

# University of Vermont Project ECHO Dementia Diagnosis and Care for the Primary Care Team



## COURSE DESCRIPTION:

Using the Project ECHO model, this five-session tele-education series will discuss diagnosis and evidence-based care for persons with dementia and their caregivers. The program will identify strategies, best practices, screening tools, resources, clinical pearls, and emerging topics in this field.

## LEARNING OBJECTIVES INCLUDE THE ABILITY TO:

1. Describe the current standard of care for screening, diagnosis, treatment, and care of patients with cognitive impairment, AD and other dementias.
2. Identify resources for family caregivers including caregiver supports and assistance in management of caregiver stress.
3. List non-pharmacological and pharmacological approaches to delay disease progression and manage behavioral issues, including adverse effects.
4. Discuss Vermont-specific rules regarding driving, guardianship, and the benefits and process for Advance Directives.

This series is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants can receive 1.5 CME credits for each learning session attended.

## 2023 FALL SERIES – Thursdays from 7:30AM to 9:30AM

WHO SHOULD ATTEND?	DATES	DIDACTIC TOPICS (in addition to case review)
The <b>target audience</b> is primary care teams, including providers, nurses, and social workers/case managers, from Vermont.	<b>September 14</b>	<b>Early Evaluation of Cognitive Complaints</b> <i>John Taylor, MD, UVMMC Memory Program Co-Director</i>
	<b>September 28</b>	<b>Dementia and Driving</b> <i>Heather Zuk, OTR, CDRS, CDI, UVMMC Driver Rehab</i>
	<b>October 12</b>	<b>Caregiver Resources and Supports</b> <i>Rhiannon Champagne, LICSW, UVMMC Memory Program</i>
	<b>October 26</b>	<b>Interventions and Approaches to Physical Aggression</b> <i>Jennifer Hall, DO, Geriatric Psychiatry</i>
	<b>November 9</b>	<b>Legal Issues of Guardianship, Competency, and Power of Attorney</b> <i>Heather Allin, M.S.A., N.C.G, Director, Office of Public Guardian Vermont Department of Disabilities, Aging and Independent Living</i> <i>Sarah Nussbaum, Public Guardian</i>

## TO REGISTER

Register by Friday, September 1, 2023: <https://redcap.med.uvm.edu/surveys/?s=HFCYYNATTDYJWR3T>. This program has limited enrollment. The cohort will be finalized on September 1; registrations will not be accepted after that date.

## SAVE THE DATE:

### 2024 Spring Series – Advanced Topics in Dementia Care for Primary Care – begins Feb. 8, 2024

Advanced topics include treatment updates, prevention, covering calls from nursing homes and end of life care. Registration will open in December for the spring series.

General questions about the University of Vermont's Project ECHO can be directed to [Patti.Smith-Urie@uvm.edu](mailto:Patti.Smith-Urie@uvm.edu); clinical/topic-specific questions can be directed to [Mary.Palumbo@med.uvm.edu](mailto:Mary.Palumbo@med.uvm.edu)

## About Project ECHO

This program uses the Project ECHO model™. **Project ECHO**® (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During teleECHO™ sessions, experts and peers share their expertise across a virtual network via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.

## Each virtual learning session includes a brief lecture, a case presentation, and discussion. Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule);
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model);
- Submit case(s) and present them to the group;
- Complete an evaluation survey at end of each session; and
- Provide requested evaluation feedback at the end of the full program.

Learn more about UVM Project ECHO by visiting [vtahec.org](http://vtahec.org).

### Other UVM Project ECHO 2023-2024 Series:

#### UVM Project ECHO: Primary Care Mental Health Advanced Series

Course Co-directors: Sara Pawlowski, MD and Mark Pasanen

- Every other Wednesday 12:00-1:30
- FALL SERIES: **Mental Health Advanced Series: Depression in Primary Care** (September 6 – December 13, 2023)
- SPRING SERIES: **Mental Health Advanced Series: Anxiety in Primary Care** (February 7- May 1, 2024)

#### UVM Project ECHO: Pediatric Mental Health – Complex Cases and Deeper Dives

Course Director: Haley MacGowen, MD

- Monthly, 2<sup>nd</sup> Thursday 12:00-1:00
- October 12-May 9, 2024

#### UVM Project ECHO: Current Topics in School Nursing

Course Director: Kathy Mariani, MD, MPH

- Monthly, Wednesdays 3:15-4:45
- October- February, 2024

## Project ECHO: Doing More for More Patients



#### PATIENT

- Right Care
- Right Place
- Right Time

#### PROVIDER

- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

#### COMMUNITY

- Reduce Disparities
- Retain Providers
- Keep Patients Local

#### SYSTEM

- Increase Access
- Improve Quality
- Reduce Cost