

Exercise Instructions

How to plan:

- Invite partners to participate in an interactive discussion on building relationships between your organizations
- Plan for at least an hour for introductions, exercise and debrief
- Assign a facilitator to lead the exercise and present the slides
- Customize slides as needed for your meeting

Contact Ashley Hofmann (ahofmann@aha.org) with questions.

Exercise Instructions

Supplies needed:

- Per Attendee:
 - Plain white 8.5x11 inch paper
 - Black marker
 - Sticky note pad
- Per Table:
 - 5-6 chairs (people)
 - Copy of canvas (print size: 36x24 inches)
 - Something to collect discarded sticky notes (e.g., small bowl or container)

A stylized illustration of a city skyline. On the left and right sides, there are dark blue buildings with white window patterns. In the center, a yellow sun is rising over a series of blue, scalloped waves. The background is white.

**ENTER NAME OF YOUR
MEETING HERE**

AGENDA

TIME	ITEM
5 min	WELCOME
20 min	GETTING STARTED
25 min	TABLE ACTIVITY
10 min	INSIGHTS AND REFLECTION

RULES AND ROLES





YOU HAVE

PERMISSION TO

THINK LIKE DESIGNERS



NO LAPTOPS,

MINIMIZE PHONES, BE PRESENT



**LET'S HAVE
RICH CONVERSATIONS**

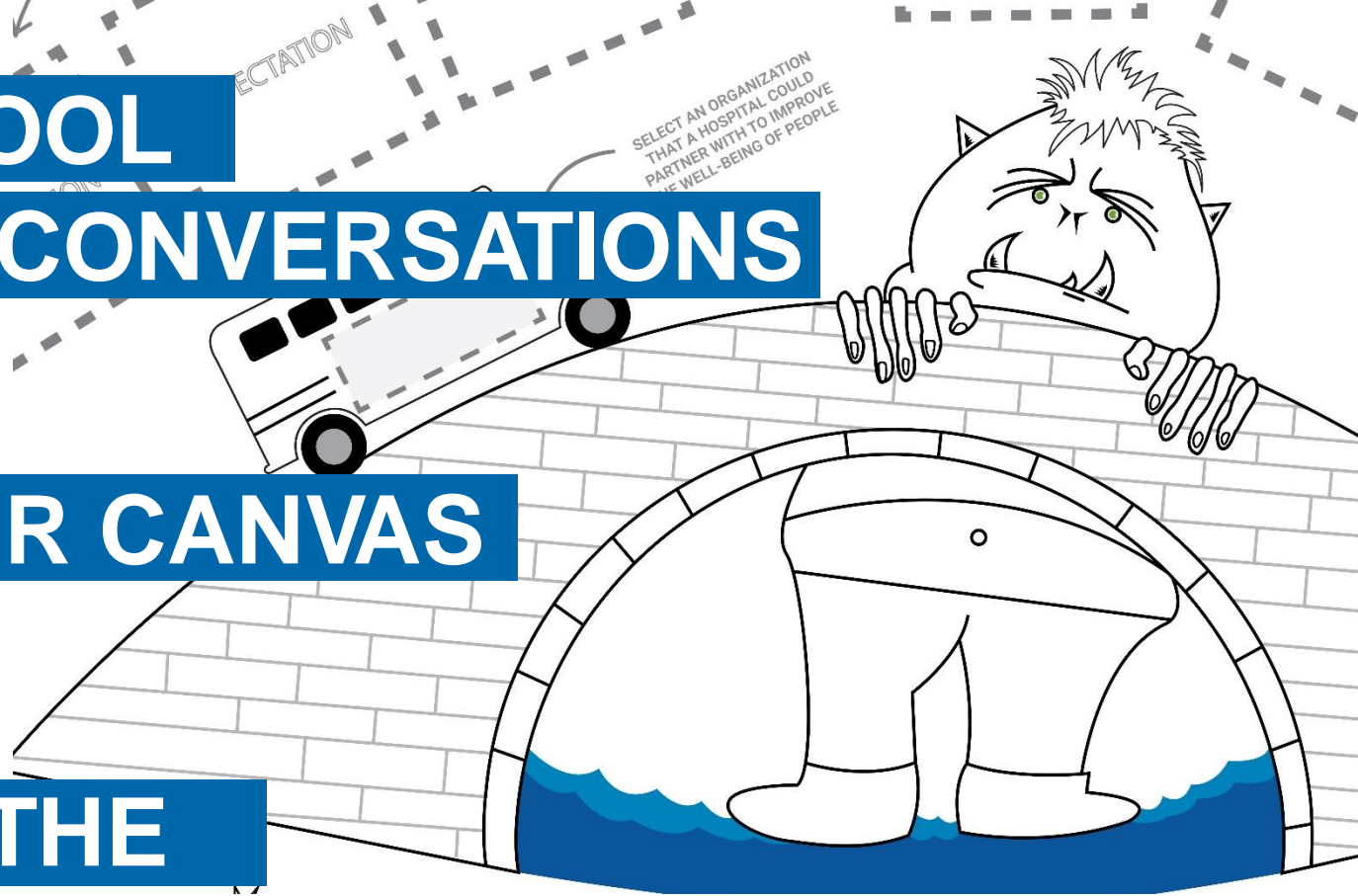
VISUAL TOOL

TO HOLD CONVERSATIONS

OWN YOUR CANVAS

FOLLOW THE

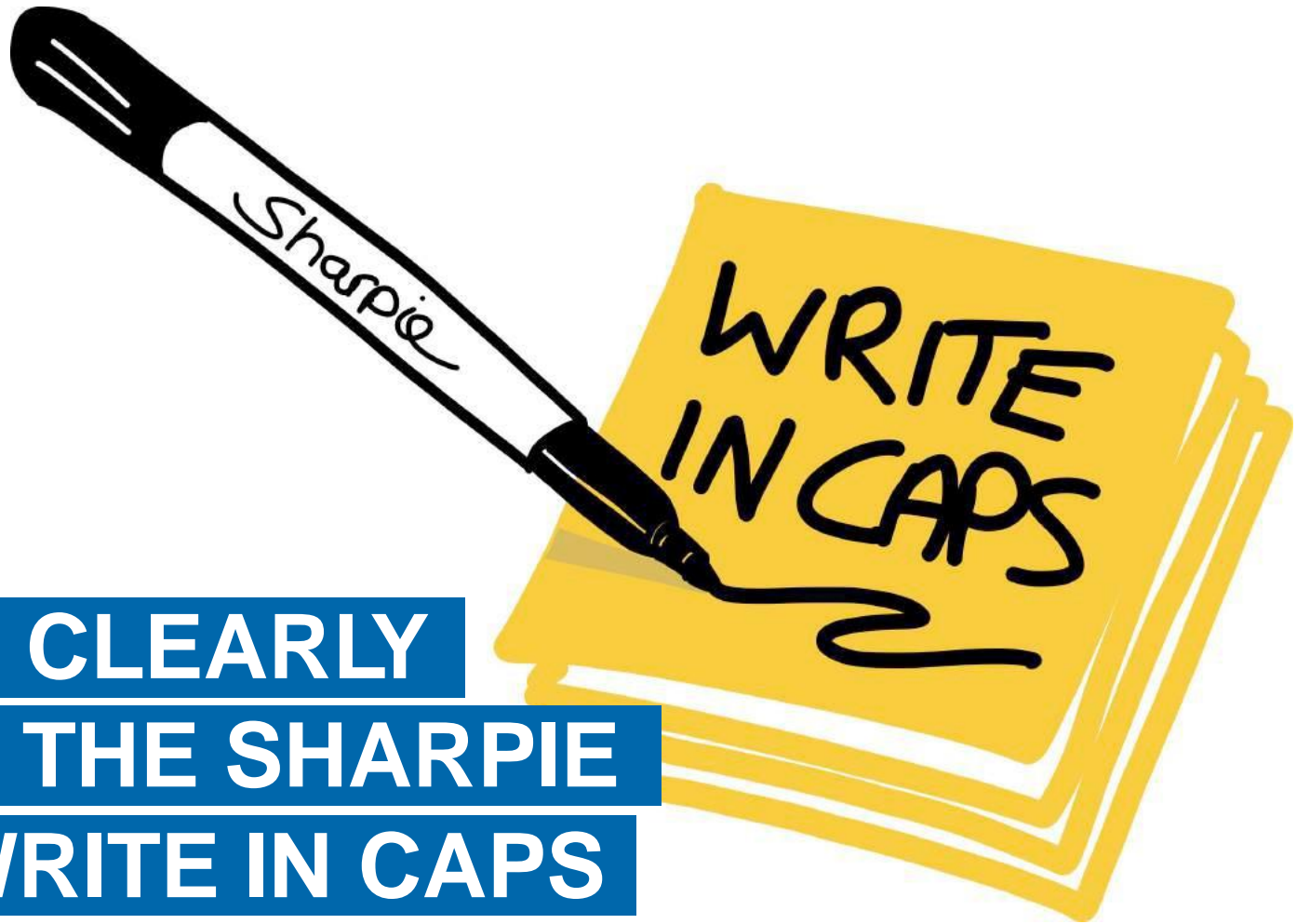
ON SCREEN INSTRUCTIONS





DISCARD THE

STICKIES YOU DON'T USE



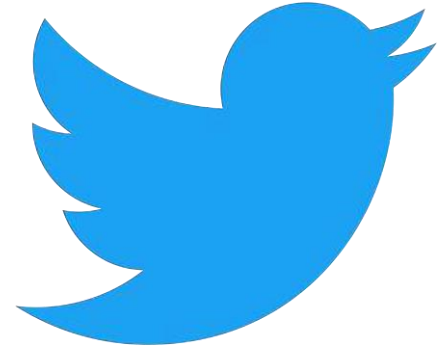
WRITE CLEARLY

USING THE SHARPIE

AND WRITE IN CAPS

#CHIweek

@communityhlth



SHARE, FOLLOW,

LIKE, COMMENT, RETWEET

WARM UP

EXERCISE



**WHO ARE
YOU?**

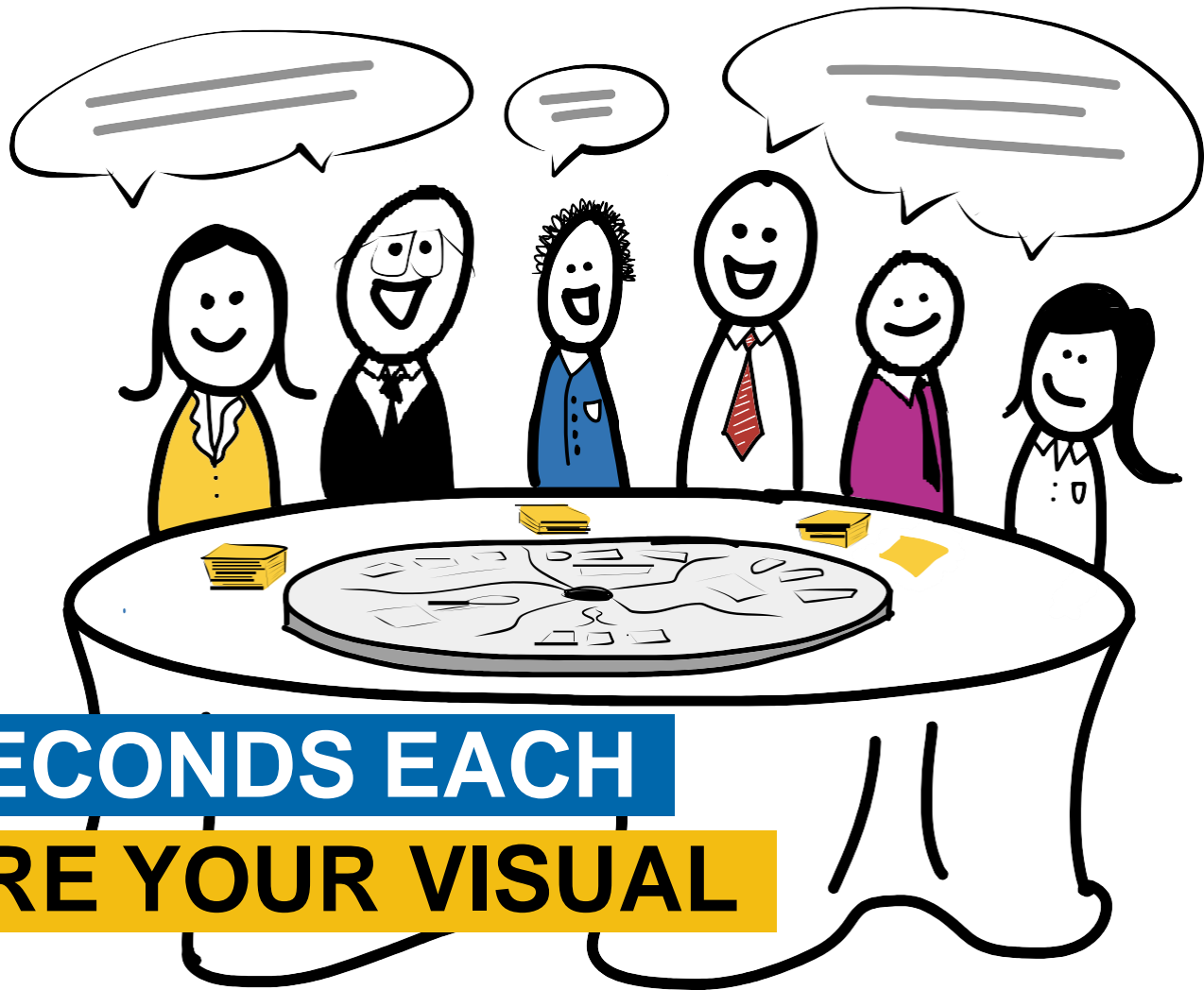
**WHAT
MAKES YOU
HAPPY?**

**WHAT
MAKES
YOU SAD?**

**WHAT DO
YOU DO?**

3 MINUTES

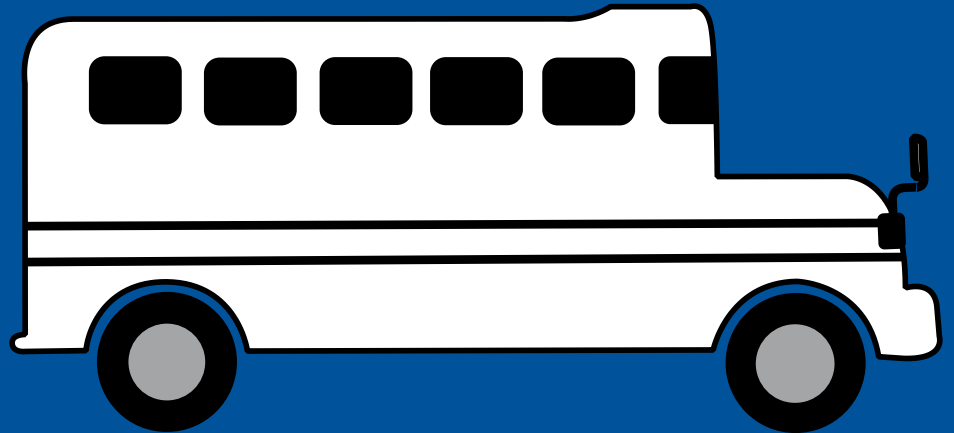
DRAW YOURSELF

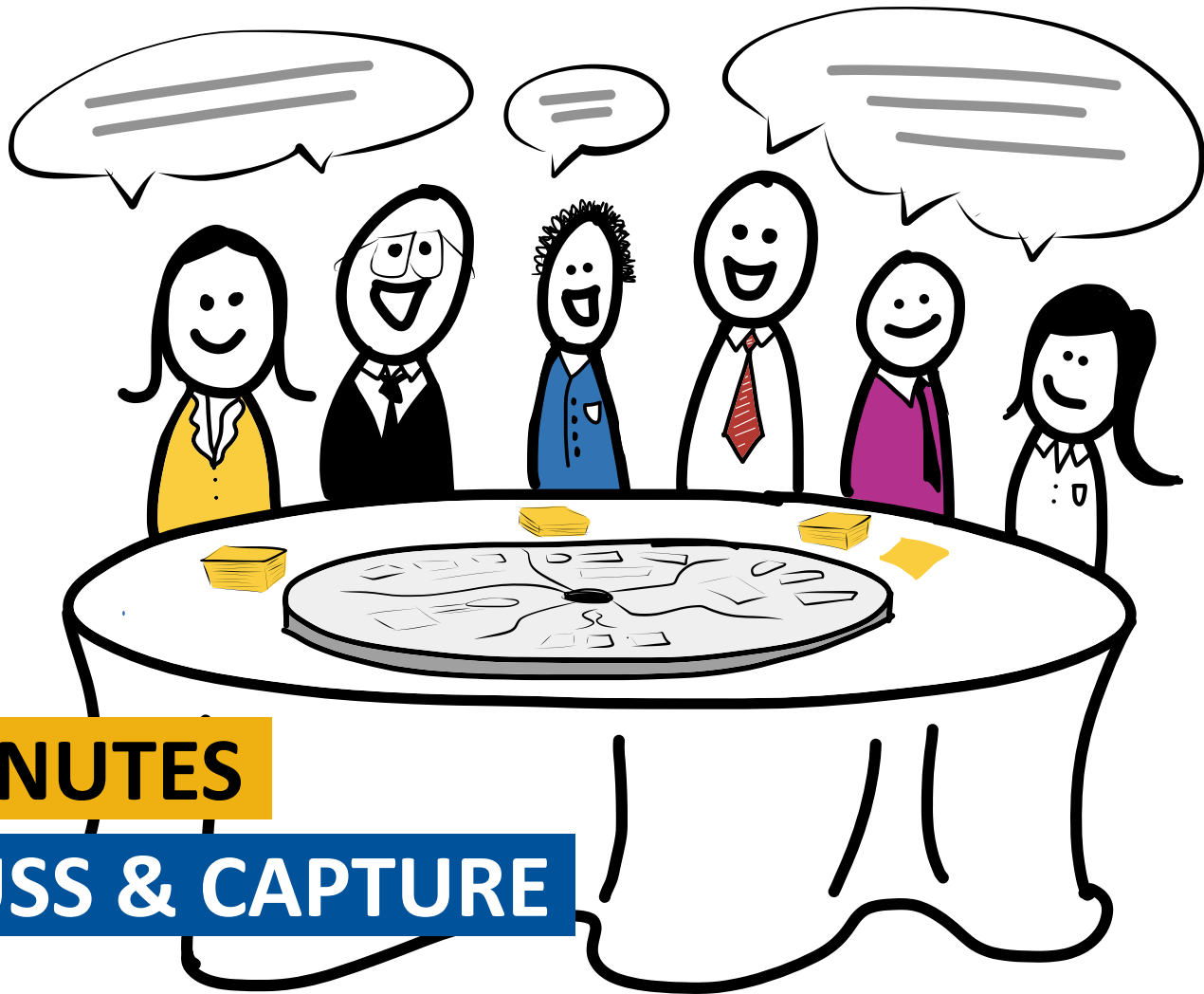


30 SECONDS EACH

SHARE YOUR VISUAL

Community-Based Partners





20 MINUTES

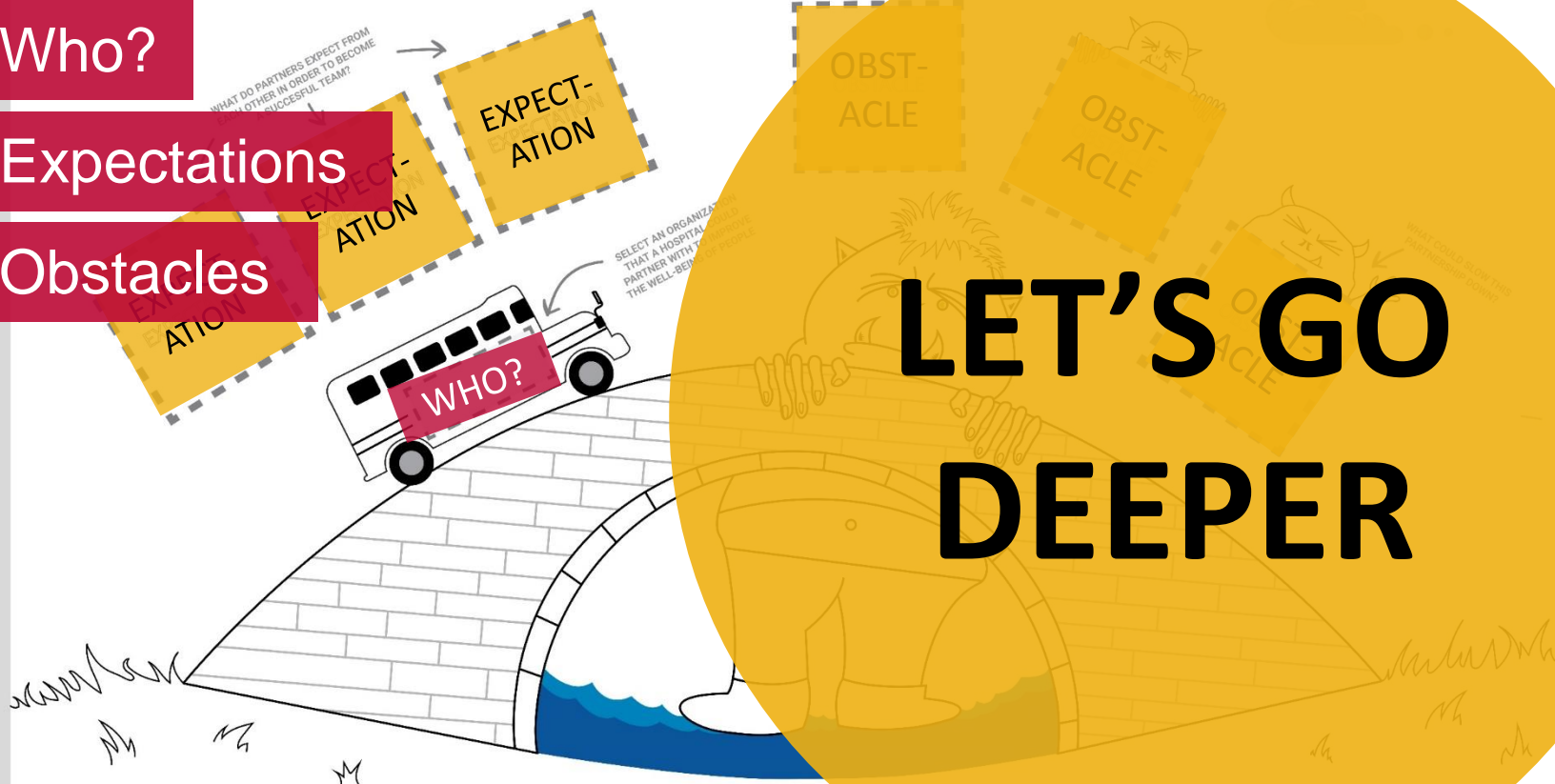
DISCUSS & CAPTURE

VISUAL EXERCISE

1. Who?

2. Expectations

3. Obstacles



LET'S GO
DEEPER

VISUAL EXERCISE

1. Who is 'on the bus'? Select a REAL community based-organization (within a community of someone at your table) that a hospital could partner with to improve the well-being of people.

2. If the partnership is going to succeed, what expectations must mutually be met? Time commitment, investment, participation of key people, values that must be shared and maintained, etc. What are the criteria for success?

3. What potential obstacles and risks need to be imagined and mitigated? How could this go wrong or end up a big waste of time and resources?

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20 min
Exercise

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**10 min
Warning**

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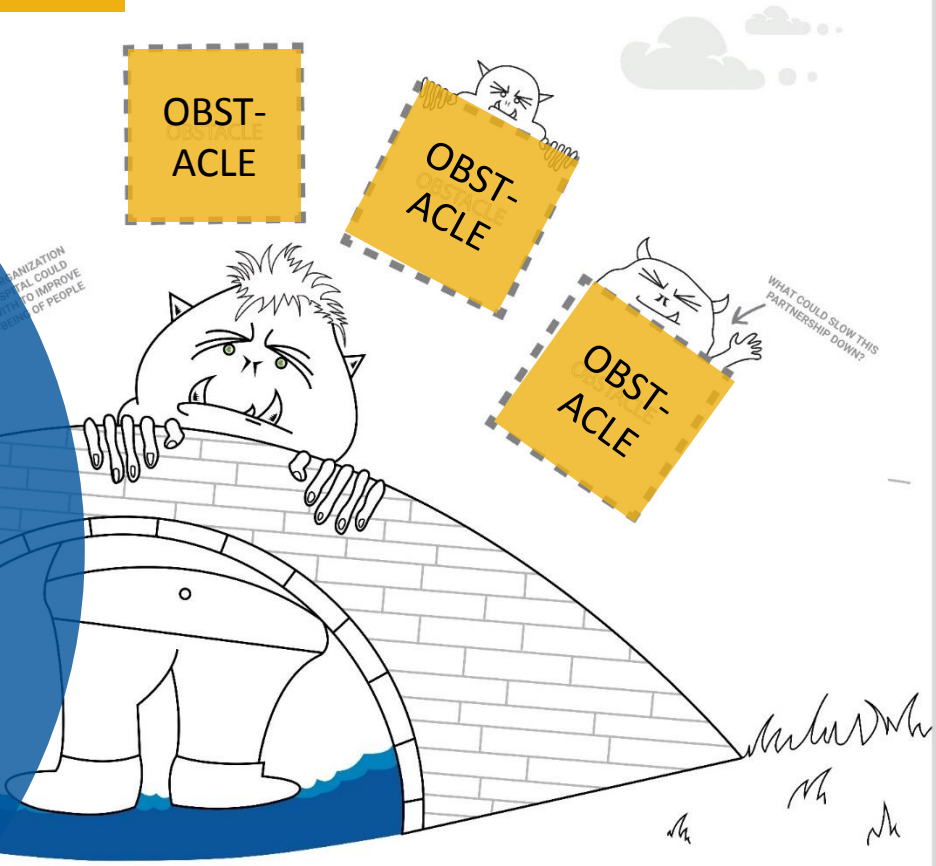
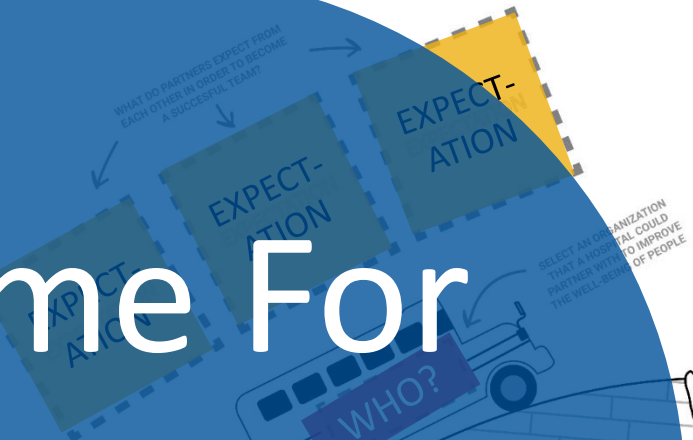
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**5 min
Warning**

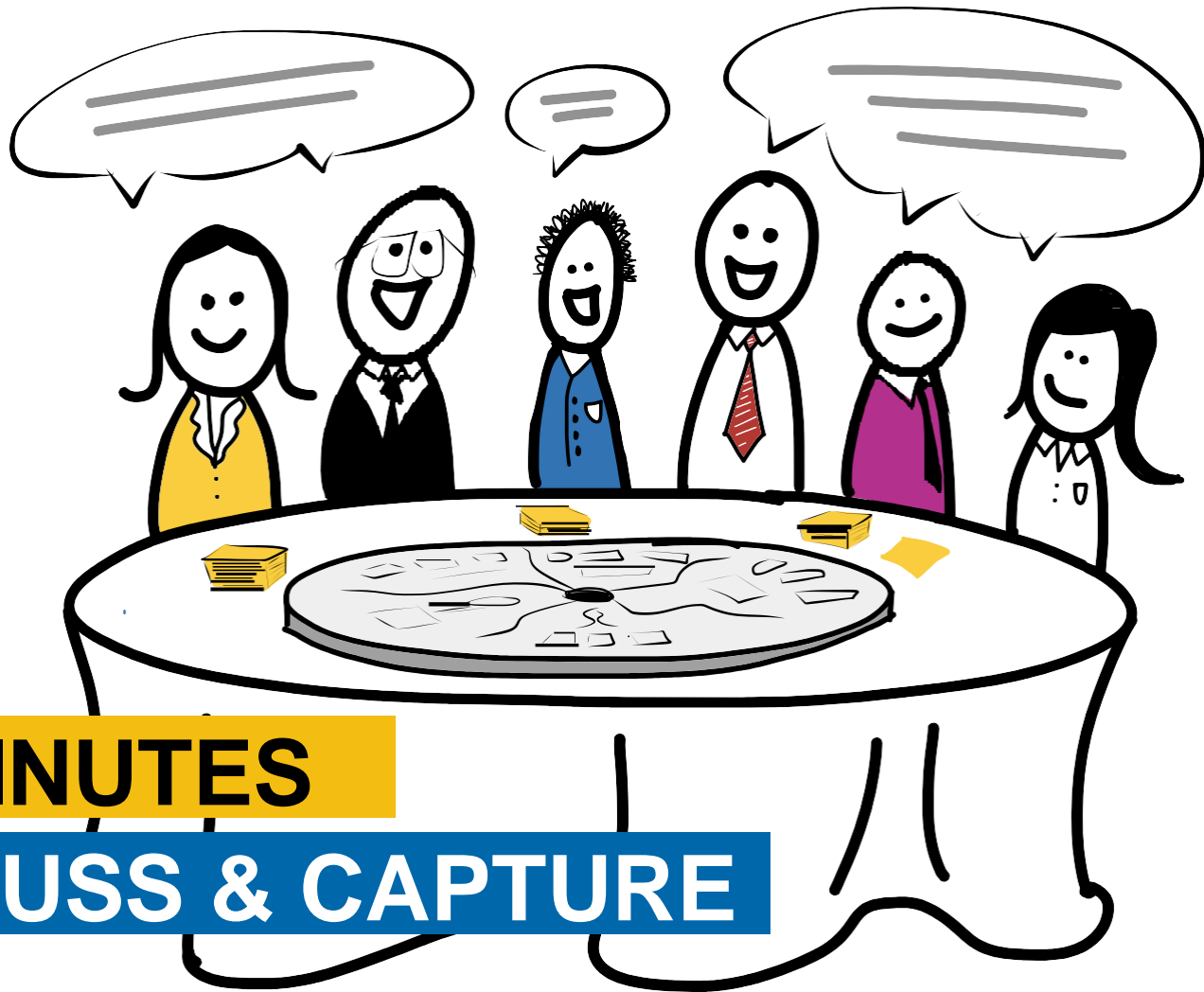
VISUAL EXERCISE

Time For The Clean Version





**HEALTH &
WELL-BEING**



10 MINUTES

DISCUSS & CAPTURE



THANK YOU