 2016 - December 2016 Profile Type: Adults (18+ Years)

### Table 21. HSA Practice List

VT Practice ID	Practice Name
VT03	Family Medicine - Colchester
VT04	Adult Primary Care - Essex
VT05	Adult Primary Care - Burlington
VT06	Family Medicine - South Burlington
VT104	Alder Brook Family Health
VT110	Family Medicine - Hinesburg
VT117	Appletree Bay Primary Care
VT139	Richmond Family Medicine
VT156	Thomas Chittenden Health Care (TCHC)
VT160	Pediatric Primary Care - Burlington
VT161	Pediatric Primary Care - Williston
VT21	Riverside Health Center
VT212	Champlain Center for Natural Medicine
VT216	Mountain View Natural Medicine
VT22	Timber Lane Pediatrics
VT23	Timber Lane North Peds
VT248	Frank Landry MD PLC
VT26	Adult Primary Care - South Burlington
VT265	South End Health Center
VT27	Adult Primary Care - Williston
VT271	UVM Medical Center Infectious Disease Clinic
VT272	Good Health
VT28	Family Medicine - Milton
VT45	Hagan; Rinehart and Connolly Pediatricians; PLLC
VT51	Gene Moore
VT68	Dr. Hebert
VT391	Winooski Family Health - CLOSED
VT399	Charlotte Health Center
VT95	Essex Pediatrics
VT97	Evergreen Family Health