



SASH *a caring partnership*
SUPPORT AND SERVICES at HOME

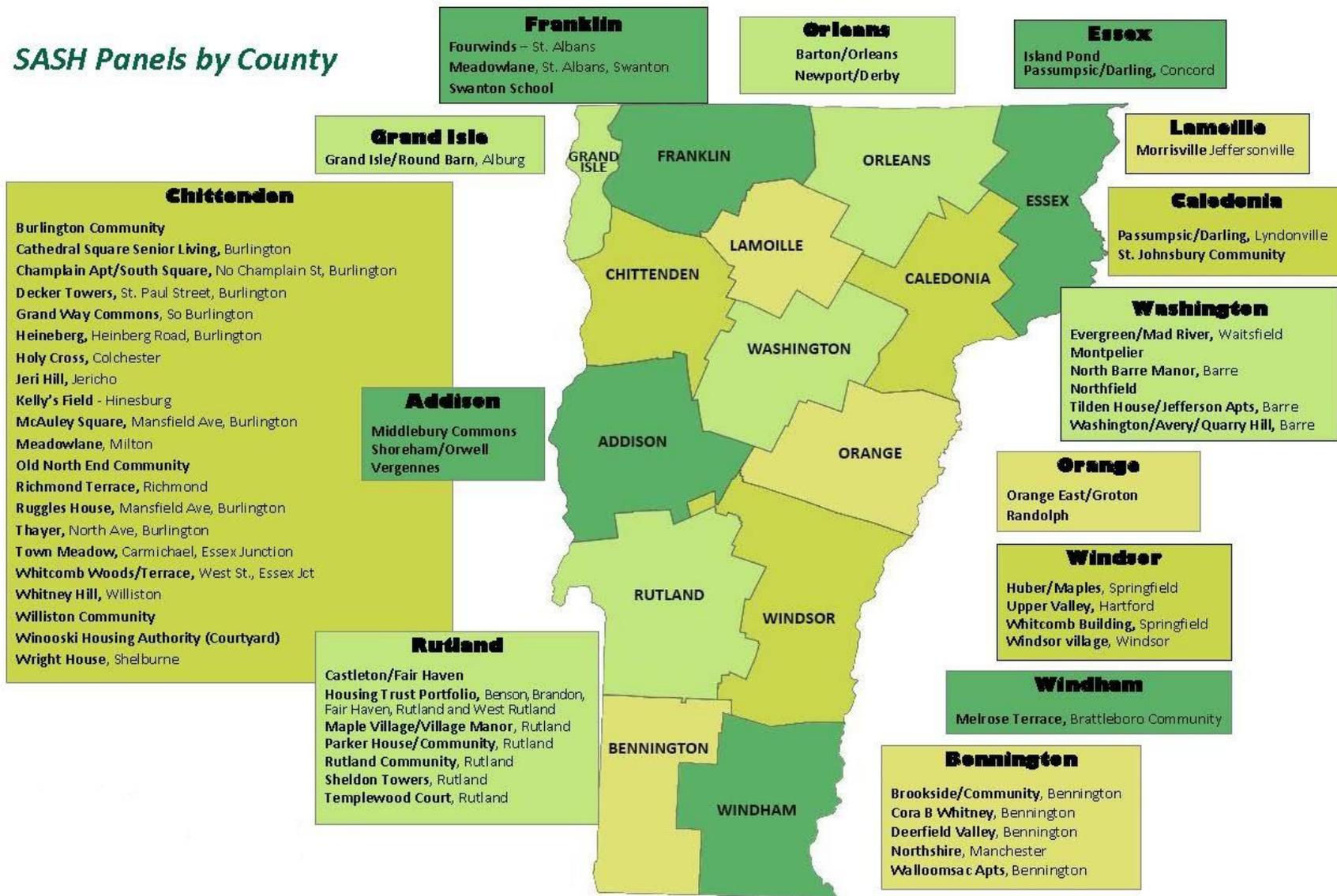
*A caring partnership to help seniors
and individuals with special needs
stay at home and healthy*

Blueprint Semi-Annual Meeting

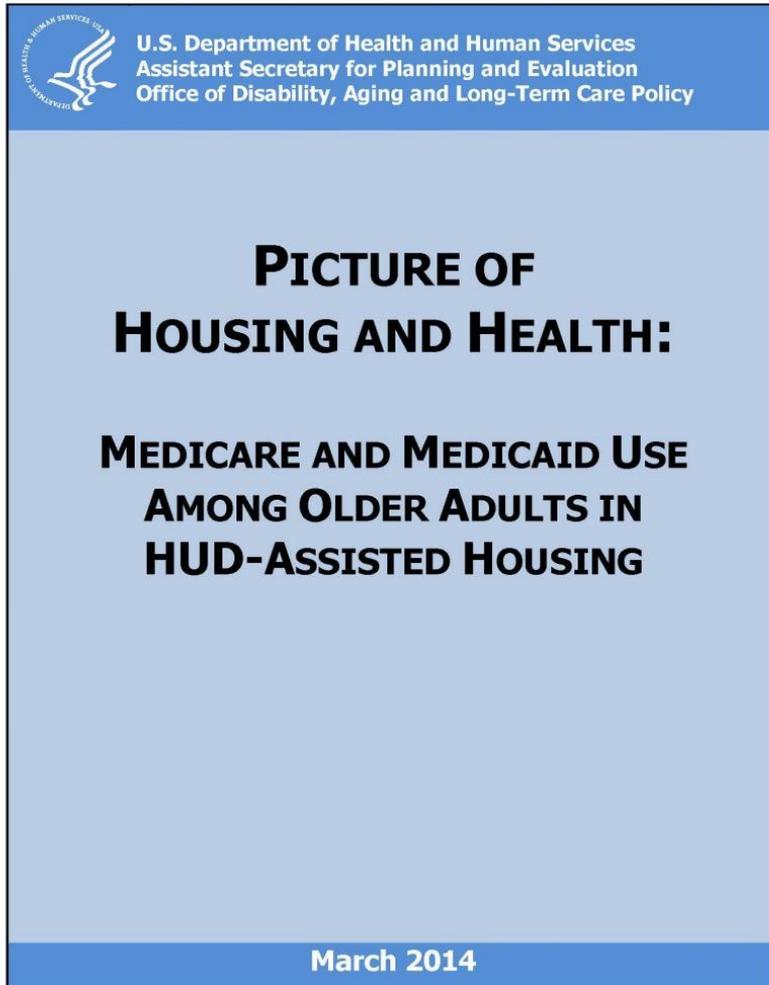
10/20/14

SASH at 118 Locations Statewide

SASH Panels by County



Housing As a Platform

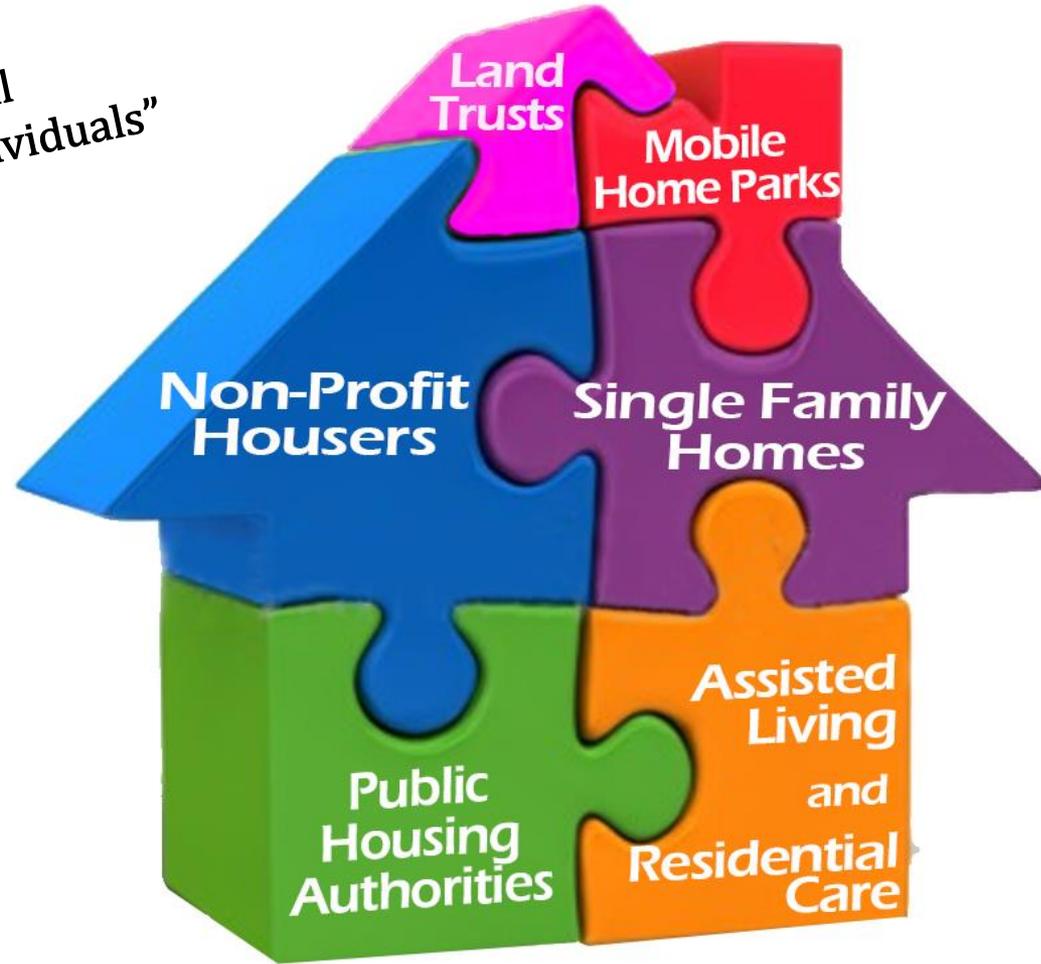


- People living in affordable, subsidized housing have high rates of chronic conditions, high service users
- SASH at housing sites are effective at bringing healthcare home

SASH is a Home-Based System

It is effective because it provides care and services where participants are comfortable and spend their time.

“Housing is a point of natural aggregation of high risk individuals”



Who SASH Serves

- 3,700 Participants
- 80% Medicare
- 25% live in a community setting
- 73% 65 +
- 27% under 65
- Participants span all health care needs
- We have a “no discharge” policy



The SASH Team Focuses on the Three Components of Support

- Coordinates with discharge staff, family and neighbors
- Personal visit to review discharge instructions
- Helps ensure a safe home transition

Transitional
Care

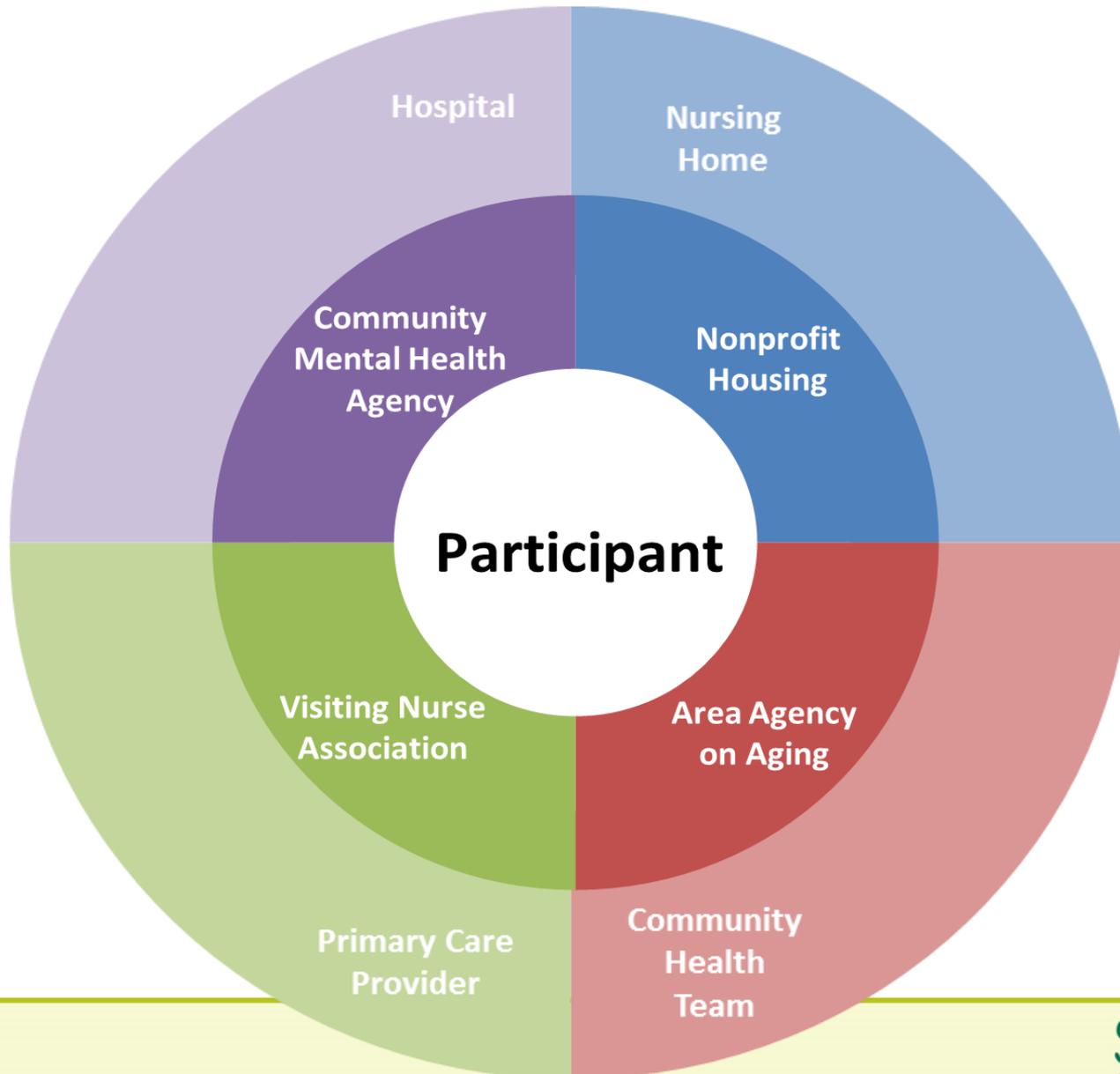
- Develops healthy living plan
- Coaches SASH Participants
- Provides reminders and in person check ins
- Organizes presentations and evidence based programs

Self
Management

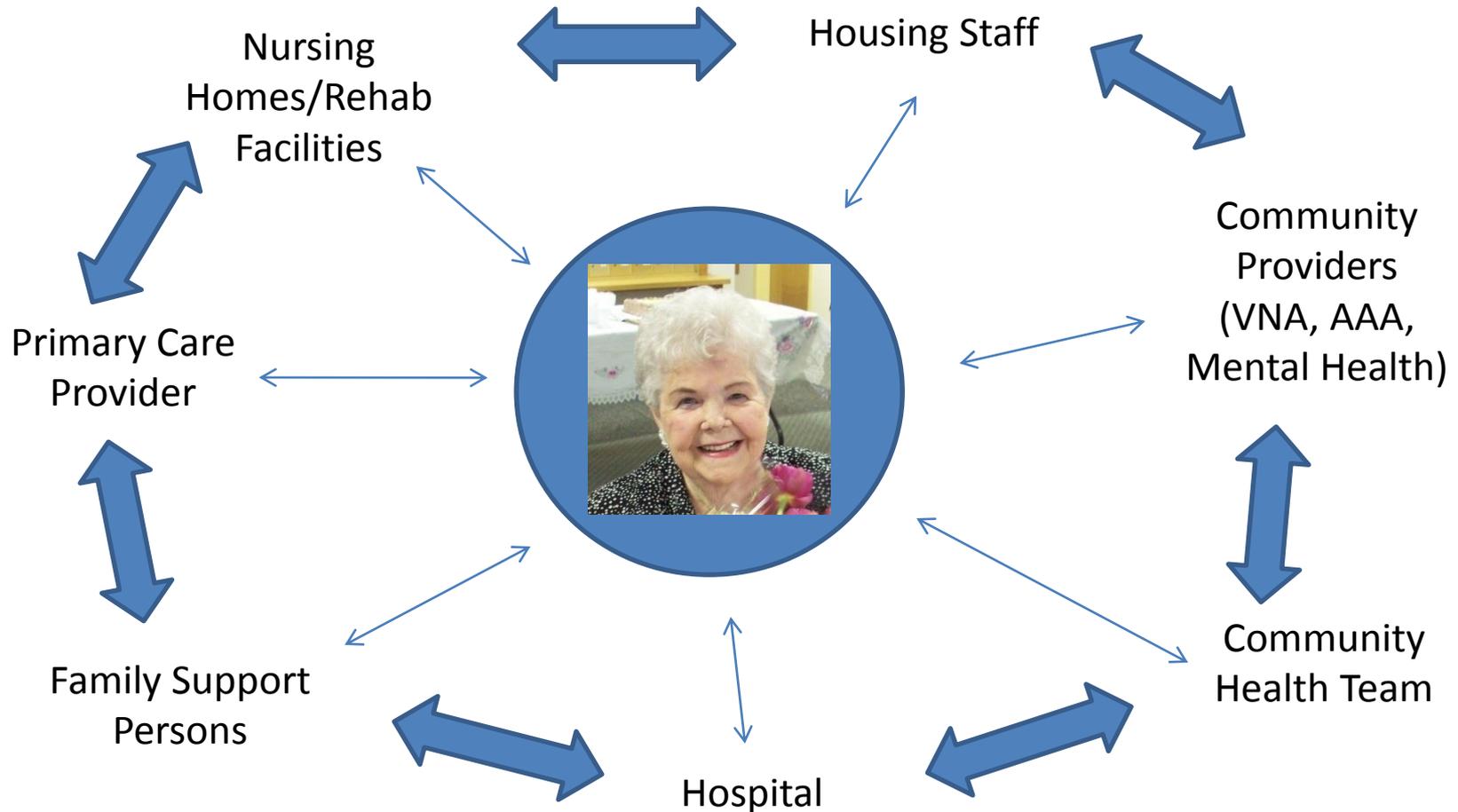
- Conducts wellness assessment
- Convenes SASH team
- Understands participants needs and preferences
- Coordinates individual and community healthy living plans

Care
Coordination

Interprofessional Team Approach



Information Sharing



SASH Keeps “Katie” in the Driver’s Seat

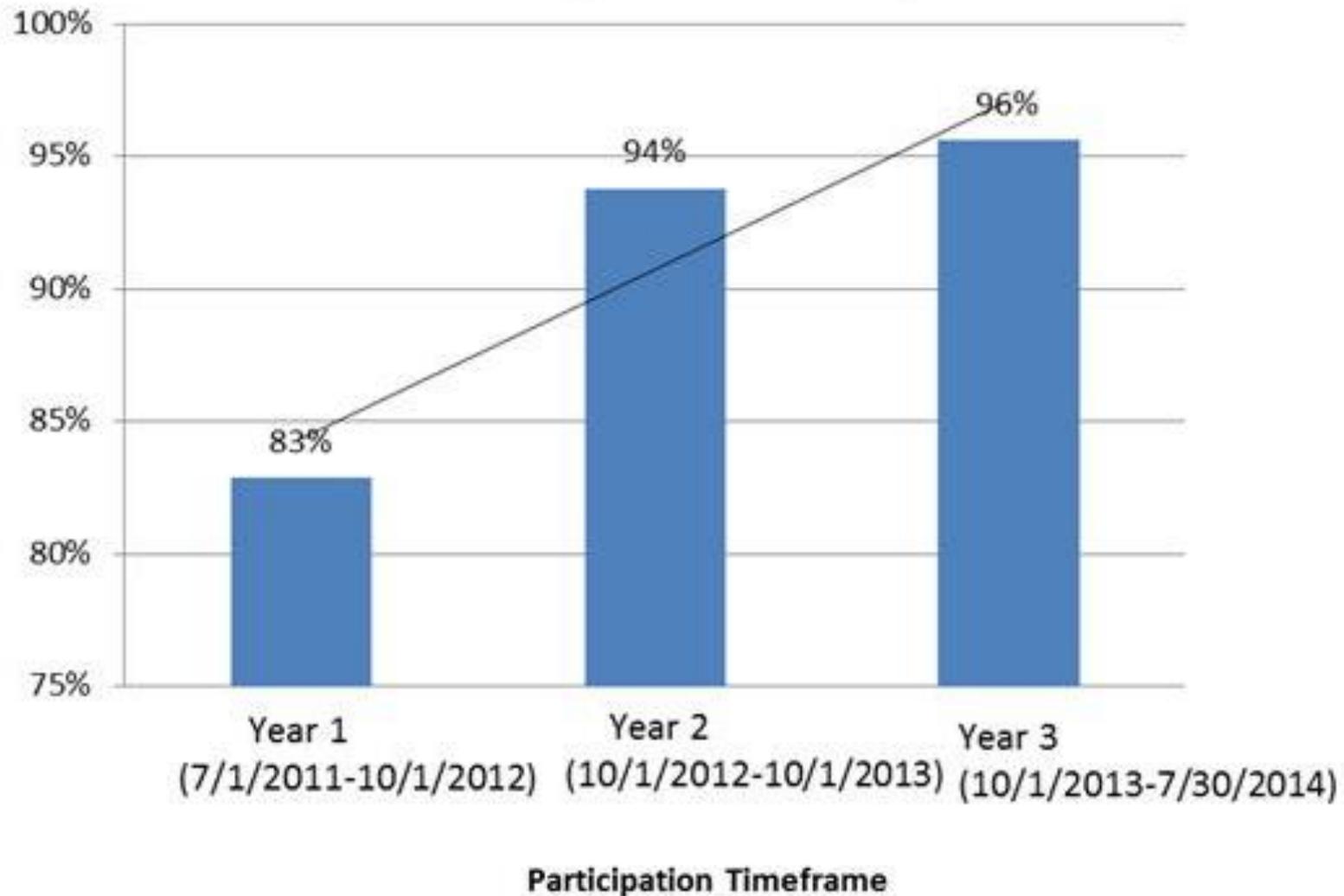


What Does SASH Provide to Participants?

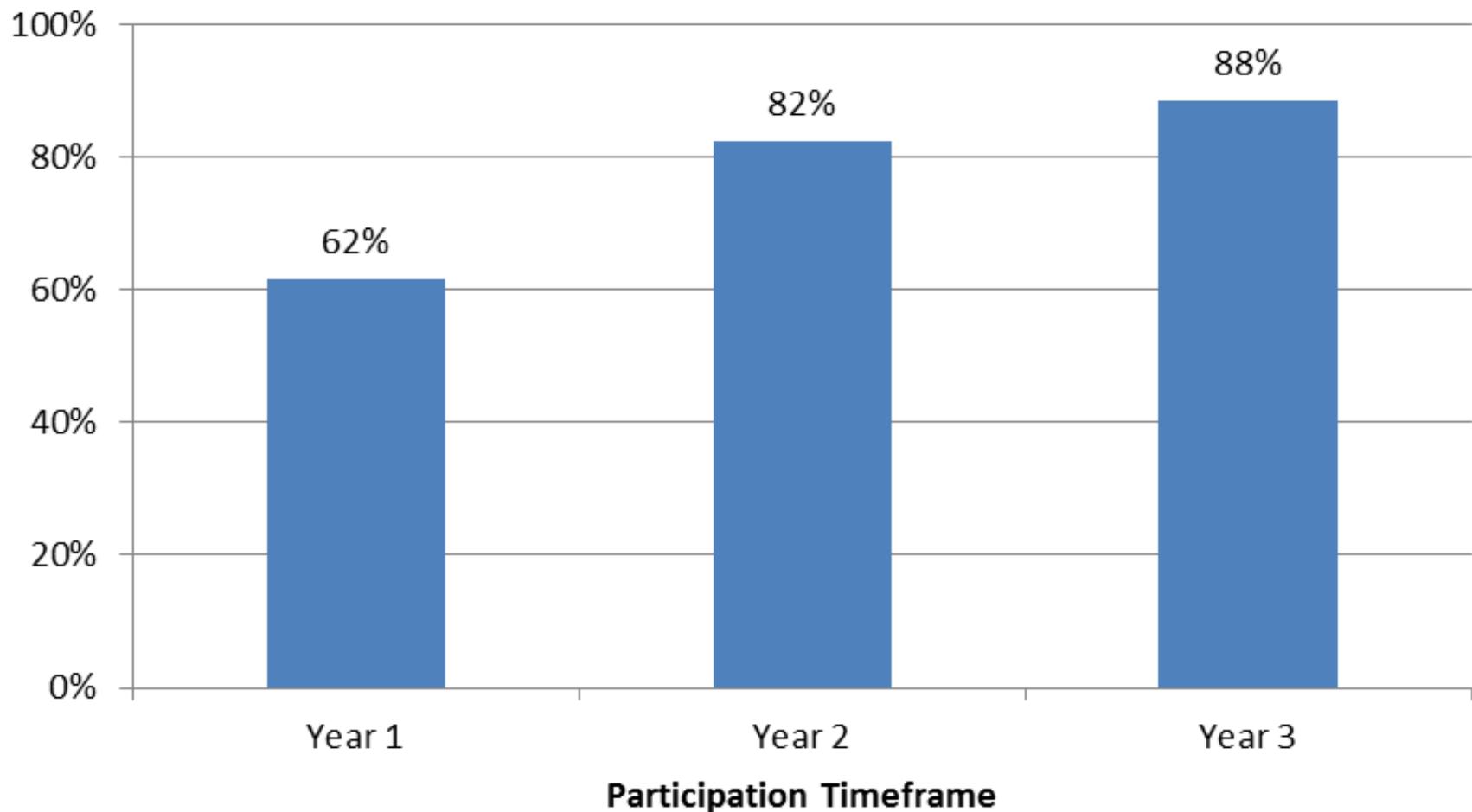
- ▶ Comprehensive Health and Wellness Assessment;
- ▶ Person Centered Interview;
- ▶ Individual Healthy Living Plan;
- ▶ Regular check-ins;
- ▶ Med Management;
- ▶ Transitions Support;
- ▶ Volunteers;
- ▶ Health and Wellness Programs.



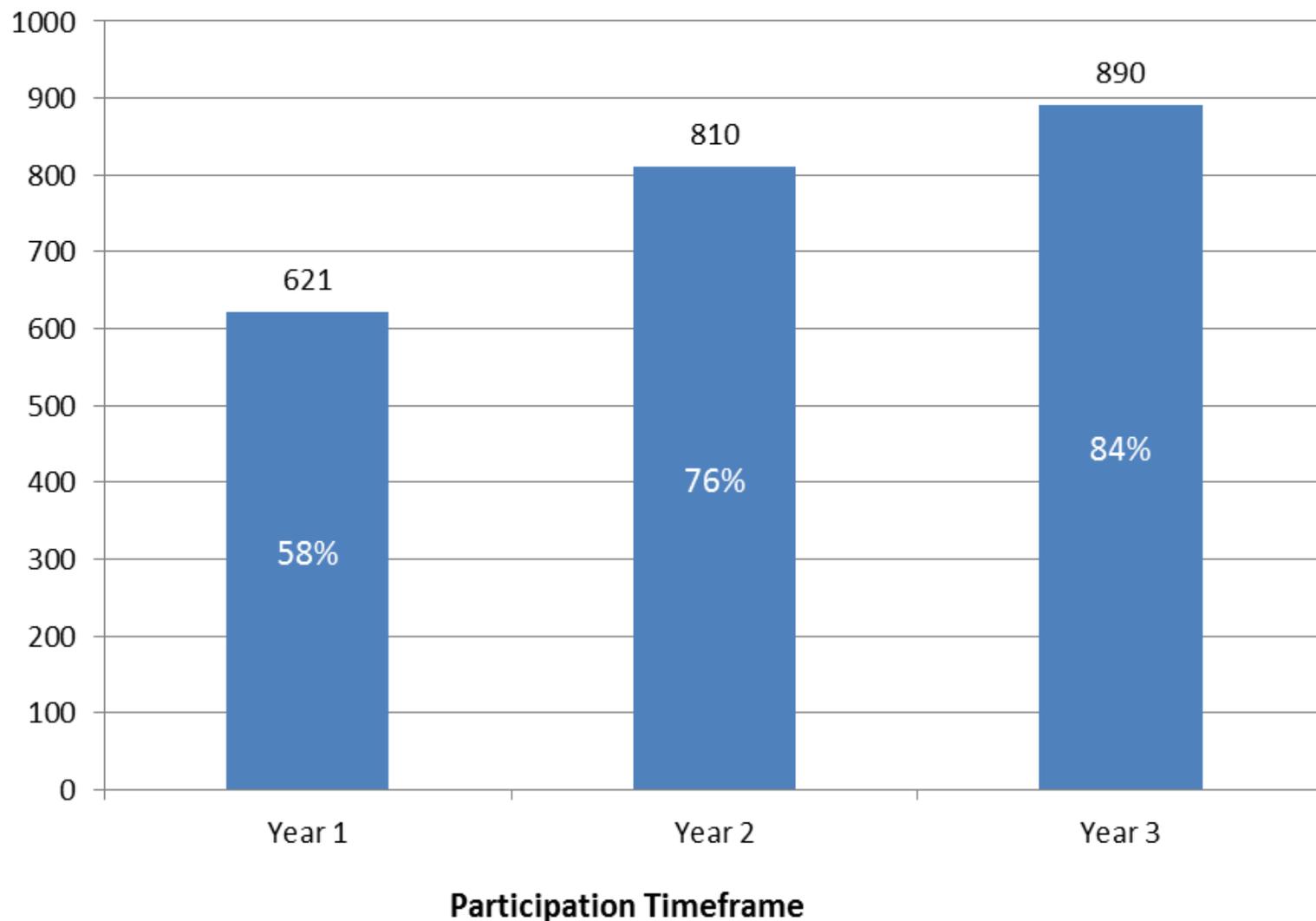
Number of SASH Participants w/Primary Care Provider



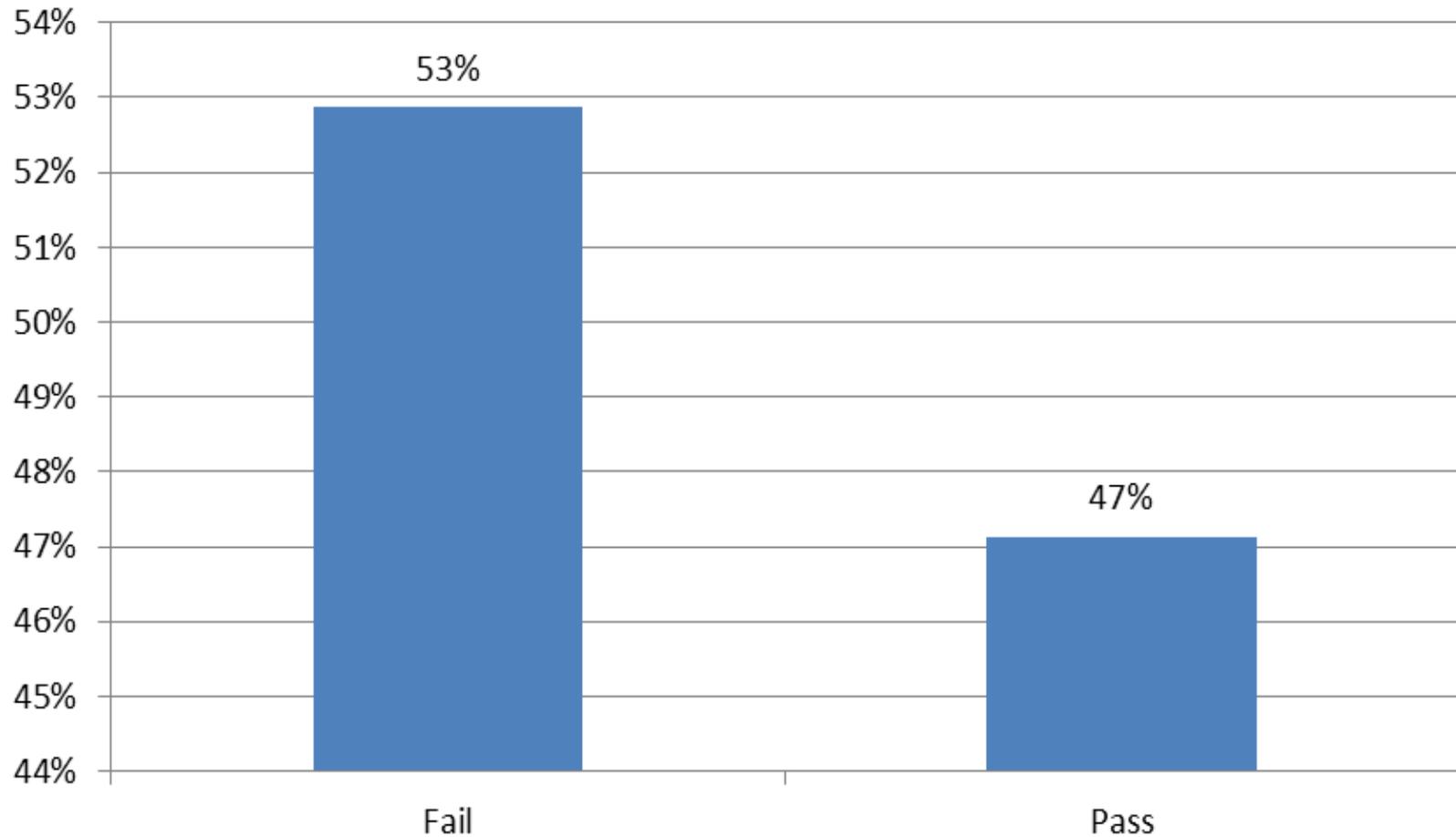
Number of SASH Participants Reporting Annual Exam



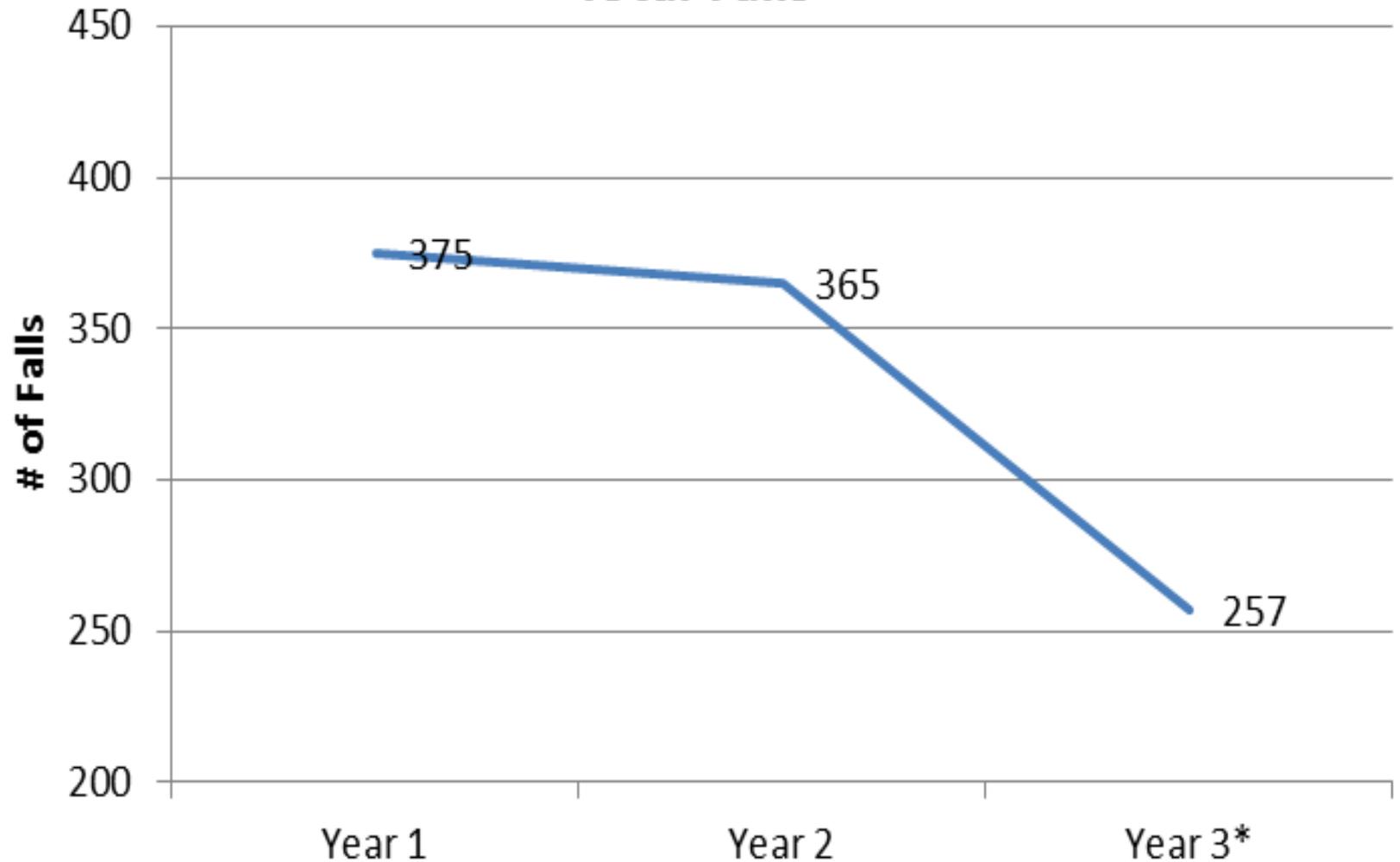
Number of SASH Participants with Reported Flu Vaccinations



Number of SASH Participants at Fall Risk

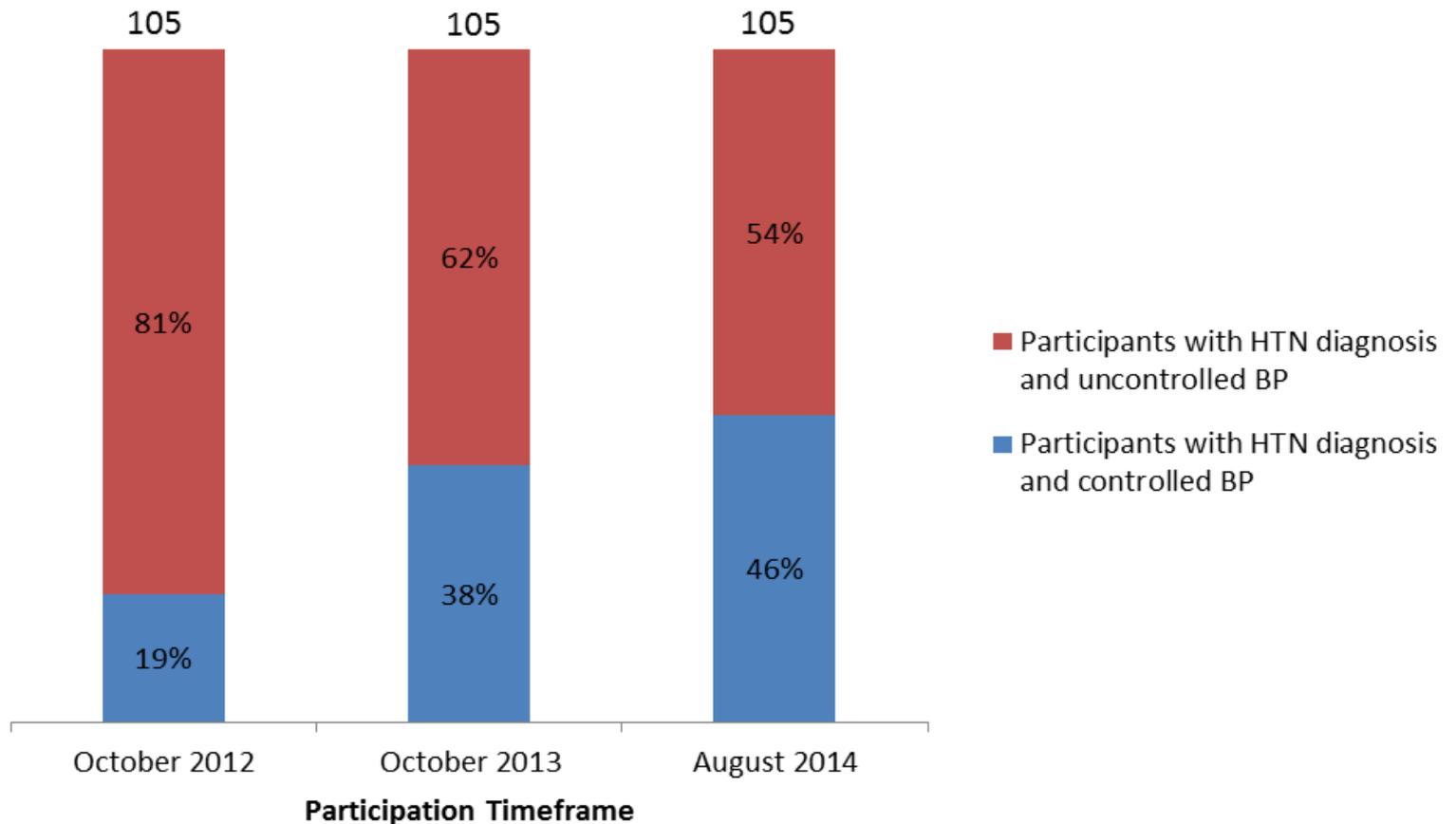


Total Falls



Participation Timeframe(*Partial year:10/1/2013-8/30/2014)

Percent of SASH Participants with HTN Diagnosis and Controlled BP *



*National Quality Forum NQF Measure 18:Percentage of patients 18 through 85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled(<140/90 mmHg)during the measurement period

RTI Evaluation Results

- For Vermonters receiving care from a medical home, supplemented by SASH services provided by experienced, well-established panels, the growth in annual total Medicare expenditures was \$1,756 - \$2,197 lower than the growth in expenditures among Medicare fee-for-service beneficiaries in the two comparison groups.

RTI Qualitative Findings

- The major SASH program implementation success has been the linkages the program has created among different community organizations.
- 67 partner organizations have signed onto the SASH MOU.

THANK YOU!

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HEALTHY HOMES

CARING COMMUNITIES

POSITIVE AGING