Exercise Instructions

How to plan:

• Invite partners to participate in an interactive discussion on building relationships between your organizations
• Plan for at least an hour for introductions, exercise and debrief
• Assign a facilitator to lead the exercise and present the slides
• Customize slides as needed for your meeting

Contact Ashley Hofmann (ahofmann@aha.org) with questions.
Exercise Instructions

Supplies needed:

• Per Attendee:
  • Plain white 8.5x11 inch paper
  • Black marker
  • Sticky note pad

• Per Table:
  • 5-6 chairs (people)
  • Copy of canvas (print size: 36x24 inches)
  • Something to collect discarded sticky notes (e.g., small bowl or container)
<table>
<thead>
<tr>
<th>TIME</th>
<th>ITEM</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 min</td>
<td>WELCOME</td>
</tr>
<tr>
<td>20 min</td>
<td>GETTING STARTED</td>
</tr>
<tr>
<td>25 min</td>
<td>TABLE ACTIVITY</td>
</tr>
<tr>
<td>10 min</td>
<td>INSIGHTS AND REFLECTION</td>
</tr>
</tbody>
</table>
RULES AND ROLES
YOU HAVE PERMISSION TO THINK LIKE DESIGNERS
NO LAPTOPS, MINIMIZE PHONES, BE PRESENT
LET’S HAVE RICH CONVERSATIONS
VISUAL TOOL TO HOLD CONVERSATIONS
OWN YOUR CANVAS
FOLLOW THE ON SCREEN INSTRUCTIONS
DISCARD THE STICKIES YOU DON’T USE
WRITE CLEARLY USING THE SHARPIE AND WRITE IN CAPS
#CHIweek
@communityhlth

SHARE, FOLLOW, LIKE, COMMENT, RETWEET
WARM UP
EXERCISE
3 MINUTES
DRAW YOURSELF

WHO ARE YOU?
WHAT MAKES YOU HAPPY?
WHAT MAKES YOU SAD?
WHAT DO YOU DO?
30 SECONDS EACH
SHARE YOUR VISUAL
Community-Based Partners
20 MINUTES
DISCUSS & CAPTURE
VISUAL EXERCISE

1. Who?
2. Expectations
3. Obstacles

LET’S GO DEEPER
VISUAL EXERCISE

COMMUNITY-BASED PARTNERSHIP CANVAS

1. Who is ‘on the bus’? Select a REAL community based-organization (within a community of someone at your table) that a hospital could partner with to improve the well-being of people.

2. If the partnership is going to succeed, what expectations must mutually be met? Time commitment, investment, participation of key people, values that must be shared and maintained, etc. What are the criteria for success?

3. What potential obstacles and risks need to be imagined and mitigated? How could this go wrong or end up a big waste of time and resources?
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10 min Warning
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3. What potential obstacles and risks need to be imagined and mitigated? How could this go wrong or end up a big waste of time and resources?
5 min
Warning
VISUAL EXERCISE

Time For The Clean Version
HEALTH & WELL-BEING
Insights and Reflections
10 MINUTES
DISCUSS & CAPTURE
THANK YOU